



THE WAVE EATER

Volume 3 Issue 1

A Publication of Michigan Masters LMSC

Spring 1995

Editor's Noise

It's that time of year where I sneak out west for several weeks and leave Bill the responsibility of finishing the compilation, printing and mailing of this issue of the newsletter. So, I would like to begin by thanking Bill for taking over so it's possible for me to be gone!!

I would also like to thank Sallie Thompson (our registrar) who has had a very busy season so far and at the end of January (excluding the Jackson meet) reported to me that she had already processed 350 members! We're on track for 635 this year.

I understand from the gentleman in the western part state, who are planning the State Meet that everything is on track for the meet. A brief reminder that at Canham Natatorium on March 26th, there will be **NO FOOD AVAILABLE** on site, so please plan accordingly. At Rockford the Swim Club parents will have food concessions available for purchase, therefore you won't have to haul a great deal of food around. Another thing I would like to emphasize about the State Meet (so that there's no misunderstanding) there will be **NO DECK ENRIES!**

It hardly seems possible that there are only two more local meets this season (in addition to the State Meet, "Y" national and USMS Nationals). So I suggest that anyone who thinks they might be interested in hosting a Long Course meet this summer should contact us as soon as possible. This way we can get the information to you and we can coordinate dates with existing meets!

In the meantime, have a great couple months and **GOOD LUCK** at the meets!

*Success is simply luck,
ask any failure!*

Swimming Trivia
Don Korten,
Michigan Masters'
secretary holds the
150 yard backstroke
record at the Jenison
pool at MSU - 1:34.50

He set it in 1950 when
the Jenison pool was
THE pool at MSU.



Corrections from the Last Issue

Iwould like to take this space to apologize to Bob Heritier and Skip Thompson for omissions in the last newsletter. Skip should have been listed as an "All-American" in the Male 40-44 age group. (By the way there was a great picture of Skip in the last issue of Swim. He and his three co-horts in women's suits were part of a skit at the fall USAS convention.)

Bob Heritier was also in advertently missed when Skip compiles the Top Ten List. Bob's achievements were as follows:

50 yd free	3rd	:27.46
100 yd free	5th	1:03.11
200 yd free	4th	2:22.87
500 yd free	5th	6:33.93
1650 yd free	2nd	22:31.60

My apologies & **CONGRATULATIONS** to you both!

Inside This Issue

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Results - Flint, Lansing, Howell, Jackson

Do You Swim With Reasons or Results?

"In any given area of life, we have one of two things: reasons or results -- excuses or experiences, stories or successes, justifications or justice.

We either have what we want, or we have ironclad, airtight, impenetrable reasons why it was not even *marginally possible* to get it.

We use one of the most powerful tools *at* our disposal -- the mind-- *for* our disposal. Rather than dispose of the barriers to our dreams, the mind disposes of the dreams.

In the amount of time it takes for the mind to invent a good excuse, it could have created an alternate way of achieving the desired result -- rendering excuse-making unnecessary.

But, alas, as John Kenneth Galbraith pointed out, 'In the choice between changing one's mind and proving there's no need to do so, most people get busy with the proof.'

Make 1995 the season one that everyone chooses to "swim their dreams", instead of spending the trips to the meets figuring out why you aren't going to swim that dream, today!!

Taken from "DO IT - Let's Get Off Our Buts" by John-Roger & Peter McWilliams

If you
are
happy,
NOTIFY
your
face!



WHAT? WHY? WHERE? (And... thanks for your patience!)

If you skip everything else in the newsletter, please take a moment to read this section.

The "What" is... *What* meets am I going to? *What* am I going to swim? *What* time does it start? And last but not least, *What* time will it be over? These are not tough questions but should be considered prior to arrival at the meet. The first three "What"s can be answered while staring at the meet entry flyer in the newsletter a day or two before the meet. The only one that won't be spelled out is, what time will it be over? But in general, looking at the flyer... if they are offering the 500, 1000 and/or 1650 you can bet that the meet will go long, perhaps 3-4pm. Unfortunately that's one of the only disadvantages to Michigan Masters' expansion!

The "Where" is... *Where's* the meet? *Where's* the pool? *Where're* the locker rooms? *Where* do I sign up? *Where* do I swim? And lastly, *where* ARE the results! Again, check into the directions and times, prior to the day of the meet. Then when you get to the pool, have a heart... look around, see if there are signs posted around telling you *what is where*. Registration can be very nerve wracking and confusing even for the stoutest of hearts. And frankly this is a place where the less interruptions the faster everyone can get on with the meet! Ask other swimmers, or even look around for signs... chances are they will tell you everything you need to know.

Lastly, but certainly not least is *Why*?... *Why* isn't anyone swimming in lane one? *Why* can't I swim there, I missed my heat? *Why* must I COMPLETELY fill out every card? *Why* aren't the results up yet? In pools where there is no warm-up facility it is required that one lane be kept open for warm-up/cool-down. Therefore, only in dire circumstances should you be allowed to swim there. Secondly, if the meet is ELECTRONICALLY timed that means you MUST swim in the lane and heat you were assigned. Otherwise, the computer says you swam one place when you really swam somewhere else. When you do that you risk the wrath of the timing operator as well as the computer operator, as well as those waiting for there results. SO... I know it's hard... but please swim where you're supposed to... WHEN! Lastly, without the cards the computer operator knows NOTHING!!

Winners Make Goals, Losers Make Excuses

Some motivational sayings found recently ...

Attitudes are contagious, are yours worth catching?
 A winner makes commitments to a goal, a loser makes promises.
Be satisfied with nothing but your best.
 Ideas never work, unless you do.
Life's greatest adventure is in doing one's very best.
 Obstacles are what you see when you take your eyes off the goal.
Only those risking to go far will ever know how far they can go.
 People who feel good about themselves produce good results.
Speed is a by-product of busting your ass.
 The dictionary is the only place where success comes before work.
Whether you think you can or can't, you're right.
 Winners make goals, losers make excuses.
Winning is seeing improvements in yourself.
 Your toughest opponent is in the mirror.

Youngest Swimming Groupie?

Dawn Hewitt,
 coach of the Jewish
 Community Center
 team (JCC)
 brought her
 newborn (born a
 month pre-mature)
 to the Howell meet,
 a month after his
 birth, making him
 only... a couple
 days old!
 (Remember, he arrived
 a month early!)

JCC is *another*
 new team this year!

Howell Pulls Together

In their very first attempt at holding a Masters Meet in the 14 month old Aquatic Center, Livingston Area Fitness Swimmers (LAFS), organized by Karen Pearson pulled off a meet of 100 swimmers. Being a new pool and fairly centrally located for the majority of the Masters, swimmers were compelled to come see what Howell had to offer. Heat was one thing that was in abundance (besides swimmers) at Howell. Due to the very warm water, the pool area was also hot. (But then Jackson, two weeks later suffered the opposite problem... cold water both in the pool and in the women's shower!) It's hard to please everyone, especially on a first venture. Saralee Bloese, the aquatic director and many of the LAFS team members and spouses were on hand to help out. The age-group swim parents put together a great assortment of food that was available in the glassed-in observation room overlooking the pool. Any of you who have run a meet know that it is a challenge as you have more and more swimmers... handling that many cards, both seeding them and figuring out results can be a real nightmare! (Your patience is ALWAYS welcome!)

I'm very pleased to say that this group has hung together from the very first meeting last summer! Once Karen got the ball rolling and continues to keep it rolling with a bulletin board (that I swear she must change every week) others have pitched in and helped. Since they pay a pool fee, it's my understanding that their coach, a former MSU swimmer donates his time. They've ordered T-shirts and a core group has been at almost every meet. And the last I heard, Chuck Szafran reduced, copied and laminated copies of the "I Love to Swim", from the last newsletter and gave it to teammates to use as a bookmark! Let's hear it for companionship!

There are several other new teams that I will spotlight in the newsletters to come. So let me know what's going on in your "end of the bog".

LMSC Growth Adds Challenges

Since taking over as newsletter editor 17 months ago the newsletter format and content have changed. As I continue to try to bring you information about meets, clinics, nutrition, drills, fitness and the members themselves, I often find myself in a dilemma. This issue is an example: I have two or three longer articles on training and strokes that I would like to include, however with the State Meet packet, the biographies on the nominees AND the results from four meets it is getting huge! Twenty double sided pages are close to the maximum that can be reasonably handled in the fold, staple and mail method. Therefore, at the Annual Meeting (Sat. noon of the State Meet) I will ask for some suggestions. Here are a few that I have considered as I have looked at other LMSCs and found that the majority DO NOT routinely print results in the newsletter and many require purchase.

1. Mail results to everyone, in a bulk mailing twice per year (ie. early January & June.)
2. Mail results to everyone, three times per year (ie. late April, August & December)
3. Have people sign-up with each meet director and pay to have their results sent to them by the meet operations (This is fairly typical of running & triathlons) The expense would be up to the meet director.
4. Bill & I would supply the meet director with a sign-up sheet and for \$1 (for postage & handling) we would send you a copy just as soon as we got it from the meet director.

Please give these ideas some thought and let us know what you think! THANKS!



Meets Remaining - Short Course

FEB. 25	East Kentwood	Ken Danhof	(616) 739-5592
MARCH 4	Kalamazoo	Vince Gallant	(616) 349-1053
MARCH 12	Midland	Charlie Moss	(517) 631-1480
MARCH 26	U of M	Ken Danhof	(616) 739-5592
	(State Meet Extension)	Richard Ten Hoor	(616) 866-6328
MARCH 31-	State Meet	Richard Ten Hoor	see above
APRIL 2	(@ Rockford)	Ken Danhof	see above
April 27-30	YMCA Natl's	Check you local Y	
May 18-21	USMS Natl's	Stu Marvin	(305) 468-1580

"100 Years of Swimming"

Courtesy of Karen Pearson

Larry Kimball at fly, Steve Hansen at breast, Rick Chaney at back..... This was a 12 and under medley at the Flint YMCA that was the start of something big! These three started swimming together when they were 12 years old and it was the beginning of a terrific friendship and terrific swimming. Their team **never lost** a dual, regional or state meet when they swam at Flint Y together.

Next came high school and all three went to different schools and had to compete **against** each other! Larry competed at Flint Northwestern. Rick swam at Flint Northern where his 100 backstroke record still stands. Steve went to Flint Central and still holds the 200 medley really record. But despite being on different teams, they remained good friends and so when it came time to go to college, they all went to Flint Junior College. They were the NJCAA National champs and joining forces again in the 200 medley relay like they did as kids, they became **national** record holders in that event. Larry was also the national champion in the 200 fly and Steve was national champ in the 100 and 200 breaststroke and all three were All-American swimmers

They started Masters swimming in 1988 at the Flint Y which they affectionately call the "Home Boys Swim Club". Over the years, they had a tendency to wearout freestylers until they ran into Leonard Brockhahn who was an All-American four years at Eastern Michigan University. Larry, Steve, Rick and Leonard won the distinction of being Michigan and Kentucky State Champs in the 200 medley relay in 1994 and also 4th at the Nationals in Indianapolis that same year, in the 400 medley relay.

Their goal is to become the longest running medley relay team in the **world**! They figure they can reach that goal by 2050! Another goal is to be the **world** record holders of the **400+** medley relay (that means each swimmer is 100+ years old!!)

These guys have proven to not only be great swimmers, but brother-like and great friends for life!

(Editor's note: This is the "stuff" that Masters swimmers are made of!!!)

**Kast-A-Way
Swimwear has
swimming
apparel with the
USMS logo.
1(800)543-2763**

Burned Out... (a.k.a. "Let's keep It Rated PG")



As the season progresses and Masters attend more and more meets in different pools under varying conditions they may find themselves getting "burned out". Or more to the point, they may find that due to high chlorine levels, high or low ph balances and little clear water and gentle detergent, that their swimsuits are "burned out". What?, you say.... not mine! Well, think again... or perhaps have a loving spouse, significant other or HONEST friend take a good look for you next time you're suit is wet. Or simpler yet, can you see your hand through it, before you put it on? Well folks... that means **new suit time**, or at least layer 2 or 3 together!

**AGENDA ITEMS FOR THE LMSC ANNUAL MEETING
TO BE HELD BETWEEN THE MORNING AND AFTERNOON SESSIONS
SATURDAY, APRIL 1, 1996 AT ROCKFORD, MICHIGAN**

We are trying to list the items to be considered at the annual meeting in a manner similar to the methods used by USMS at their annual convention. We are also trying to organize our election of LMSC officers like USMS although hopefully simpler.

The topics to be acted upon by the LMSC members include:

1. **A discussion of the planning for the 1996 USMS Long Course Nationals at the University of Michigan.**
2. **A discussion of the 1995/96 budgets.**
3. **A reduction of annual dues.**

PROPOSAL - Our Treasurer, Don Korten has proposed that annual dues beginning in 1996 for each registrant of the Michigan LMSC be reduced to \$23.00 from the current value of \$25.00. The portion to be sent to USMS would remain at \$15.00 with the portion remaining within the Michigan LMSC would become \$8.00.

Rationale: Because of increasing membership and increased attendance at LMSC meets and other activities, the LMSC is currently enjoying a budget surplus. The fairest way for this surplus to benefit all members of the LMSC is to reduce dues.

4. **Formation of a meet evaluation committee to accumulate data and input from the LMSC members on how we can improve all Michigan Masters meets.**

PROPOSAL - Our Sanctions Chairperson, Mark Lambert, has proposed that a meet evaluation committee of five (5) people including the Sanctions Chairperson as committee chairperson be formed. The purpose of this committee would be to review the execution of all meets sanctioned by the Michigan LMSC to determine how closely these meets comply with the USMS rules. This committee will report to the LMSC during the annual meeting which rules (if any) are consistently broken and what changes in the sanctioning process are needed to improve compliance with the USMS rules. This committee will have a life of two (2) years, after which it can be reauthorized by a vote of the members of the LMSC.

Rationale: The Michigan LMSC is experiencing increasing numbers of swimmers in meets in the LMSC. In addition there are increasing numbers of swims at meets in the LMSC that qualify for national recognition. Thus the Michigan LMSC needs to verify that times swum at meets in our LMSC comply with USMS rules so that these good swims can be recognized. In addition all swimmers in the LMSC deserve the best and fairest conditions possible for competition.

5. **Review the fees for sanctioning and recognizing meets in the Michigan LMSC.**

PROPOSAL - Our President, Bill Reid has proposed that all meets, long distance events, clinics and other activities sanctioned by the Michigan LMSC pay a sanction fee to the LMSC of \$2.00 for each swimmer entered in the activity including all pre-entered swimmers and deck entered swimmers. For this fee, the LMSC will:

- a. Publish entry information for the activity in the newsletter.
- b. Provide entry cards and LMSC ribbons for awards.
- c. Publish results of the activity in the newsletter.

In addition, USMS insurance will be in force for sanctioned activities as described in the USMS rules.

The fee for all meets, long distance events, clinics and other activities recognized by the Michigan LMSC shall be \$1.00 for all pre-entered swimmers and deck entered swimmers who are registered by their Master's National Governing Board and who will be covered by USMS insurance. For this fee, the LMSC will:

- a. Publish entry information for the activity in the newsletter.
- b. Publish results of the activity in the newsletter.

In addition, USMS insurance will be in force for recognized activities as described in the USMS rules.

Rationale: This proposal does not change the sanction fee but does clarify to whom the fee applies. There is not currently any fee for recognized events but the LMSC publicizes these events in the newsletter and publishes results when they are supplied to the newsletter editor.

6. Selection of the site for the 1996 State Championships.

PROPOSAL - Mark Lambert, the Chairman of the 1996 USMS Long Course Nationals has proposed that a one-year temporary suspension of the rotation plan for the state meets be permitted to allow the meet committee for the Nationals to hold a tune-up meet as the 1996 State Championships at the University of Michigan to test plans for the Nationals. This tune-up meet will duplicate significant parts of the Nationals including two-pool operation during the entire meet, two scoreboards, swim vendors, a pasta party and the Sheraton as the meet hotel.

Rationale: This proposal is a one time only temporary suspension in the rotation plan to help the Nationals Committees prepare for the 1996 Nationals. In addition, Mark Lambert has indicated that the LMSC would realize a significant financial benefit for our help in permitting his committee to hold this tune-up meet at the University of Michigan.

Following action on this proposal, the bid(s) for the 1996 Michigan Master's State Swimming Championships will be considered by the LMSC.

7. **Election of Officers.** 1995 is an election year for the Michigan LMSC. We have included information on the people running for LMSC offices. This information includes the names, experience, goals and plans for all candidates. We have printed the biographical sketches for the candidates for LMSC offices as they were received.

The actual election will be by written ballot by all LMSC members in attendance at the annual meeting. Write-in candidates and nominations from the floor will be permitted at the meeting. Remember, you must be at the meeting to vote!

PRESIDENT-ELECT - Donald J. Kroeger.

I am glad to have this opportunity to put my swim suit in as a candidate for Michigan Masters Office. My name is Donald J. Kroeger and I live in southeast Michigan and have been a Masters Swimmer for six years. In that time I have had the privilege of being co-chairman of the Ohio/Michigan Swim Team which I helped co-organize. Also, I have organized Michigan Masters Relays for the National Short Course Championships, World Games, and National Long Course Championships.

Some of my goals are to see Michigan Masters Swimming continue to grow by better communication between Masters, YMCA and other swimming organizations. I would like to continue to promote special swimming events for all lap/Masters Swimmers within the State and near our borders. Finally, I would like to develop a Masters Traveling Swimming Team list for competition outside of the State.

SECRETARY - Karen Pearson.

Hi! My name is Karen Pearson. I live in Brighton and am running for the office of Secretary for Michigan Masters. My experience with Masters Swimming started with a program in New Jersey and as I moved, I swam Masters in Ohio and South Carolina. My move to Michigan has been exciting in many ways. I started the LAFS team in Howell and what a great group of people we have! I guess swimmers are just really neat people, huh? I have also been fortunate to get involved with Masters at the National level, having attended the USMS Convention and being assigned to the Fitness Committee and a sub-committee for Awards and Recognition.

I am really please with the turn-out of Masters Swimmers at recent meets and would like to see that continue and grow - the more the merrier! I would like to see more social functions; a picnic this summer, maybe a Christmas Party, or a St. Patrick's Day Party - actually any kind of party would work!! I think it would be great for Michigan Masters to contribute to a charity in some way at the Holidays. Finally I know that 50 meters looks like a long way after swimming 25 yards all winter, but I'd also like to see some more attendance at the summer events.

TREASURER - Don Korten.

I have been the treasurer of the past 1-1/2 years and feel that I have done a good job. I have asked for in writing and received bills or explanations before I issued checks. I have paid the bills on time. I have also kept track of the income and verified that all income due to the LMSC was received. I have developed a system and feel that I can handle another two year term of office.

SANCTIONS CHAIRPERSON - Tom Hunt.

My name is Tom Hunt and I have been a Masters Swimmer since the Fall of 1988. Although I have not yet held office in the Michigan LMSC, I believe it is time for me pay back those who have worked in the LMSC before me. I would like to be elected to the office of Sanctions Chairperson. I would like to help all meet directors to comply with the USMS rules and administrative regulations and to work toward equal competitive opportunities for all Masters Swimmers regardless of age or speed. I would like to resolve issues of timing, water temperature and officials that have confronted some of our recent meets. Finally I would like to add more meets to the schedule, especially in Oakland County.

REGISTRAR - Beth Rice-Munro and Roderick Munro.

After several years of outstanding service to Michigan Masters, Chuck Ciegrand and Sallie Thompson are looking to pass the State Registrar responsibility to the next volunteer(s). Beth Rice-Munro and Roderick Munro are anxious to continue contributing to Michigan Masters and would value your support by electing them into the Registrar role at the State Meet meeting on Saturday, April 1, 1995.

Beth's dedication to Masters has been obvious and constant since 1982. Roderick is new to Master's and looks forward to further swimming participation in the future. However, both Beth and Rod have been pursuing educational goals (PhD's in Instructional Technology) which prevents them from presently travelling to Meets. The Registrar role would allow them to give-back to Master's from Home. They would like to remain involved by offering their organizational skills, computer expertise and computer system to caring for your registration needs.

Some of Beth's contributions are listed following:

- > Michigan Masters swimmer January 1893 through present
- > State Newsletter Editor Winter 1991 through Spring 1993
- > Introduced significant cost savings to Michigan Masters through utilizing Bulk Mail for state newsletter distribution
- > Chetrick Award winner 1993

- > Assisted with the planning, coordination and administration of three state meets.
- > South Oakland Seals Newsletter Editor fall 1986 through present
- > South Oakland Seals Team Coordinator 1987 through present
 - Logistics
 - Membership
 - Host meets
 - Moral support
 - Communications
 - Competition
 - Workout coordination

Rod and Beth have, for the last 3 years, been responsible for hosting the annual SOS summer picnic open to all meet participants and their families.

Rod and Beth assume that the compensation would remain at \$1.75 for each registrant with postage invoiced as an expense.

REGISTRAR - Bill Reid

I would like to offer my services to the Michigan LMSC as registrar. I began Masters swimming in 1988 and served as President-Elect from 1991 until 1993 and as President from 1993 to 1995. I have been the meet director of six short-course meets and two long-course meets in Jackson and meet director of the 1993 and 1994 State Championships. I was co-director of computer operations (with Phyllis Reid) for the 1994 Lansing Pentathlon and the 1995 State Championships. I was also responsible for time trials at the 1993 U.S. Open and the 1994 USS Junior Nationals which included organization, entries, data entry, computer operations and results. I am currently serving as Assistant Meet Director, Administration for the 1996 USMS Long Course Nationals.

In my work I am also deeply involved with computers and databases. I am the owner of a consulting engineering company that supplies engineering design and computer services to power companies. During the last eight years, I have programmed computerized database management systems for equipment maintenance, instrumentation procurement and cost accounting. Thus I am extremely experienced with computers and database management systems such as the system used to print registration cards and log data for USMS.

I am very interested in helping adults to become and remain active and healthy. My goals for the LMSC are to continue to expand membership and activities. Thus I would work with the officers to identify inactive Masters and try to get them to "return to the fold". I would also try to market USMS and the Michigan LMSC to members of YMCA's and other health clubs so that the LMSC can become larger and economically stronger. In addition because I attend most of the meets in the state, I will be able to receive registration data from the meet hosts and process the data without the delay of mailing the data to the registrar. I will also be available at meets to help with registration, confirm that forms are signed and receive address changes from swimmers.

Because I enjoy interacting with Masters Swimmers and because I enjoy using computers and databases, I do not request any compensation for serving as registrar other than payment for expenses. I would appreciate your support for my candidacy.

NEWSLETTER EDITOR - Phyllis Reid.

I would like to continue to offer my services to Michigan Masters as Newsletter Editor, independent of the position of secretary. Over the past eighteen months I have collected information for the newsletter (on fitness, drills, nutrition and humor) as well as gently prodding the members to send me news of their accomplishments both in and out of swimming. In addition to collecting the information I write and or re-write what is necessary, design, format and lay it out. Once it is in finished form, I spend the day at the University of Michigan Canham Natatorium copying, collating and stapling the newsletters. By doing it in this manner instead of having it commercially copied the LMSC is saving one third to one half of its printing costs. In addition, I market whenever and wherever possible by using additional copies of the

newsletter. By notifying the "Y"s as well as a number of health clubs I have helped to get our calendar and activities more widely circulated, resulting not only in the addition of individual members but also several new rapidly growing teams. I also have found that in making the newsletter available to several key Canadians we have had an increase in meet attendance and friendly competition from the East as well as the North.

I am in the process of compiling a list of Lost or Misplaced Masters in Michigan so that next fall (or perhaps this summer) I can do a mailing to them enticing them to come out and swim!

As I think I have only scratched the surface of where the newsletter and the membership growth can go, I hope you will support me with your vote on Saturday, April 1st at the annual meeting.

CHETRICK AWARD (Outstanding Service to Michigan Masters) - Sallie Thompson.

Sallie Thompson joined Michigan Masters as a swimmer in 1989, having never competed in swimming before. She enjoyed Michigan Masters and in 1991, when then President Marilyn Early asked her to consider becoming Registrar, she accepted. The position of Registrar entails a lot of time in the early part of the season (such as this past January when 200+ swimmers registered in a single month. Sallie worked hard to shorten the time lag between the time that the swimmers register and the time that the swimmers receive their cards. Sallie also began sending an introductory letter describing our programs to swimmers who register for the first time. Sallie has been praised by many National USMS officials for the accuracy and promptness of her reports. Sallie's faithful service has been felt by all swimmers in the LMSC and she will be missed when she retires from her position of Registrar in the Fall.

LAWRENCE AWARD (Outstanding Swimmer) - Patricia Rohner.

Pat Rohner has achieved outstanding performances in the long distance open water events in the past several years. Pat's achievements include:

1. National Champion and All-American 1993 5KM Nationals.
2. All-American 1993 Postal 6KM swim.
3. Second Place, 1994 1 Mile Nationals.

Pat has also achieved outstanding swims in the pool including Top-10 rankings 11 times since 1989. Pat won the 1989 YMCA Nationals in the 500 and 1000 yard freestyle, setting a National YMCA record in the 1000 free. Pat also holds 20 state records in the 30-34 and 35-39 age group in short course yards, short course meters and long course meters. Finally Pat has 8 wins in State Championship Meets from 1992 through 1994. Pat has just "aged-up" into the 35-39 age group and is looking forward making her presence felt at the long and short course Nationals in 1995 and in the Nationals in Ann Arbor in 1996.

LAWRENCE AWARD - Frank L. "Skip" Thompson.

Skip Thompson has also achieved outstanding performances in the long distance open water events and in the pool in the past few years. Skip's achievements in open water include:

1. All-American in 1989, 1992, 1993 and 1994.
2. National Champion in 40-44 age group in the 1993 6K Postal swim (including setting the National Record), 10K Postal swim, 3.5 Mile National Championships and the 1994 1 Mile National Championships.
3. Second Place, 1993 1 Mile Nationals.

In the pool Skip won the 1989 World 1500 meter freestyle (SCM), held the YMCA National Record for the 1000 Yard Freestyle for the 30-34 age group from 1988-1991 and swam on two All-American Relays in 1993. Skip's swims have ranked in the Top-10 50 times in 11 events since 1989. Skip currently holds 9 State Records in short and long course meters and has 19 wins in state competition since 1992. Skip has another year or so in the 40-44 age group before he begins to disturb the peace of the 45-49 year olds.

Michigan Masters Swimming and
West Michigan Masters Swim Association
Present the Eighth Annual

Swim Classic

at

East Kentwood High School Community Pool

6178 Campus Park, S.E., Kentwood, Michigan

February 25, 1995

Meet fee is \$12.00 at the door. You must be a registered Masters Swimmer to swim in the meet, (i.e. you must show your card or pay to join). Michigan Masters membership (\$25.00), sign up available at the Meet.

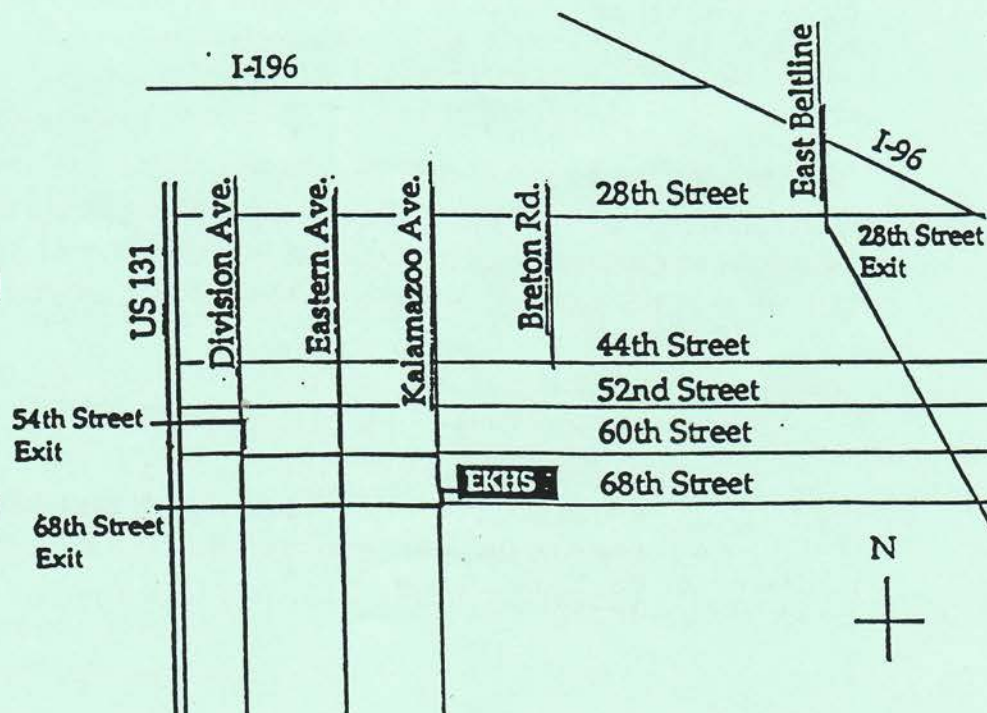
This meet is a United States Masters Swimming sanctioned meet. All USMS registered swimmer's times will count toward State and National record consideration and coverage is by USMS insurance.

Registration 9:15 a.m. - 11:15 a.m. (event #1 cuts off registration at 9:45 a.m., event #2 at 10:15 a.m.). 1000/1650 Yard Free starts at 10:15 a.m. Warm-ups are 9:30 - 10:00 a.m. and after the 1000 yard Free. Events 3 through 15 should start at approximately 12:30 p.m.. All heats seeded slow to fast. Limit of 4 individual events and 2 relays per swimmer.

Questions: Ken Danhof, Meet Director, 4295 Carolyn, Muskegon, MI 49444 (616)739-5592
Sanction #MM199511.

List of Events:

1. 1,650 Yard Free*
2. 1,000 Yard Free*
- Intermission
3. 200 Yard Medley Relay
4. 200 Yard Free
5. 200 Yard Individual Med
6. 50 Yard Free
7. 200 Yard Breast
8. 100 Yard Back
9. 50 Yard Butterfly
- Intermission
10. 100 Yard Individual Med
11. 100 Yard Free
12. 100 Yard Breast
13. 100 Yard Butterfly
14. 200 Yard Back
15. 200 Yard Free Relay



* Heats may be run concurrently. Meet Director reserves the right to "double-up" lanes.
Remember during warm-up to enter feet first and in a cautious manner.

State Meet Preview

March 5, 1995

Kalamazoo, MI



Sanctioned by Michigan Masters for USMS, Inc.

Host: Great Lakes Aquatics, Sanction No. MM199514

Site: Loy Norrix High School (25 yard pool)

Time: 8:30-9:45 am Check-in and deck entry

9:00-9:50 am General warm-up

- | | | |
|----------|--------------------|----------------------|
| 10:00 am | 1. 400 I.M. | 9. 100 I.M. |
| | 2. 200 Med. Relay | 10. 100 Breaststroke |
| | 3. 200 Freestyle | 11. 100 Freestyle |
| | 4. 200 Butterfly | 12. 100 Backstroke |
| | 5. 50 Breaststroke | 13. 100 Butterfly |
| | 6. 50 Butterfly | 14. 200 Choice |
| | 7. 50 Freestyle | 15. 400 Free Relay |
| | 8. 50 Backstroke | 16. 500 Freestyle |

Swimmers are reminded to enter the water feet-first during all warm-ups and warm-downs. Diving is permitted only in designated sprint lanes. One lane will be reserved during the meet (except during the 400 IM and 500 free) for warm-downs. There will be a break between the 50 Backstroke and the 100 IM.

Entries: Cost is \$10.00 for mailed-in entries and \$15.00 for deck entries. Mailed-in entries must be postmarked by Monday, February 27, 1995. Relays may be entered without a penalty. A swimmer may enter four individual events and two relays. Entries should be mailed to: Vince Gallant
323 Garland Ave.
Kalamazoo, MI 49001

Seeding and Scratches: Positive check-in is required for all swimmers and events. Swimmers will be given their cards without heat and lane assignments. At the end of the check-in period, all swimmers who have not checked in will be scratched and the heats seeded. Seeded heat sheets will be posted in the pool area and all swimmers can mark their cards with their heat and lane assignments.

Swimmers who have entered the meet by mail and find that they are unable to attend may scratch by telephone. Scratches will be accepted at (616)349-1053 until Saturday night at 9:00 p.m. Scratches can be made the day of the meet at (616)337-0232 from 8:15-9:45 a.m. If you scratch by phone, we will refund \$6.00 of your entry fee.

Seeding will be slow-to-fast in all events except the 400 IM and 500 Free.

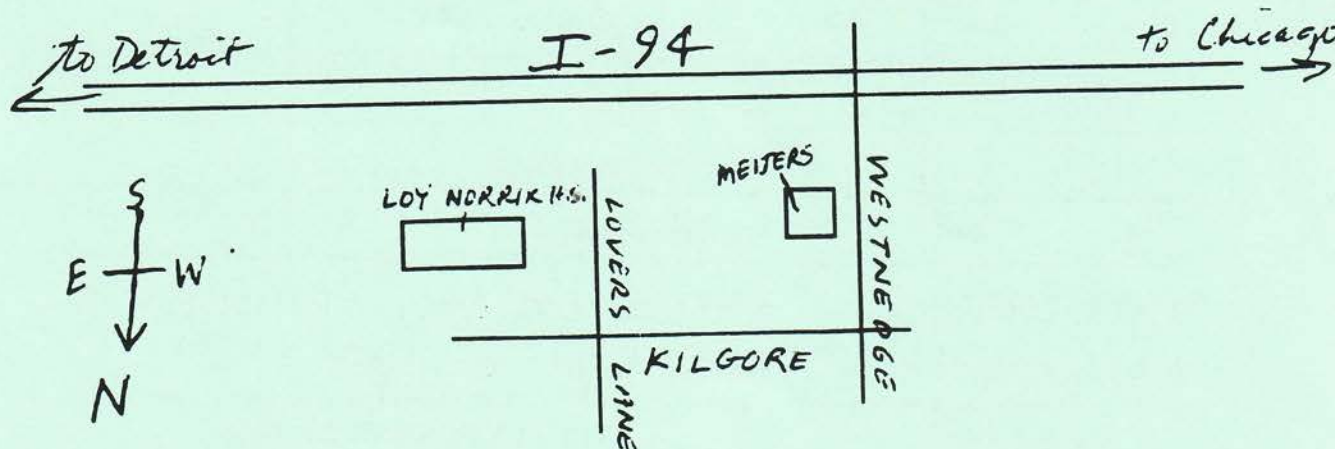
Eligibility: Only swimmers registered with USMS for 1995 may compete in this meet. All entrants must show cards during deck entry (or check-in for swimmers pre-entered). USMS cards can be purchased at the meet.

Refreshments: Refreshments including coffee will be available before, during and after the meet for the swimmers.

Timing, Awards and Results: Colorado Electronic Timing System will be used during the meet. Splits will be taken by the system and will be posted in the pool area with the final results. Awards will be Michigan Masters for first through third place. Results without splits will be printed in the Michigan Masters Newsletter. Mailed results with splits may be purchased at the meet for \$5.00.

Additional Information: Vince or Linda Gallant (616)349-1053

Directions: Loy Norrix High School is accessible from I-94. Exit I-94 at Westnedge Avenue North (76A). Travel on Westnedge approximately one mile to Kilgore Road (2nd traffic light) and turn right on Kilgore. Travel a bit less than a mile to Lovers Lane (2nd traffic light) and turn right. The Loy Norrix campus is located on the southeast corner of Kilgore Road and Lovers Lane. The natatorium is located at the west end of the campus. Park near the west end of the campus and follow the signs into the pool area.



Great Lakes Aquatics Short Course Masters Swim Meet
 Sanctioned by Michigan Masters for USMS Inc., Sanction No. MM199514
Sunday, March 5, 1995

NAME: _____ **SEX:** _____ **USMS#:** _____

BIRTHDATE: _____ **Age on Mar.5:** _____ **TEAM:** _____

EVENT NUMBER	EVENT NAME	SEED TIME
1	400 Yard Individual Medley	
2	200 Yard Medley Relay	
3	200 Yard Freestyle	
4	200 Yard Butterfly	
5	50 Yard Breaststroke	
6	50 Yard Butterfly	
7	50 Yard Freestyle	
8	50 Yard Backstroke	
9	100 Yard Individual Medley	
10	100 Yard Breaststroke	
11	100 Yard Freestyle	
12	100 Yard Backstroke	
13	100 Yard Butterfly	
14	200 Yard Choice	
15	400 Yard Freestyle Relay	
16	500 Yard Freestyle	

Entry Fee: \$10.00

Make checks payable to: Great Lakes Aquatics

ENTRY DEADLINE:
 Monday, February 27, 1995
 (Postmarked)

Send entries to: Vince Gallant
 323 Garland Ave.
 Kalamazoo, MI 49001
 (616)349-1053

**20TH ANNUAL!! MIDLAND MASTERS
WINTER'S END SWIM MEET
SANCTION # MM199512**

Date: Sunday, March 12th, 1995

Place: H. H. Dow high school
3901 N. Saginaw Rd., Midland, Michigan

Time: 9:30 AM Warmup for 500 free
10:30 AM 500 Free
11:30 AM General warmup
12:00 N meet begins

Facility: 6 lane, 25 yard pool; electronic timing, 6-lane electronic display scoreboard

Awards: Michigan Masters ribbons for 1st through 3rd place

Events:

1. 500 Freestyle (30 minute warmup)	7. 100 Breast
2. 200 Butterfly	8. 50 Free
3. 200 Ind Medley	9. 200 Back
4. 100 Back	10. 50 Fly
5. 200 Free	11. 100 Ind Medley
6. 100 Fly	12. 100 Free
	13. 50 Breast
	14. 200 Free Relay

Seeding: Fast to Slow

Warmup: Continuous warmup during meet in Lane 6 during meet..
USMS Safety rules will be observed. Swimmers must enter the water feet-first in a cautious manner with at least one hand in contact with the deck or gutter

Entry fee: \$10.00 per swimmer (Maximum 5 events plus relay)

Entry deadline: Deck entries only; 10:45AM for 500 Free; 11:45 for remainder

Refreshments: During meet. Social after - T.B.A.*
*TBA = To be announced

For more information contact:

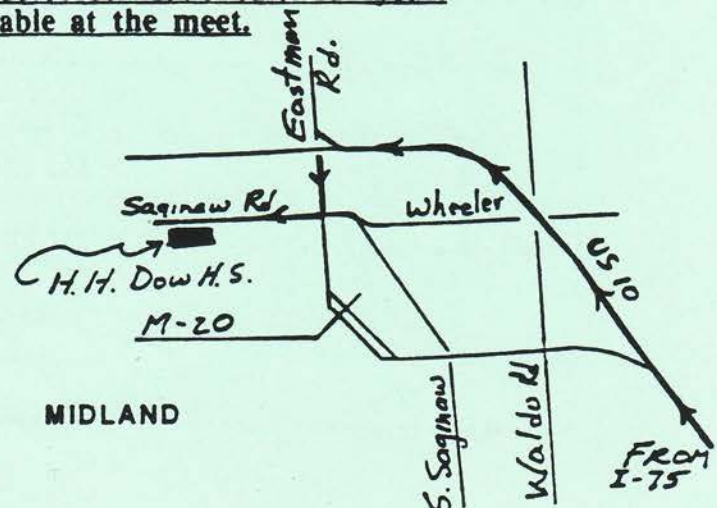
Charles Moss
(517) 631-1480

or

Dave Speth
(517) 636-7802 (h)
(517) 636-9238 (o)

USMS registration required. \$25.00 for 1995 calendar year.
Registration available at the meet.

From Flint: Take I-75 North. Exit US 10. Go West (15 miles) to Midland. Take Eastman Road exit. Go South to Saginaw Road. Turn right (West). H.H.Dow H.S. is about 2 miles. Use parking lot on West side of school.





SYLVANIA MASTERS SWIM CLUB SHORT COURSE METERS SWIM MEET

March 19th, 1995. Sylvania Northview High School
Sanctioned by Ohio LMSC for USMS, Inc. Sanction # 175005



WHEN:

Sunday March 19th, 1995

Entries: 10:00 A.M. - 11:45 A.M.

Warm up: 10:00 A.M. - 10:30 A.M.

Event 1: 10:30 A.M.

Warm Up: 11:00 A.M. - 12:00 Noon

Event 2: 12:00 Noon

ELIGIBILITY:

All 1995 USMS members. Ohio memberships will be available at a cost of \$20.00. Please bring a copy of your current USMS card. (No card No swim, USMS Rule)

ENTRY FEE:

\$15.00 for a maximum of 5 individual events and 2 relays.

FORMAT:

All events will be swam from slow to fast. No times will swim first. This will occur in a six lane pool with a warm-down area. Colorado timing system will be used.

LOCATION:

Sylvania Northview High School , Sylvania Ohio.
Take US 23 to the Sylvania exit. Turn left onto Monroe Street. Approximately 2 miles turn left onto Silica Drive (just past the library). School is on the right side.
Map on back of sheet.

AWARDS:

Awards will be given in all age groups in all events.

ADDITIONAL INFORMATION:

Contact Tim Defrain 419-478-6621
Tom Schardt is the meet director

EVENTS:

- | | |
|--------------------|----------------------|
| 1. 800 FREE | BREAK |
| BREAK | 11. 200 I.M. |
| 2. 100 BACK | 12. 200 FLY |
| 3. 200 BREAST | 13. 200 BACK |
| 4. 100 FREE | 14. 50 FREE |
| 5. 50 FLY | 15. 400 I.M. |
| 6. 100 I.M. | 16. 100 BREAST |
| 7. 50 BACK | 17. 100 FLY |
| 8. 200 FREE | 18. 200 MEDLEY RELAY |
| 9. 50 BREAST | 19. 400 FREE |
| 10. 800 FREE RELAY | |

(Both relays are male, female and mixed)

WARM-UP:

Swimmers must enter pool feet first in a cautious manner with at least one hand in contact with the wall during warm-up

Ann Arbor Queer Aquatics

invites you to a

Masters Swim Meet

in conjunction with International Gay and Lesbian Aquatics

Saturday and Sunday, May 20-21, 1995

*Sanctioned by Michigan Masters for USMS Inc.
Sanction Number MM199521*

Saturday Distance events at Dexter Community Pool (Short Course Yards)
3060 Kensington Street, Dexter, Michigan

Sunday Sprint events at Canham Natatorium (Long Course Meters)
The University of Michigan, Ann Arbor, Michigan

Entries Cost is \$25 for entries postmarked before April 28, 1995
A \$10 late fee will be charged for entries postmarked after that.
Relays will be deck entered.
All entries must include a copy of swimmers USMS card.
Swimmers are limited to five individual events plus an unlimited
number of relays.

Seeding Seeding will be slow to fast for all events.
Swimmers may be asked to share a lane in the 1650 freestyle
if necessary to expedite the meet.

For more information, please contact:

Charley Sullivan at 313.665.8063

or

Stuart Marvin at 810.547.0010

Ann Arbor Queer Aquatics Swim Meet

Sanctioned by Michigan Masters for USMS Inc.

Name: _____ Sex: _____ USMS #: _____
 Birthdate: _____ Age on May 20: _____ Team: _____

Saturday, May 20, 1995

Warmup: 1 p.m. Events begin: 2 p.m.

Dexter Community Pool, 3060 Kensington Street, Dexter, Michigan
 (Short Course Yards)

No.	Event	Seed Time
1	1650 Yard Freestyle	
2	200 Yard Individual Medley	
3	200 Yard Breaststroke	
4	200 Yard Backstroke	
	Break	
5	200 Yard Butterfly	
6	200 Yard Freestyle Relay	
7	500 Yard Freestyle	
	Pink Flamingo Relay	

Sunday, May 21, 1995

Warmup: 9 a.m. Events begin: 10 a.m.

Canham Natatorium, University of Michigan, Ann Arbor, Michigan
 (Long Course Meters)

No.	Event	Seed Time
8	200 Meter Freestyle	
9	400 Meter Freestyle Relay	
10	50 Meter Breaststroke	
11	100 Meter Butterfly	
12	100 Meter Individual Medley	
13	50 Meter Freestyle	
	Break	
14	100 Meter Backstroke	
15	200 Meter Medley Relay	
16	50 Meter Butterfly	
17	100 Meter Freestyle	
18	100 Meter Breaststroke	
	200 Meter Fun Relay	

Entry fee: \$25

Entry deadline: Friday, April 28, 1995

Make checks payable to: AQUA Swim Club

Mail to: Charley Sullivan

942 Dewey Apt. 1

Ann Arbor, MI 48104

MICHIGAN 1995 STATE MASTERS CHAMPIONSHIPS
SANCTIONED BY MICHIGAN MASTERS
SANCTION NO. MM199513
MARCH 26, UNIVERSITY OF MICHIGAN
MARCH 31, APRIL 1 AND 2, ROCKFORD HIGH SCHOOL

HOST:

West Michigan Masters Swimmers

LOCATION:

March 26, Don Canham Natatorium at the University of Michigan. Corner of Hoover and State Streets in Ann Arbor, Michigan. (see map)

March 31, April 1 and 2 at the Rockford High School pool at 4100 Kroes Road in Rockford, Michigan. (see map)

FACILITIES:

The Don Canham Natatorium will be configured as two 25 yard, eight lane courses. The west course will be used for competition and the east course will be available for continuous warm-up/warm-down (except during the distance events). The diving pool, the hot tub, the diving pool area and the equipment (including the mats) around the diving pool, and the bulkhead between the two pools are off-limits at all times. All events (except for some heats of the distance events) will be timed using an eight-lane Colorado Timing System. Swimmers' names and times will be displayed on a scoreboard. A timer operating the manual back-up button and a manual back-up stop watch will be supplied for each lane.

The Rockford High School pool is an 8 lane pool which will be configured as a 25 yard course for this meet with starting blocks on the bulkhead. All events will be timed by an 8 lane Colorado Timing System. There will be a timer with backup stop watch at each lane as well as a backup button. The diving area of the pool will be available for warm-up and cool-down during the meet. Use of the diving boards will not be allowed.

WARM-UP AND COMPETITION TIMES:

Sunday, March 26, Canham Natatorium

- 8:30 AM - Warm-up and Check-in
- 9:30 AM - Check-in for events 1 - 4 must be completed
- 10:30 AM - Check-in for events 5 - 8 must be completed
- 10:00 AM - Competition begins

Time of the one hour lunch break will be determined after Event 3, the 400 IM

Friday Night, March 31, Rockford High School

5:15 to 5:45 PM - Warm-up and Check-in
6:15 PM - Competition begins

Saturday and Sunday Mornings, Rockford High School

7:45 to 8:45 AM - Warm-up and Check-in
9:00 AM - Competition begins

Saturday and Sunday Afternoons, Rockford High School

12:45 to 1:45 PM (expected time) - Warm-up and Check-in
2:00 PM - Competition begins no sooner

ELIGIBILITY:

Any swimmer registered in USMS may swim in this meet. In order to correctly enter this meet you MUST supply a copy of your USMS card at the time of application OR write "APPLIED FOR" on the entry form AND send the registration application along with the USMS fee of \$25.00 (this is in addition to the meet entry fee).

EVENT ENTRY LIMITS AND OTHER INFORMATION:

Event limit for entire meet (excluding relays)	= Seven
Event limit for Sunday, March 26	= Three* (See Combo)
Event limit for Friday, March 31	= Two
Event limit for Saturday, April 1 (relay excluded)	= Four
Event limit for Sunday, April 2 (relays excluded)	= Four

The 1,000 freestyle, 500 freestyle, 400 IM, as well as the 1,650 freestyle can be swum one time only, even though these events are offered at two separate times during the course of the meet.

SPECIAL NOTE: regarding "THE COMBO"

We are offering a unique opportunity this year - - "THE COMBO".

*Event 3 is THE COMBO. You may swim the 1,000 and the 1,650 simultaneously in this one event. So, you may swim the 1,650 and have your 1,000 yard time count for the 1,000 freestyle. It also means you are getting credit for two events in one. Or looked at in another way - - you only swim 1,650 yards total instead of 2,650 yards.

You may not swim the 1,650 and the 1,000 separately on Sunday, March 26th (nor do we think you would want to). If you insist on swimming both the 1,000 and the 1,650 separately, you may, by reading the Event List and signing up at two different times, (ie the 1,650 as Event 2 on the 26th and the 1,000 on Friday, March 31st). One last benefit is that Event 3 counts as one event for Sunday, March 26th, so you could also swim two more events on the 26th.

You must enter this meet by mail, a swimmer should complete the attached entry form, sign the liability release on the back of the entry form and send a copy of his or her USMS card to:

Ken Danhof
4295 Carolyn Street
Muskegon, MI 49444

All entries must be postmarked by March 17, 1995. Each swimmer who enters the meet will need to check-in upon arrival at the natatoriums.

There will be a No Deck Entries. You must pre-register by mail and send your registration by March 17, 1995.

ENTRY PROCEDURE - INDIVIDUAL EVENTS:

To enter individual events, swimmers should select their events (maximum seven), and enter seed times (in short course yards) in the "entry time" box on the entry form. All swimmers entering with no seed time will swim in the slowest heats. All swimmers who enter more than seven events will be entered in the first seven events of the entry form. The meet director's decisions will be final in this matter. The available age groups are 19-24, 25-29, 30-34, etc.

ENTRY PROCEDURE - OPEN EVENTS ON MARCH 26TH AND MARCH 31ST:

Three open events will be offered on Sunday, March 26th; the 50, 100, and 200 Open.

One open event, the 200 Open, will be offered on Friday, March 31st.

These events are to allow swimmers to swim events that are located too close together over the course of the meet. Each swimmer competing in these events shall specify what stroke that he/she intends to swim when he/she enters the event. Any swimmer not indicating a stroke when completing the registration form must swim freestyle. Each result will be entered and scored with the actual event swum later in the meet. For example, a swimmer entering the 200 Open (Event 8) and swimming breaststroke would actually be entered and scored with the swimmers of the 200 Breaststroke (Event

19). You may not re-swim the same distance/stroke if you entered it as an open event. You are expected to swim on the days indicated on your entry form.

ENTRY PROCEDURE - RELAYS:

To enter relays, team representatives should enter the number and seed times of relay entries of each age group in the appropriate boxes on the relay entry form. It is requested that only one relay entry form be submitted for each club. No changes to the relay age group will be permitted after the relay cards have been submitted. Changes to the swimmer names will be permitted up to 60 minutes after the start of the session. However, these changes may not cause the relay age group to be changed. If it does cause a change in the age group then that relay will be disqualified.

At check-in, a packet containing all relay cards and a list of swimmers (with USMS numbers for all swimmers) will be available for the representative of each team. Each team representative should pick up the packet for their club and supply the following data:

1. Names (first and last name) and USMS numbers of all swimmers. Failure to enter code numbers will delay completion of results and awards, and be a royal hassle to fellow competitors and the computer crew. So, please include them or your team may be disqualified.
2. Name of lead off swimmer and each subsequent swimmer.
3. Age group in which the relay is to be entered. Relays in Michigan are "sum of the ages". "Available age groups are: 76-99, 100-119, 120-159, 160-199, 200-239, 240-279, 280-319 . . . (40 year increments as high as is necessary).
4. Completed relay cards are to be turned in to the Meet Director no later than 60 minutes after the start of the session.

THERE ARE NO RELAY DECK ENTRIES. THE WHOLE MEET IS MAIL IN ENTRY BY MARCH 17, 1995:

ENTRY FEES:

Swimmer entry fee for one event	\$18.00
Swimmer entry fee for two events	\$22.00
Swimmer entry fee for three events	\$26.00
Swimmer entry fee for four to seven events	\$30.00
Relay entry fee	\$ 8.00/relay
Dual pool fee	\$ 5.00*

*The dual pool fee applies to anyone entering to swim at both Ann Arbor and Rockford. It is to cover expenses and convenience of offering two sites (East and West Michigan), two sets of officials, service and excellent facilities, (not to mention all the work for the volunteers and organizers).

You are expected to swim on the days indicated on your entry form.

WARM-UP PROCEDURE:

There will be designated continuous warm-up/warm-down areas at both pool locations. Swimmers are reminded to always enter the pools in feet first and cautious manner with at least one hand in contact with the pool or gutter. Diving/Starts are only allowed in designated lanes. Violators may be expelled from the meet. In Ann Arbor the diving pool and hot tub areas are off limits at all times.

SEEDING:

Seeding will be slow-to-fast for all events. "No time" applications will be considered as slowest. All swimmers will be seeded into heats by time and swimmers MUST then swim in their designated heat and lane. Heat sheets will be supplied to all entrants upon check-in.

SCORING:

Entries for individual events and relays postmarked by March 17 will be eligible to score team points. Points for places are:

Place	1	2	3	4	5	6	7	8
Individual Events	9	7	6	5	4	3	2	1
Relays	18	14	12	10	8	6	4	2

AWARDS:

All swimmers entered in the meet regardless of club or LMSC are eligible for awards. Awards for the meet (for both individual and relay events) include:

Place	Award
1, 2, and 3	Michigan Masters Medals
4 through 8	Michigan Masters Ribbons

There will be an award for high point team in the large and small team divisions. The number of swimmers for teams in each division will be determined by the meet director after the entry deadline.

No awards can be issued at Canham Pool. If you are entitled to awards and will not be at Rockford awards will be sent only if you advise the Meet Director of your awards and send \$1.00 per medal or for ribbons a self addressed, stamped envelope.

MEET RESULTS:

Meet results from the Michigan 1995 State Masters Championships (events, names, ages, teams, and times) will be published in the summer newsletter. Meet results (including splits for all individual and relay events) can be purchased for \$7.00 at the check-in table (results will be mailed).

MEET DIRECTOR:

For information please call or write:

Richard TenHoor
5083 Natchez Court, NE
Rockford, MI 49341
(616) 866-6328

MEET SHIRTS:

Meet shirts imprinted with the meet logo (shown on the front of this entry packet) can be ordered on the meet entry form. Some shirts will be available at the meet, but we recommend ordering with your entry to assure size selection. Sizes and cost are shown on the meet entry form.

REFRESHMENTS:

Rockford swim parents will be operating the concession stand located in the upper hallway near the balcony entrance. Food may be brought and consumed in the hallway. No food in balcony or on deck. There are no nearby restaurants (minimum 10 minute drive) so plan your meals/snacks accordingly.

There will be no food available at Canham Pool on March 26th.

PARKING:

There is abundant free parking at the Rockford facility. For the Canham Pool parking is generally available to the south of the pool.

The President Inn will be the meet motel. The President Inn is about a 15 minute drive from the pool. The President Inn is conveniently located at the I96 and Plainfield Avenue interchange. The motel has an 20 x 40 indoor pool and guests receive a complimentary continental breakfast. Special rates to masters swimmers are:

For reservations call (800) 445-5004, or (616) 363-0800. (Slight additional fee for more than 2 per room.)

BUFFET DINNER:

- Beef tenderloin tips on egg noodles
- Baked chicken
- Baked potato
- Vegetable
- Dinner salad
- Dinner rolls
- Coffee, tea, milk
- Dessert

A casual get together with refreshments and snacks will start at 6:00 PM in the banquet room which is located in the west end of the President Inn.

All swimmers from the Michigan LMSC are encouraged to attend the annual membership meeting held in the Rockford Cafeteria during the lunch break on Saturday, April 1, 1995. Topics to be discussed include:

- 7

- Formation of meet evaluation committee to accumulate data/input. How can we improve/make better all Michigan Masters Meets?
- Selection of 1996 State Championship site
- Election of officers
- 1995 award winners
- Other items as needed

This is the one and only opportunity for all swimmers to meet so plan to attend this important meeting.

MICHIGAN MASTERS
PO BOX 282
PETOSKEY, MI 49770

United States
Masters
Swimming



1995 Membership Application

☐ RENEWAL My Current USMS
No. is _____

☐ NEW REGISTRATION

USMS Fee 11/1/94-8/31/95 15.00
LMSC Fee 10.00

Total Fee 25.00

Membership expires 12/31/95

1995 ONE YEAR MEMBERSHIP APPLICATION

Register with same name you will use for competition. Print clearly.

Last Name		First Name		Init	For Office Use
Street				Apt	
City	State	Zip	Phone No. ()		
Date of Birth	Age	Sex	Today's Date		
Mo.	Day	Yr	Mo	Day	Yr
Club or Unattached			MICHIGAN MASTERS		

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician, I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.

Signature _____

If you coach Masters Swimmers, please check here ☐

Benefits of membership include: A Subscription to SWIM Magazine during the length of the membership year (\$6.00 of the annual dues is designated for a Swim Magazine subscription), and periodic mailings from the Local Masters Swimming Committee.

USMS Registered swimmers are covered with secondary accident insurance.

- 1) In practices supervised by a USMS member or a USS certified coach where all swimmers are USMS registered.
- 2) In USMS sanctioned meets where all competitors are USMS registered.

Direct Insurance correspondence to:

Telephone
Fax

USMS Inc. National Office - Dorothy Donnelly,
2 Peter Avenue, Rutland MA 01543
508-886-6631
508-886-6265

Check here if you do NOT want to be included in a Michigan Masters phone directory. ☐

1995 MICHIGAN MASTERS STATE SWIMMING CHAMPIONSHIPS

SANCTIONED BY Michigan LMSC for USMS Inc. SANCTION NUMBER MM199513

Be sure to enter your name exactly as it appears on your USMS card. You must fill in and sign the Athlete's Release to validate your entry. (PLEASE PRINT OR TYPE ALL INFORMATION)

Entry Deadline: March 17, 1995

Name: _____ Sex: _____ USMS# _____

Birthdate: _____ Age on April 2: _____ Team: _____

Event #	EVENT NAME	ENTRY TIME
	Sunday, March 26 - at Canham Pool	
1	1000 Yard Freestyle	
2	1650 Yard Freestyle	
3	1000/1650 Yard Combo	
4	400 Yard Individual Medley	
5	500 Yard Freestyle	
6	50 Yard Open Stroke ()	
7	100 Yard Open Stroke ()	
8	200 Yard Open Stroke ()	
	Friday, March 31, 1994 - Rockford Pool	
8	200 Yard Open Stroke ()	
4	400 Yard IM	
5	500 Yard Free	
1	1000 Yard Free	
	Saturday, April 1 - A.M.	
9	50 Yard Fly	
10	200 Yard Back	
11	100 Yard Free	
4	400 Yard IM	
12	200 Yard Free Relay	Enter on Relay Sheet
	Saturday, April 1 - P.M.	
13	200 Yard Fly	
14	100 Yard Breast	
15	50 Yard Back	
16	200 Yard Mixed Medley Relay	Enter on Relay Sheet
2	1650 Yard Freestyle	
	Sunday, April 2 - A.M.	
17	200 Yard Freestyle	
18	100 Yard IM	
19	200 Yard Breaststroke	
20	50 Yard Free	
21	200 Yard Medley Relay	Enter on Relay Sheet
5	500 Yard Free	
	Sunday, April 2 - P.M.	
22	100 Yard Back	
23	50 Yard Breast	
24	100 Yard Fly	
25	200 Yard IM	
26	200 Yard Mixed Free Relay	Enter on Relay Sheet

1995 MICHIGAN STATE MASTERS SWIMMING CHAMPIONSHIPS
MARCH 26, MARCH 31, APRIL 1 AND 2, 1995

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Master's Swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIM FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSAGE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES.

PARTICIPANT'S NAME	USMS NUMBER	DATE
-----	-----	-----

This form must be completed and signed by the swimmer and accompany the entry form. In addition a photocopy of the swimmer's United States Masters Swimming (USMS) card must be supplied with the registration. Failure to sign the release form or supply a copy of the USMS card will cause the registration to be incomplete.

1995 CHAMPIONSHIPS FEE SCHEDULE

Swimmer Entry Fee (see page 4)	\$ _____
Dual Pool Fee (if applicable; \$5.00)	\$ _____
Relay Entry Fee***	\$ 8.00/Relay x _____ Relays
USMS Registration Fee (If you have not yet registered for the '95 season)	\$ _____
Buffet Dinner (Saturday evening)	\$13.00/person x _____ People

T-SHIRTS: All - Black print on grey jersey 50/50 blend shirts, please circle size. Logo will be same as entry form cover. Very limited quantities will be at the meet.

- T-Shirts L XL XXL \$ _____
\$8.00

T-Shirt TOTAL: \$ _____

(Please make checks payable to: West Michigan Masters Swimming)

GRAND TOTAL: \$ _____

MAIL ENTRIES TO: Ken Danhof
 4295 Carolyn Street
 Muskegon, MI 49444 Home: (616) 739-5592

***NOTE: The number of relays, as well as the age groups, to be entered in each relay event should be marked on the Relay Entry Form. The swimmers, ages and seed time will be completed on cards prior to swimming the relays. It is requested that all relay entries for a club be entered on one entry form. For additional information concerning relays, see meet information sheets.

Please note that all entries must be postmarked March 17, 1995. There will be no "Deck Entries" allowed. You must pre-register.

LANSING RESULTS

***** MEN 35-39 *****

1	Kevin Harris	M 35	LANS	2:53.66
2	Rob Ellis	M 39	MM	3:03.45
3	John Mastenbrook	M 38	HRBM	3:06.28
4	Phil Clelland	M 36	JAMS	3:11.32
5	Andy Donato	M 37	SOS	3:14.64

***** MEN 40-44 *****

1	Leonard Brockhahn	M 44	FLY	3:00.90
2	John Hauschulz	M 42	SOS	3:01.54
3	Daniel Hilton	M 44	DRY	3:04.12
4	Larry Kimball	M 44	FLY	3:09.06
5	Richard Chaney	M 44	FLY	3:14.10

***** MEN 45-49 *****

1	Thomas Hunt	M 47	SOS	3:10.43
2	Bob Jones	M 46	LANS	3:11.27
3	Dennis McManus	M 47	SOS	3:21.72
4	Rob Montre	M 46	DRY	3:24.62

***** MEN 50-54 *****

1	Doug Markusic	M 52	BCYM	3:15.09
2	Bill Plashnik	M 54	HYDR	3:48.33

***** MEN 60-64 *****

1	John Ries	M 63	MIDL	3:45.37
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***** MEN 65-69 *****

1	Charles Moss	M 66	MIDL	3:25.24
2	Jae Birch	M 66	BCYM	4:53.35

***** MEN 70-74 *****

1	Robert Doud	M 71	BCYM	5:43.10
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TOTAL SCORES - CRESCENDO

***** MEN 19-24 *****

1	John Schupa	M 19	BAM	10:13.82
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***** MEN 30-34 *****

1	Tom Lynch	M 30	OHMI	10:26.67
2	William Eagan	M 32	FAST	19:57.32
3	Eric Shirley	M 32	FAST	20:02.32

***** MEN 35-39 *****

1	Doug Williams	M 36	KAZO	9:51.18
2	Donald Law	M 38	MIDL	10:28.26
3	F. J. Kelly	M 38	FLY	20:07.73

***** MEN 40-44 *****

1	William Reid	M 44	JAMS	9:07.10
2	Don Asselin	M 40	MM	9:57.49
3	Victor Locke	M 41	GRIN	10:12.13
4	Bill Fahey	M 42	MAC	13:03.61
5	David Smith	M 40	MM	14:01.61
6	Scot Schwartz	M 43	LANS	22:43.54
7	Zane Chwastek	M 44	LAPS	25:05.84
8	Paul Wright	M 40	FAST	32:52.44

***** MEN 45-49 *****

1	Thomas Moyer	M 46	OHMI	9:36.83
2	Steven Seligson	M 47	JCC	10:50.35
3	Gerald Fish	M 48	MM	11:08.95

***** MEN 50-54 *****

1	Paul Chaffee	M 52	MM	11:07.42
2	Bill Keller	M 54	LANS	22:18.84

***** MEN 55-59 *****

1	Albert Morley	M 57	BCYM	11:17.69
2	Phil Hillberg	M 57	LANS	12:33.18

***** MEN 60-64 *****

1	James Garvin	M 60	SWOM	11:19.02
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***** MEN 65-69 *****

1	Don Korten	M 68	BCYM	12:11.85
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***** MEN 70-74 *****

1	Donald May	M 73	BCYM	17:17.74
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JACKSON RESULTS

FINAL RESULTS

1995 Jackson Masters Swimming Meet
January 29, 1995 25 Yards

Event # 1 M/F 200 Yard Medley Relay

WOMEN...	WOMEN...	WOMEN...	WOMEN...
1	Midland	F 200+ MIDL	3:03.51
	Merlyn Ewbank	F 75, Ilene McIntosh	F 47
	Kathy Vitu	F 41, Suzanne Swanton	F55

MEN.....MEN.....MEN.....MEN

1	Friends Only	M 120+ MM	2:12.48
	Travis Vivian	M 19, Tom Reigel	M 64
	Tim Clore	M 34, Don Asselin	M 40
2	JCC	M 120+ JCC	2:31.30
	Jeff Levitt	M 36, Mark Gruskin	M 40
	Steven Seligson	M47, G. Chandler	M 35

1	OWOSSO	M 160+ OWSO	2:16.47
	Rick Willis	M 31, Jerry Fish	M 48
	Chris Bouck	M 41, David Smith	M 40

Event # 17 MIXED 200 Yard Medley Relay

1	OHMI "A"	M 120+ OHMI	2:11.57
	Beverly Myers	F 59, Fredericka Rapp	F50
	Donald Kroeger	M 51, Thomas Moyer	M 47
2	SOO Masters	M 120+ SOO	2:13.33
	Wendy Clute	F 23, Jane MacRae	F 27
	Bill Park	M 42, Eric Piscopo	M 42
3	WW 2	M 120+ WW	2:21.15
	Terry McKeon	M 25, Steve Mustac	M 48
	Barb O'Neill	F 32, Jennifer Yee	F 30
4	WW 3	M 120+ WW	2:25.80
	Lesli Hapak	F 31, Jerry Tan	M 36
	Ron Gelinas	M 57, Lauren Yee	F 32
5	WW	M 120+ WW	2:33.35
	Fay Yee	F 61, Bill Davis	M 37
	Ian Dawson	M 26, Alyson Gray	F 24

1	LANSING	M 160+ LANS	2:29.05
	Phil Hillberg	M 57, Bill Keller	M 54
	Wally Dobler	M 61, Kelly Wolgamott	F27
2	JCC	M 160+ JCC	2:33.95
	Tamar Wekselblatt	F 22, Richard Gale	M 71
	Dawn Hewitt	F 29, Curt Norman	M 43

1	OHMI	M 200+ OHMI	2:33.95
	Beverly Myers	F 59, Fredericka Rapp	F50
	Donald Kroeger	M 51, Thomas Moyer	M 47

Event # 14 M/F 400 Yard Free Relay

MEN.....MEN.....MEN.....MEN			
1	JCC	M 120+ JCC	4:30.79
	Jeff Levitt M 36, Ricardo Schaffren M 28		
	Mark Gruskin M 40, G. Chandler M 35		

1	Owosso	M 160+ OWSO	4:27.62
	Paul Chaffee	M 52, Rick Willis	M 31
	Jerry Fish	M 48, David Smith	M 40

Event # 18 MIXED 400 Yard Free Relay

1	Wave Runners	M 100+ WW	4:07.85
	Lesli Hapak	F 31, Terry McKeon	M 25
	Lauren Yee	F 32, Ian Dawson	M 26

1	SOO Masters	M 120+ SOO	4:30.16
	Jane MacRae	F 27, Wendy Clute	F 23
	Eric Piscopo	M 42, Bill Park	M 42

1	OHMI	M 200+ OHMI	4:46.95
	Beverly Myers	F 59, Fredericka Rapp	F50
	Donald Kroeger	M 51, Thomas Moyer	M 47

FLINT "THANKSGIVING TUNE-UP"

***** WOMEN 19 - 24 *****

50 YARDS FREESTYLE
1. FISH, JAMIE 19 :30.95
100 YARDS BACKSTROKE
1. FISH, JAMIE 19 1:23.23

***** WOMEN 25 - 29 *****

1000 YARDS FREESTYLE
1. CAROSI, SANDRA 28 12:40.69
2. JOITKE, REBECCA 27 13:12.38
200 YARDS FREESTYLE
1. MacRAE, JANE 26 2:21.34
100 YARDS FREESTYLE
1. REIN, SUZANNE 27 1:13.04
50 YARDS FREESTYLE
1. REIN, SUZANNE 27 :31.44
200 YARDS OPEN
1. MacRAE, JANE 26 2:53.96 (BR)
2. CAROSI, SANDRA 28 3:02.05 (BR)
50 YARDS BACKSTROKE
1. CAROSI, SANDRA 28 :40.58
100 YARDS BREASTSTROKE
1. MacRAE, JANE 26 1:18.85
2. CAROSI, SANDRA 28 1:27.50
50 YARDS BREASTSTROKE
1. JOITKE, REBECCA 27 :39.44
100 YARDS BUTTERFLY
1. MacRAE, JANE 26 1:18.41

***** WOMEN 35 - 39 *****

100 YARDS FREESTYLE
1. PASCOE, AMY 39 1:10.98
2. BLOESE, SARALEE 37 1:20.43
50 YARDS FREESTYLE
1. PASCOE, AMY 39 :31.65
100 YARDS BACKSTROKE
1. PASCOE, AMY 39 1:31.67
50 YARDS BUTTERFLY
1. PASCOE, AMY 39 :36.13

***** WOMEN 40 - 44 *****

200 YARDS FREESTYLE
1. DUMMER, GAIL 44 3:23.75
50 YARDS FREESTYLE
1. BARRY, CATHY 41 :32.20
2. DUMMER, GAIL 44 :36.55
3. GUELLETTE, JANE 42 :40.94
200 YARDS OPEN
1. VITU, KATHY 41 3:28.00 (BR)
2. DUMMER, GAIL 44 3:38.03 (IM)
3. GUELLETTE, JANE 42 3:48.64 (BR)

50 YARDS BACKSTROKE

1. BARRY, CATHY 41 :41.57
2. PEARSON, KAREN 43 :44.56
3. VITU, KATHY 41 :46.59
4. GUELLETTE, JANE 42 :51.92

100 YARDS BREASTSTROKE

1. VITU, KATHY 41 1:35.67
2. GUELLETTE, JANE 42 1:41.03

50 YARDS BREASTSTROKE

1. BARRY, CATHY 41 :42.86
2. VITU, KATHY 41 :44.55
3. DUMMER, GAIL 44 :46.57
4. GUELLETTE, JANE 42 :46.58

50 YARDS BUTTERFLY

1. VITU, KATHY 41 :41.04
2. PEARSON, KAREN 43 :42.13

***** WOMEN 45 - 49 *****

200 YARDS FREESTYLE
1. HIRR, PATRICE 45 2:43.01

***** WOMEN 50 - 54 *****

200 YARDS FREESTYLE
1. RHUDY, CAROL 52 3:28.87
100 YARDS BACKSTROKE
1. RHUDY, CAROL 52 1:51.51
100 YARDS BREASTSTROKE
1. RHUDY, CAROL 52 1:48.28

***** WOMEN 55 - 59 *****

1000 YARDS FREESTYLE
1. HALL, PRUDENCE 56 16:11.77
2. THIELEN, SALLY 56 20:48.10
200 YARDS FREESTYLE
1. HALL, PRUDENCE 56 2:58.41
2. STRALEY, SUE 58 3:07.15
3. THIELEN, SALLY 56 3:43.54
100 YARDS FREESTYLE
1. HALL, PRUDENCE 56 1:23.43
2. STRALEY, SUE 58 1:23.48
3. PRIEST, PAT 58 1:31.97
4. THIELEN, SALLY 56 1:38.67

50 YARDS FREESTYLE

1. HALL, PRUDENCE 56 :37.11
2. PRIEST, PAT 58 :39.33
3. THIELEN, SALLY 56 :41.81
4. REIN, MARLENE 58 :49.47

200 YARDS OPEN

1. DALEY, SHIRLEY 58 3:44.84 (BA)
2. HALL, PRUDENCE 56 3:48.28 (BR)

100 YARDS BACKSTROKE

1. STRALEY, SUE 58 1:35.82
2. PRIEST, PAT 58 1:39.41
3. DALEY, SHIRLEY 58 1:40.74

50 YARDS BACKSTROKE

1. DALEY, SHIRLEY 58 :51.26
100 YARDS BREASTSTROKE
1. STRALEY, SUE 58 1:43.38
2. DALEY, SHIRLEY 58 1:50.13
50 YARDS BREASTSTROKE
1. DALEY, SHIRLEY 58 :51.26

***** WOMEN 60 - 64 *****

200 YARDS OPEN
1. SMITH, IDA 61 3:17.36 (FR)
50 YARDS FREESTYLE
1. SMITH, IDA 61 :43.57
2. CLARK, MARY 61 :57.84
50 YARDS BACKSTROKE
1. CLARK, MARY 61 :57.11
50 YARDS BACKSTROKE
1. SMITH, IDA 61 :44.92
50 YARDS BUTTERFLY
1. SMITH, IDA 61 :45.42

***** MEN 25 - 29 *****

1000 YARDS FREESTYLE
1. SCHARDT, THOMAS 27 12:06.73
2. BELL, MICHAEL 26 12:06.88
3. FOSTER, BRET 25 16:36.92
200 YARDS FREESTYLE
1. FOSTER, BRET 25 2:51.61
100 YARDS FREESTYLE
1. SCHARDT, THOMAS 27 :56.16
2. FOSTER, BRET 25 1:11.03
50 YARDS FREESTYLE
1. BELL, MICHAEL 26 :23.50
2. FOSTER, BRET 25 :30.45
3. TAFT, GREG 25 :30.56
200 YARDS OPEN
1. BELL, MICHAEL 26 2:21.75 (BA)
100 YARDS BACKSTROKE
1. SCHARDT, THOMAS 27 1:05.80
50 YARDS BACKSTROKE
1. BELL, MICHAEL 26 :28.47
2. SCHARDT, THOMAS 27 :29.51
100 YARDS BREASTSTROKE
1. TAFT, GREG 25 1:24.85
50 YARDS BREASTSTROKE
1. TAFT, GREG 25 :36.73
50 YARDS BUTTERFLY
1. BELL, MICHAEL 26 :26.65
2. SCHARDT, THOMAS 27 :29.55

***** MEN 30 - 34 *****

1000 YARDS FREESTYLE
1. HOTTA, MARK-TAMI 34 13:16.08

100 YARDS FREESTYLE

1. SHIRLEY, ERIC 32 :54.64
2. LYNCH, TOM 30 1:01.21

50 YARDS FREESTYLE

1. SHIRLEY, ERIC 32 :25.00
2. HOTTA, MARK-TAMI 34 :25.68

200 YARDS OPEN

1. HOTTA, MARK-TAMI 34 2:34.70 (IM)

100 YARDS BACKSTROKE

1. LYNCH, TOM 30 1:24.61

100 YARDS BREASTSTROKE

1. ELLIOTT, JOEL 31 1:11.30

2. LYNCH, TOM 30 1:19.38

100 YARDS BUTTERFLY

1. LYNCH, TOM 30 1:24.68

50 YARDS BUTTERFLY

1. SHIRLEY, ERIC 32 :27.90
2. HOTTA, MARK-TAMI 34 :30.04

***** MEN 35 - 39 *****

1000 YARDS FREESTYLE

1. LAW, DON 38 13:54.31
2. WRIGHT, PAUL 39 14:59.69
3. SHIRLEY, ERIC 32 16:00.53

200 YARDS FREESTYLE

1. KELLY, E. J. 38 2:11.38
2. LAW, DON 38 2:25.63

100 YARDS FREESTYLE

1. KELLY, E. J. 38 :59.98
2. LAW, DON 38 1:06.16

50 YARDS FREESTYLE

1. KELLY, E. J. 38 :26.74
2. LAW, DON 38 :30.53

50 YARDS BACKSTROKE

1. KELLY, E. J. 38 :33.58
2. WRIGHT, PAUL 39 :42.09

100 YARDS BREASTSTROKE

1. WRIGHT, PAUL 39 1:15.71

50 YARDS BREASTSTROKE

1. WRIGHT, PAUL 39 :34.68

***** MEN 40 - 44 *****

200 YARDS FREESTYLE

1. BROCKHAHN, LEONARD 44 2:07.38

100 YARDS FREESTYLE

1. BROCKHAHN, LEONARD 44 1:00.81
2. SMITH, DAVID 40 1:23.18

50 YARDS FREESTYLE

1. KIMBALL, LARRY 44 :25.93

100 YARDS BACKSTROKE

1. CHANEY, RICHARD 44 1:09.21

50 YARDS BACKSTROKE

1. CHANEY, RICHARD 44 :31.38
2. DRESDEN, ROGER 43 :36.98
3. SZARFRAN, CHARLES 40 :42.14

100 YARDS BREASTSTROKE
 1. SZARFRAN, CHARLES 40 1:19.43
 50 YARDS BREASTSTROKE
 1. SZARFRAN, CHARLES 40 :35.72
 2. CHANEY, RICHARD 44 :38.01
 100 YARDS BUTTERFLY
 1. BROCKHAHN, LEONARD 44 1:02.50
 50 YARDS BUTTERFLY
 1. KIMBALL, LARRY 44 :27.95
 2. CHANEY, RICHARD 44 :31.24

***** MEN 45 - 49 *****

1000 YARDS BUTTERFLY
 1. SELIGSON, STEVEN 47 17:56.92
 200 YARDS FREESTYLE
 1. FISH, GERALD 48 2:29.86
 2. FORTUNE, RICHARD 47 2:33.65
 3. SELIGSON, STEVEN 47 2:35.94
 100 YARDS FREESTYLE
 1. FISH, GERALD 48 1:02.24
 2. SELIGSON, STEVEN 47 1:09.54
 50 YARDS FREESTYLE
 1. FISH, GERALD 48 :26.78
 2. RICHARDSON, JON 45 :30.28
 200 YARDS OPEN
 1. FORTUNE, RICHARD 47 2:51.59 (IM)
 100 YARDS BUTTERFLY
 1. FORTUNE, RICHARD 47 1:11.68
 50 YARDS BUTTERFLY
 1. FORTUNE, RICHARD 47 :32.12

***** MEN 50 - 54 *****

1000 YARDS FREESTYLE
 1. CHAFFEE, PAUL 52 15:16.27
 200 YARDS FREESTYLE
 1. CHAFFEE, PAUL 52 2:34.20
 2. KELLER, BILL 54 3:32.74
 100 YARDS FREESTYLE
 1. CHAFFEE, PAUL 52 1:04.33
 2. RUNCIMAN, GEORGE 52 1:18.37
 50 YARDS FREESTYLE
 1. CHAFFEE, PAUL 52 :28.27
 2. RUNCIMAN, GEORGE 52 :32.80
 3. KELLER, BILL 54 :38.15
 100 YARDS BREASTSTROKE
 1. RUNCIMAN, GEORGE 52 1:48.28
 2. KELLER, BILL 54 1:53.97
 50 YARDS BREASTSTROKE
 1. RUNCIMAN, GEORGE 52 :36.73
 50 YARDS BUTTERFLY
 1. RUNCIMAN, GEORGE 52 :33.15
 2. CHAFFEE, PAUL 52 :36.50

***** MEN 55 - 59 *****

200 YARDS FREESTYLE
 1. HILLBERG, PHIL 57 2:58.55
 100 YARDS FREESTYLE
 1. HILLBERG, PHIL 57 1:19.81
 50 YARDS FREESTYLE
 1. HILLBERG, PHIL 57 :35.25
 100 YARDS BACKSTROKE
 1. HILLBERG, PHIL 57 1:36.78
 50 YARDS BACKSTROKE
 1. HILLBERG, PHIL 57 :43.73

***** MEN 60 - 64 *****

200 YARDS FREESTYLE
 1. DOBLER, WALLY 60 2:30.66
 100 YARDS BACKSTROKE
 1. DOBLER, WALLY 60 1:20.64
 50 YARDS BUTTERFLY
 1. WALLY, DOBLER 60 :29.72

***** MEN 60 - 65 *****

200 YARDS FREESTYLE
 1. KORTEN, DON 67 2:53.19
 200 YARDS OPEN
 1. KORTEN, DON 67 3:33.54 (IM)
 100 YARDS BACKSTROKE
 1. MOSS, CHARLES 66 1:18.94
 2. KORTEN, DON 67 1:34.16
 100 YARDS BREASTSTROKE
 1. KORTEN, DON 67 1:44.79
 100 YARDS BUTTERFLY
 1. MOSS, CHARLES 66 1:15.42
 2. KORTEN, DON 67 1:42.71
 50 YARDS BUTTERFLY
 1. MOSS, CHARLES 66 :33.14

***** MEN 70 - 74 *****

1000 YARDS FREESTYLE
 1. EVANS, RICHARD 70 20:01.02
 2. MAY, DONALD 73 23:32.65
 200 YARDS FREESTYLE
 1. EVANS, RICHARD 70 3:39.75
 2. MAY, DONALD 73 3:58.12
 100 YARDS FREESTYLE
 1. MAY, DONALD 73 1:42.72
 50 YARDS FREESTYLE
 1. BLANCHARD, WAYNE 72 :39.03
 2. EVANS, RICHARD 70 :41.46
 3. SILVER, RALPH 72 :46.25
 50 YARDS BACKSTROKE
 1. MAY, DONALD 73 1:01.60
 100 BREASTSTROKE
 1. GALE, RICHARD 71 1:54.29
 2. MAY, DONALD 73 2:33.79

50 YARDS BREASTSTROKE

1. GALE, RICHARD 71 :51.08
 2. SILVER, RALPH 72 :54.92
 100 YARDS BUTTERFLY
 1. EVANS, RICHARD 70 1:57.59
 50 YARDS BUTTERFLY
 1. EVANS, RICHARD 70 :49.62

***** MEN 75 - 79 *****

200 YARDS FREESTYLE
 1. MORNINGSTAR, HAM 77 3:30.29
 100 YARDS FREESTYLE
 1. MORNINGSTAR, HAM 77 1:30.75
 50 YARDS FREESTYLE
 1. MORNINGSTAR, HAM 77 :36.54
 50 YARDS BACK STROKE
 1. MORNINGSTAR, HAM 77 1:14.82
 50 BREASTSTROKE
 1. MORNINGSTAR, HAM 77 1:19.35

200 YARD MEDLEY RELAYS

***** WOMEN 120+ *****

1. PASCOE, AMY 39 2:38.41
 STRALEY, SUE 58
 PEARSON, KAREN 43
 GUELLETTE, JANE 42

***** MEN 120+ *****

1. HOTTA, MARK-TAMI 34 2:02.45
 WRIGHT, PAUL 39
 SHIRLEY, ERIC 32
 LYNCH, TOM 30
 2. FISH, JAMIE 19 2:28.86
 FISH, JERRY 48
 CHAFFEE, PAUL 52
 SMITH, DAVE 40

***** MEN 160+ *****

1. KELLY, E. J. 38 2:02.94
 CHANEY, RICHARD 44
 KIMBALL, LARRY 44
 BROCKHAHN, LEONARD 44

***** MIXED 240+ *****

1. PASCOE, AMY 39 2:58.02
 PREIST, PAT 58
 GALE, RICHARD 71
 SILVER, RALPH 72

4 x 100 YARD IM RELAYS

***** WOMEN 160+ *****

1. PEARSON, KAREN 43 6:22.47
 GUELLETTE, JANE 42
 PASCOE, AMY 39
 STRALEY, SUE 58

***** MEN 120+ *****

1. SHIRLEY, ERIC 32 4:40.13
 HOTTA, MARK-TAMI 34
 WRIGHT, PAUL 39
 BELL, MIKE 26

***** MEN 160+ *****

1. KELLY, E. J. 38 DO 4:47.28
 KIMBALL, LARRY 44
 CHANEY, RICHARD 44
 BROCKHAHN, LEONARD 44

200 YARD FREESTYLE RELAYS

***** WOMEN 160+ *****

1. BEIN, SUE 27 2:22.36
 PEARSON, KAREN 43
 BARRY, CATHY 41
 PRIEST, PAT 58

***** MEN 120+ *****

1. SHIRLEY, ERIC, 32 1:45.07
 HOTTA, MARK-TAMI 34
 WRIGHT, PAUL 39
 LYNCH, TOM 30
 2. BELL, MICHAEL 26 NT
 ARESDEN, ROGER 43
 SZARFRAN, CHUCK 40
 TAIT, GREG 25

***** MEN 160+ *****

1. KELLY, E. J. 38 1:45.31
 KIMBALL, LARRY 44
 CHANEY, RICHARD 44
 BROCKHAHN, LEONARD 44

***** MIXED 200+ *****

1. EVANS, DICK 70 2:14.96
 CAROSI, SANDY 28
 VITU, KATHY 41
 MOSS, CHARLES 66
 2. BLANCHARD, WAYNE 72 3:20.20
 CLARK, MARY 61
 SILVER, RALPH 72
 REIN, MARLENE 58

LANSING PENTATHLON/CRESCENDO RESULTS

FINAL RESULTS

LANSING MASTERS PENTATHLON AND FREESTYLE CRESCENDO DECEMBER 11, 1994 25 Yards

1

***** WOMEN 19-24 *****				
50 YARD BUTTERFLY				
1 THERESA FRANCO	F 19	MM	49.49	
50 YARD BACKSTROKE				
1 THERESA FRANCO	F 19	MM	44.84	
100 YARD FREESTYLE				
1 THERESA FRANCO	F 19	MM	1:17.90	
50 YARD FREESTYLE				
1 THERESA FRANCO	F 19	MM	32.83	
***** WOMEN 25-29 *****				
200 YARD FREESTYLE				
REBECCA JOITKE	F 27	SOS	SCR	
50 YARD BUTTERFLY				
1 KIMARIE FISH	F 25	MM	31.52	
2 KELLY WOLGAMOTT	F 27	LANS	33.32	
ANN FEARRIN	F 28	HYDR	SCR	
50 YARD BACKSTROKE				
1 KIMARIE FISH	F 25	MM	32.81	
2 KELLY WOLGAMOTT	F 27	LANS	34.34	
ANN FEARRIN	F 28	HYDR	SCR	
100 YARD FREESTYLE				
REBECCA JOITKE	F 27	SOS	SCR	
50 YARD BREASTSTROKE				
1 KIMARIE FISH	F 25	MM	39.61	
2 KELLY WOLGAMOTT	F 27	LANS	43.45	
ANN FEARRIN	F 28	HYDR	SCR	
50 YARD FREESTYLE				
1 KIMARIE FISH	F 25	MM	27.92	
2 KELLY WOLGAMOTT	F 27	LANS	29.64	
ANN FEARRIN	F 28	HYDR	SCR	
REBECCA JOITKE	F 27	SOS	SCR	
100 YARD IM				
1 KIMARIE FISH	F 25	MM	1:15.06	
2 KELLY WOLGAMOTT	F 27	LANS	1:15.82	
ANN FEARRIN	F 28	HYDR	SCR	
500 YARD FREESTYLE				
REBECCA JOITKE	F 27	SOS	SCR	
***** WOMEN 30-34 *****				
50 YARD BUTTERFLY				
1 CECILIA GABLE	F 31	SOS	35.67	
50 YARD BACKSTROKE				
1 CECILIA GABLE	F 31	SOS	39.44	
50 YARD BREASTSTROKE				
1 CECILIA GABLE	F 31	SOS	48.90	
50 YARD FREESTYLE				
1 CECILIA GABLE	F 31	SOS	31.37	

100 YARD IM				
1 CECILIA GABLE	F 31	SOS	1:25.57	
***** WOMEN 35-39 *****				
200 YARD FREESTYLE				
1 CYNTHIA WRIGHT	F 36	LANS	2:26.84	
2 CAROL FLEMING	F 38	GRIN	2:30.42	
3 AMY PASCOE	F 39	FLY	2:41.93	
100 YARD FREESTYLE				
1 CYNTHIA WRIGHT	F 36	LANS	1:07.50	
2 CAROL FLEMING	F 38	GRIN	1:07.84	
3 AMY PASCOE	F 39	FLY	1:09.83	
50 YARD FREESTYLE				
1 AMY PASCOE	F 39	FLY	31.03	
2 CAROL FLEMING	F 38	GRIN	31.42	
3 CYNTHIA WRIGHT	F 36	LANS	32.03	
500 YARD FREESTYLE				
1 CYNTHIA WRIGHT	F 36	LANS	6:30.26	
2 CAROL FLEMING	F 38	GRIN	6:58.75	
***** WOMEN 40-44 *****				
50 YARD BUTTERFLY				
1 GAIL DUMMER	F 44	LANS	39.16	
2 KATHY VITU	F 41	MIDL	39.38	
3 JANE GUELETTE	F 42	LAPS	56.04	
50 YARD BACKSTROKE				
1 KATHY VITU	F 41	MIDL	44.55	
2 GAIL DUMMER	F 44	LANS	44.60	
3 JANE GUELETTE	F 42	LAPS	48.95	
100 YARD FREESTYLE				
1 KATHLEEN GRANT	F 44	LANS	1:32.25	
50 YARD BREASTSTROKE				
1 KATHY VITU	F 41	MIDL	43.68	
2 JANE GUELETTE	F 42	LAPS	45.09	
3 GAIL DUMMER	F 44	LANS	45.27	
4 KATHLEEN GRANT	F 44	LANS	51.21	
50 YARD FREESTYLE				
1 KATHY VITU	F 41	MIDL	35.03	
2 GAIL DUMMER	F 44	LANS	36.79	
3 KATHLEEN GRANT	F 44	LANS	38.82	
4 JANE GUELETTE	F 42	LAPS	39.80	
100 YARD IM				
1 KATHY VITU	F 41	MIDL	1:29.86	
2 GAIL DUMMER	F 44	LANS	1:32.19	
3 JANE GUELETTE	F 42	LAPS	1:45.87	
***** WOMEN 45-49 *****				
200 YARD FREESTYLE				
HELYNNE SCHANK	F 48	LAPS	SCR	

FINAL RESULTS

LANSING MASTERS PENTATHLON AND FREESTYLE CRESCENDO DECEMBER 11, 1994 25 Yards

2

100 YARD FREESTYLE				
HELYNNE SCHANK	F 48	LAPS	SCR	
50 YARD FREESTYLE				
HELYNNE SCHANK	F 48	LAPS	SCR	
500 YARD FREESTYLE				
HELYNNE SCHANK	F 48	LAPS	SCR	
***** WOMEN 50-54 *****				
50 YARD BUTTERFLY				
1 FREDERICKA RAPP	F 50	MM	39.99	
50 YARD BACKSTROKE				
1 FREDERICKA RAPP	F 50	MM	42.98	
50 YARD BREASTSTROKE				
1 FREDERICKA RAPP	F 50	MM	48.77	
50 YARD FREESTYLE				
1 FREDERICKA RAPP	F 50	MM	34.10	
100 YARD IM				
1 FREDERICKA RAPP	F 50	MM	1:27.41	
***** WOMEN 55-59 *****				
200 YARD FREESTYLE				
1 PRUDENCE HALL	F 56	OHIO	2:55.53	
2 PATRCIA PRIEST	F 58	LAPS	3:28.38	
50 YARD BUTTERFLY				
1 BEVERLY MYERS	F 59	OHMI	37.13	
2 SUE STRALEY	F 58	FLY	47.37	
50 YARD BACKSTROKE				
1 BEVERLY MYERS	F 59	OHMI	38.54	
2 SUE STRALEY	F 58	FLY	45.01	
3 PATRCIA PRIEST	F 58	LAPS	46.19	
100 YARD FREESTYLE				
1 PRUDENCE HALL	F 56	OHIO	1:20.49	
2 PATRCIA PRIEST	F 58	LAPS	1:30.16	
50 YARD BREASTSTROKE				
1 BEVERLY MYERS	F 59	OHMI	43.01	
2 SUE STRALEY	F 58	FLY	46.71	
50 YARD FREESTYLE				
1 BEVERLY MYERS	F 59	OHMI	33.80	
2 SUE STRALEY	F 58	FLY	36.01	
3 PRUDENCE HALL	F 56	OHIO	36.55	
4 PATRCIA PRIEST	F 58	LAPS	38.62	
100 YARD IM				
1 BEVERLY MYERS	F 59	OHMI	1:23.23	
2 SUE STRALEY	F 58	FLY	1:33.52	
3 PRUDENCE HALL	F 56	OHIO	1:37.30	
500 YARD FREESTYLE				
1 PRUDENCE HALL	F 56	OHIO	7:39.22	

***** WOMEN 70-74 *****

50 YARD BUTTERFLY				
1 LOIS NOCHMAN	F 70	SOS	44.63	
50 YARD BACKSTROKE				
1 LOIS NOCHMAN	F 70	SOS	48.80	
50 YARD BREASTSTROKE				
1 LOIS NOCHMAN	F 70	SOS	52.71	
50 YARD FREESTYLE				
1 LOIS NOCHMAN	F 70	SOS	39.52	
100 YARD IM				
1 LOIS NOCHMAN	F 70	SOS	1:41.21	
***** WOMEN 75-79 *****				
200 YARD FREESTYLE				
1 MERLYN EWBANK	F 75	MIDL	3:51.51	
2 MARTHA FORSTER	F 77	BCYM	6:01.09	
RUTH HILDEBRAND	F 78	BCYM	SCR	
50 YARD BUTTERFLY				
1 EDITH GLUSAC	F 76	SOS	1:10.84	
50 YARD BACKSTROKE				
1 EDITH GLUSAC	F 76	SOS	57.92	
100 YARD FREESTYLE				
1 MERLYN EWBANK	F 75	MIDL	1:50.96	
2 MARTHA FORSTER	F 77	BCYM	2:56.38	
RUTH HILDEBRAND	F 78	BCYM	SCR	
50 YARD BREASTSTROKE				
1 EDITH GLUSAC	F 76	SOS	58.77	
50 YARD FREESTYLE				
1 MERLYN EWBANK	F 75	MIDL	47.57	
2 EDITH GLUSAC	F 76	SOS	51.60	
3 MARTHA FORSTER	F 77	BCYM	1:16.36	
RUTH HILDEBRAND	F 78	BCYM	SCR	
100 YARD IM				
1 EDITH GLUSAC	F 76	SOS	2:18.37	
500 YARD FREESTYLE				
1 MERLYN EWBANK	F 75	MIDL	10:16.75	
2 MARTHA FORSTER	F 77	BCYM	15:27.33	
RUTH HILDEBRAND	F 78	BCYM	SCR	

LANSING PENTATHLON/CRESCENDO RESULTS

FINAL RESULTS

LANSING MASTERS PENTATHLON AND FREESTYLE CRESCENDO DECEMBER 11, 1994 25 Yards

5

100 YARD FREESTYLE

1	GERALD FISH	M 48	MM	59.26
2	THOMAS MOYER	M 46	OHMI	1:04.08
3	STEVEN SELIGSON	M 47	JCC	1:07.04
	BRUCE ALLEN	M 47	OHIO	SCR

50 YARD BREASTSTROKE

1	THOMAS HUNT	M 47	SOS	34.64
2	BOB JONES	M 46	LANS	36.49
3	BOB MONTIE	M 46	DRY	37.09
4	DENNIS MCMAHUS	M 47	SOS	37.38

50 YARD FREESTYLE

1	GERALD FISH	M 48	MM	26.27
2	BOB JONES	M 46	LANS	26.44
3	DENNIS MCMAHUS	M 47	SOS	26.46
4	THOMAS HUNT	M 47	SOS	27.20
5	BOB MONTIE	M 46	DRY	27.56
7	THOMAS MOYER	M 46	OHMI	29.64
8	JON RICHARDSON	M 45	UNAT	29.94
9	STEVEN SELIGSON	M 47	JCC	37.10
	BRUCE ALLEN	M 47	OHIO	SCR

100 YARD IM

1	THOMAS HUNT	M 47	SOS	1:07.22
2	BOB JONES	M 46	LANS	1:07.48
3	DENNIS MCMAHUS	M 47	SOS	1:12.00
4	BOB MONTIE	M 46	DRY	1:12.57

500 YARD FREESTYLE

1	THOMAS MOYER	M 46	OHMI	6:14.33
2	STEVEN SELIGSON	M 47	JCC	7:06.24
3	GERALD FISH	M 48	MM	7:16.43

***** MEN 50-54 *****

200 YARD FREESTYLE

1	PAUL CHAFFEE	M 52	MM	2:30.62
2	BILL KELLER	M 54	LANS	3:17.64

50 YARD BUTTERFLY

1	DOUG MARKUSIC	M 52	BCYM	30.17
2	BILL PTASHNIK	M 54	HYDR	33.13

50 YARD BACKSTROKE

1	DOUG MARKUSIC	M 52	BCYM	36.76
2	BILL PTASHNIK	M 54	HYDR	46.07

100 YARD FREESTYLE

1	PAUL CHAFFEE	M 52	MM	1:02.40
2	BILL KELLER	M 54	LANS	1:25.28

50 YARD BREASTSTROKE

1	DOUG MARKUSIC	M 52	BCYM	33.46
2	BILL PTASHNIK	M 54	HYDR	36.44
3	BILL KELLER	M 54	LANS	49.43

50 YARD FREESTYLE

1	BILL KELLER	M 54	LANS	29.40
6	DOUG MARKUSIC	M 52	BCYM	26.76
7	PAUL CHAFFEE	M 52	MM	27.88
8	BILL PTASHNIK	M 54	HYDR	31.26

100 YARD IM

1	DOUG MARKUSIC	M 52	BCYM	1:08.75
2	BILL PTASHNIK	M 54	HYDR	1:21.43

500 YARD FREESTYLE

1	PAUL CHAFFEE	M 52	MM	7:06.52
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***** MEN 55-59 *****

200 YARD FREESTYLE

1	ALBERT MORLEY	M 57	BCYM	2:35.95
2	PHIL HILLBERG	M 57	LANS	2:51.07

50 YARD BACKSTROKE

1	PHIL HILLBERG	M 57	LANS	43.42
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100 YARD FREESTYLE

1	ALBERT MORLEY	M 57	BCYM	1:08.01
2	PHIL HILLBERG	M 57	LANS	1:17.79

50 YARD FREESTYLE

1	ALBERT MORLEY	M 57	BCYM	31.97
2	PHIL HILLBERG	M 57	LANS	34.54

500 YARD FREESTYLE

1	ALBERT MORLEY	M 57	BCYM	7:01.76
2	PHIL HILLBERG	M 57	LANS	7:49.78

***** MEN 60-64 *****

200 YARD FREESTYLE

1	JAMES GARVIN	M 60	SWOM	2:33.62
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50 YARD BUTTERFLY

1	JOHN RIES	M 63	MIDL	35.44
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50 YARD BACKSTROKE

1	JOHN RIES	M 63	MIDL	40.82
2	NORM HOVIS	M 61	LAPS	52.10

100 YARD FREESTYLE

1	JAMES GARVIN	M 60	SWOM	1:08.46
2	NORM HOVIS	M 61	LAPS	1:35.25

50 YARD BREASTSTROKE

1	JOHN RIES	M 63	MIDL	41.04
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50 YARD FREESTYLE

1	JOHN RIES	M 63	MIDL	28.16
2	JAMES GARVIN	M 60	SWOM	30.41
3	NORM HOVIS	M 61	LAPS	38.71

100 YARD IM

1	JOHN RIES	M 63	MIDL	1:19.91
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500 YARD FREESTYLE

1	JAMES GARVIN	M 60	SWOM	7:06.53
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FINAL RESULTS

LANSING MASTERS PENTATHLON AND FREESTYLE CRESCENDO DECEMBER 11, 1994 25 Yards

6

***** MEN 65-69 *****

200 YARD FREESTYLE

1	DON KORTEN	M 68	BCYM	2:46.97
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50 YARD BUTTERFLY

1	CHARLES MOSS	M 66	MIDL	31.81
2	JAE BIRCH	M 66	BCYM	43.35

50 YARD BACKSTROKE

1	CHARLES MOSS	M 66	MIDL	36.01
2	JAE BIRCH	M 66	BCYM	44.40

100 YARD FREESTYLE

1	DON KORTEN	M 68	BCYM	1:15.80
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50 YARD BREASTSTROKE

1	CHARLES MOSS	M 66	MIDL	35.83
2	JAE BIRCH	M 66	BCYM	1:04.87

50 YARD FREESTYLE

1	CHARLES MOSS	M 66	MIDL	28.65
2	JAE BIRCH	M 66	BCYM	37.15
3	DON KORTEN	M 68	BCYM	37.49

100 YARD IM

1	CHARLES MOSS	M 66	MIDL	1:12.94
2	JAE BIRCH	M 66	BCYM	1:43.58

500 YARD FREESTYLE

1	DON KORTEN	M 68	BCYM	7:31.59
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***** MEN 70-74 *****

200 YARD FREESTYLE

1	DONALD MAY	M 73	BCYM	3:55.83
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50 YARD BUTTERFLY

1	ROBERT DOUD	M 71	BCYM	55.15
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50 YARD BACKSTROKE

1	ROBERT DOUD	M 71	BCYM	1:01.53
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100 YARD FREESTYLE

1	DONALD MAY	M 73	BCYM	1:39.29
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50 YARD BREASTSTROKE

1	ROBERT DOUD	M 71	BCYM	58.83
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50 YARD FREESTYLE

1	ROBERT DOUD	M 71	BCYM	41.26
2	DONALD MAY	M 73	BCYM	41.64

100 YARD IM

1	ROBERT DOUD	M 71	BCYM	2:06.33
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500 YARD FREESTYLE

1	DONALD MAY	M 73	BCYM	11:00.98
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TOTAL SCORES - PENTATHLON

***** WOMEN 25-29 *****

1	Kimarie Fish	F 25	MM	3:26.92
2	Kelly Wolgamott	F 27	LANS	3:36.57

***** WOMEN 30-34 *****

1	Cecilia Gable	F 31	SOS	4:00.95
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***** WOMEN 40-44 *****

1	Kathy Vitu	F 41	MIDL	4:12.50
2	Gail Dummer	F 44	LANS	4:18.01
3	Jane Guelette	F 42	LAPS	4:55.75

***** WOMEN 50-54 *****

1	Fredricka Rapp	F 50	MM	4:13.25
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***** WOMEN 55-59 *****

1	Beverly Myers	F 59	OHMI	3:55.71
2	Sue Straley	F 58	FLY	4:28.62

***** WOMEN 70-74 *****

1	Lots Hochman	F 70	SOS	4:46.87
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***** WOMEN 75-79 *****

1	Edith Glusac	F 76	SOS	6:17.50
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TOTAL SCORES - CRESCENDO

***** WOMEN 35-39 *****

1	Cynthia Wright	F 36	LANS	10:36.63
2	Carol Fleming	F 38	GRIN	11:08.47
3	Amy Pasco	F 39	FLY	21:21.58

***** WOMEN 55-59 *****

1	Prudence Hall	F 56	OHIO	12:31.79
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***** WOMEN 75-79 *****

1	Merlyn Iwbank	F 75	MIDL	16:46.79
2	Martha Forster	F 77	BCYM	25:41.16

TOTAL SCORES - PENTATHLON

***** MEN 19-24 *****

1	Jason Fish	M 22	MM	3:00.35
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***** MEN 25-29 *****

1	Michael Bell	M 26	SVLV	2:57.30
2	Thomas Shardt	M 27	OHMI	3:05.91

***** MEN 30-34 *****

1	Mark Tami-Hotta	M 34	FAST	3:05.33
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JACKSON MEET RESULTS

FINAL RESULTS

1995 Jackson Masters Swimming Meet
January 29, 1995 25 Yards

1

***** WOMEN 19-24 *****				
50 Yard Freestyle				
1 Leslie Blackburn	F 24	FAST	29.29	
2 Alyson Gray	F 24	WW	31.09	
100 Yard Freestyle				
1 Wendy Clute	F 23	SOO	1:06.12	
2 Alyson Gray	F 24	WW	1:09.91	
200 Yard Freestyle				
1 Amie Lewis	F 23	HYDR	2:23.31	
50 Yard Backstroke				
1 Leslie Blackburn	F 24	FAST	34.34	
2 Wendy Clute	F 23	SOO	35.72	
3 Tamar Wekselblatt	F 22	JCC	35.89	
100 Yard Backstroke				
1 Leslie Blackburn	F 24	FAST	1:12.91	
2 Amie Lewis	F 23	HYDR	1:17.68	
3 Tamar Wekselblatt	F 22	JCC	1:18.79	
200 Yard Backstroke				
1 Tamar Wekselblatt	F 22	JCC	2:50.14	
Wendy Clute	F 23	SOO	SCR	
50 Yard Breaststroke				
1 Wendy Clute	F 23	SOO	40.15	
2 Alyson Gray	F 24	WW	45.27	
100 Yard Breaststroke				
1 Amie Lewis	F 23	HYDR	1:20.55	
200 Yard Individual Medley				
1 Amie Lewis	F 23	HYDR	2:36.65	
2 Wendy Clute	F 23	SOO	2:50.73	
3 Tamar Wekselblatt	F 22	JCC	2:59.08	
4 Leslie Blackburn	F 24	FAST	3:00.22	
***** WOMEN 25-29 *****				
50 Yard Freestyle				
1 Ann Fearrin	F 28	HYDR	28.95	
2 Kelly Wolgamott	F 27	LANS	29.14	
3 Christine Purdy	F 28	HYDR	29.58	
100 Yard Freestyle				
1 Shelly Schafer	F 28	UNAT	58.78	
2 Ann Fearrin	F 28	HYDR	1:05.51	
3 Christine Purdy	F 28	HYDR	1:07.07	
200 Yard Freestyle				
1 Shelly Schafer	F 28	UNAT	2:05.92	
2 Jane MacRae	F 27	SOO	2:21.99	
3 Kelly Wolgamott	F 27	LANS	2:24.89	
4 Christine Purdy	F 28	HYDR	2:36.71	
1650 Yard Freestyle				
1 Shelly Schafer	F 28	UNAT	18:37.85	

50 Yard Backstroke				
1 Dawn Hewitt	F 29	JCC	31.46	
2 Ann Fearrin	F 28	HYDR	35.03	
3 Christine Purdy	F 28	HYDR	40.72	
100 Yard Backstroke				
1 Dawn Hewitt	F 29	JCC	1:08.11	
200 Yard Backstroke				
1 Dawn Hewitt	F 29	JCC	2:21.49	
50 Yard Breaststroke				
1 Jane MacRae	F 27	SOO	35.73	
2 Ann Fearrin	F 28	HYDR	39.75	
100 Yard Breaststroke				
1 Jane MacRae	F 27	SOO	1:19.17	
50 Yard Butterfly				
1 Kelly Wolgamott	F 27	LANS	32.88	
200 Yard Individual Medley				
1 Dawn Hewitt	F 29	JCC	2:32.04	
2 Jane MacRae	F 27	SOO	2:39.55	
***** WOMEN 30-34 *****				
50 Yard Freestyle				
1 Lesli Hapak	F 31	WW	28.24	
2 Lauren Yee	F 32	WW	28.67	
3 Jennifer Yee	F 30	WW	34.97	
4 Beth Robinson	F 30	JCC	38.29	
5 Camille Waddell	F 33	LANS	40.97	
100 Yard Freestyle				
1 Lauren Yee	F 32	WW	1:04.33	
2 Beth Robinson	F 30	JCC	1:25.30	
200 Yard Freestyle				
1 Lesli Hapak	F 31	WW	2:23.69	
2 Barb O'Neill	F 32	WW	2:36.84	
3 Camille Waddell	F 33	LANS	3:20.39	
Beth Robinson	F 30	JCC	DQ	
1000 Yard Freestyle				
1 Beth Robinson	F 30	JCC	16:46.86	
50 Yard Backstroke				
1 Jennifer Yee	F 30	WW	SCR	
50 Yard Breaststroke				
1 Lauren Yee	F 32	WW	39.81	
2 Jennifer Yee	F 30	WW	42.20	
3 Camille Waddell	F 33	LANS	50.27	
100 Yard Breaststroke				
1 Lesli Hapak	F 31	WW	1:22.90	
2 Camille Waddell	F 33	LANS	1:48.38	
Jennifer Yee	F 30	WW	SCR	

FINAL RESULTS

1995 Jackson Masters Swimming Meet
January 29, 1995 25 Yards

2

200 Yard Breaststroke				
1 Lesli Hapak	F 31	WW	3:07.25	
50 Yard Butterfly				
1 Barb O'Neill	F 32	WW	30.27	
100 Yard Butterfly				
1 Barb O'Neill	F 32	WW	1:07.61	
200 Yard Individual Medley				
1 Lauren Yee	F 32	WW	2:50.59	
***** WOMEN 35-39 *****				
50 Yard Freestyle				
1 Carol Fleming	F 38	GRIN	32.57	
2 Jeanne Brickner	F 38	JAMS	34.26	
3 Shelly Wilson	F 35	JAMS	35.47	
100 Yard Freestyle				
1 Carol Fleming	F 38	GRIN	1:10.44	
2 Shelly Wilson	F 35	JAMS	1:18.02	
3 Jeanne Brickner	F 38	JAMS	1:19.48	
4 Leslie Yee	F 35	WW	1:22.24	
200 Yard Freestyle				
1 Carol Fleming	F 38	GRIN	2:33.85	
1000 Yard Freestyle				
1 Carol Fleming	F 38	GRIN	14:43.82	
2 Shelly Wilson	F 35	JAMS	17:08.55	
50 Yard Breaststroke				
1 Leslie Yee	F 35	WW	44.73	
50 Yard Butterfly				
1 Leslie Yee	F 35	WW	45.52	
***** WOMEN 40-44 *****				
50 Yard Freestyle				
1 Cassandra Garry	F 40	OHMI	30.87	
200 Yard Freestyle				
1 Cassandra Garry	F 40	OHMI	2:49.50	
50 Yard Breaststroke				
1 Cassandra Garry	F 40	OHMI	42.19	
2 Kathy Vitu	F 41	MIDL	42.66	
100 Yard Breaststroke				
1 Kathy Vitu	F 41	MIDL	1:33.06	
200 Yard Breaststroke				
1 Kathy Vitu	F 41	MIDL	3:28.30	
50 Yard Butterfly				
1 Kathy Vitu	F 41	MIDL	40.41	
100 Yard Butterfly				
Cassandra Garry	F 40	OHMI	SCR	
***** WOMEN 45-49 *****				
50 Yard Freestyle				
1 Ilene McIntosh	F 47	MIDL	38.20	
2 Genevieve Moyer	F 45	OHMI	54.56	

1000 Yard Freestyle				
1 Ilene McIntosh	F 47	MIDL	17:19.28	
2 Beverly Cornell	F 48	JAMS	17:28.30	
50 Yard Backstroke				
1 Beverly Cornell	F 48	JAMS	48.09	
100 Yard Backstroke				
1 Beverly Cornell	F 48	JAMS	1:45.94	
200 Yard Backstroke				
1 Beverly Cornell	F 48	JAMS	3:38.27	
50 Yard Breaststroke				
1 Ilene McIntosh	F 47	MIDL	45.73	
2 Genevieve Moyer	F 45	OHMI	56.86	
100 Yard Breaststroke				
1 Genevieve Moyer	F 45	OHMI	2:08.88	
200 Yard Breaststroke				
1 Genevieve Moyer	F 45	OHMI	4:42.23	
***** WOMEN 50-54 *****				
200 Yard Freestyle				
1 Fredericka Rapp	F 50	MM	3:59.24	
1000 Yard Freestyle				
1 Fredericka Rapp	F 50	MM	15:29.06	
100 Yard Backstroke				
1 Fredericka Rapp	F 50	MM	1:33.11	
200 Yard Individual Medley				
1 Fredericka Rapp	F 50	MM	3:14.99	
***** WOMEN 55-59 *****				
50 Yard Freestyle				
1 Beverly Myers	F 59	OHMI	33.80	
2 Suzanne Swanton	F 55	MIDL	43.09	
100 Yard Freestyle				
1 Suzanne Swanton	F 55	MIDL	1:35.05	
200 Yard Freestyle				
1 Suzanne Swanton	F 55	MIDL	3:25.69	
100 Yard Backstroke				
1 Suzanne Swanton	F 55	MIDL	1:55.25	
200 Yard Backstroke				
1 Beverly Myers	F 59	OHMI	3:13.65	
100 Yard Breaststroke				
1 Beverly Myers	F 59	OHMI	1:33.46	
100 Yard Butterfly				
1 Beverly Myers	F 59	OHMI	1:31.71	
***** WOMEN 60-64 *****				
50 Yard Freestyle				
1 Fay Yee	F 61	WW	46.32	
2 Esther Dalrymple	F 60	LANS	56.69	

JACKSON MEET RESULTS

FINAL RESULTS

50 Yard Backstroke				
1 Esther Dalrymple	F 60	LANS	1:20.56	
50 Yard Breaststroke				
1 Esther Dalrymple	F 60	LANS	1:25.54	
Fay Yee	F 61	WN	SCR	
100 Yard Breaststroke				
1 Fay Yee	F 61	WN	1:57.37	
200 Yard Breaststroke				
Fay Yee	F 61	WN	SCR	
***** WOMEN 70-74 *****				
200 Yard Freestyle				
1 Lois Nochman	F 70	SOS	3:16.06	
50 Yard Backstroke				
1 Lois Nochman	F 70	SOS	48.01	
100 Yard Breaststroke				
1 Lois Nochman	F 70	SOS	1:52.63	
100 Yard Butterfly				
1 Lois Nochman	F 70	SOS	1:45.41	
***** WOMEN 75-79 *****				
50 Yard Freestyle				
1 Martha Forster	F 77	BCYM	1:14.02	
100 Yard Freestyle				
1 Edith Glusac	F 76	SOS	2:07.20	
50 Yard Backstroke				
1 Martha Forster	F 77	BCYM	1:34.28	
100 Yard Backstroke				
1 Merlyn Ewbank	F 75	MM	2:07.54	
2 Martha Forster	F 77	BCYM	3:21.93	
200 Yard Backstroke				
1 Merlyn Ewbank	F 75	MM	4:23.78	
2 Martha Forster	F 77	BCYM	6:52.99	
50 Yard Breaststroke				
1 Edith Glusac	F 76	SOS	56.83	
200 Yard Breaststroke				
1 Edith Glusac	F 76	SOS	4:45.84	
50 Yard Butterfly				
1 Merlyn Ewbank	F 75	MM	1:03.16	
200 Yard Individual Medley				
1 Merlyn Ewbank	F 75	MM	4:29.04	
2 Edith Glusac	F 76	SOS	5:09.67	

FINAL RESULTS

***** MEN 19-24 *****				
50 Yard Freestyle				
1 Travis Vivian	M 19	MM	24.89	
100 Yard Freestyle				
1 Travis Vivian	M 19	MM	57.68	
50 Yard Backstroke				
1 Travis Vivian	M 19	MM	28.29	
***** MEN 25-29 *****				
50 Yard Freestyle				
1 Ian Dawson	M 26	WW	25.86	
2 Terry McKeon	M 25	WW	27.18	
100 Yard Freestyle				
1 Ian Dawson	M 26	WW	57.63	
200 Yard Freestyle				
1 Jerry Pecora	M 27	HYDR	1:54.63	
2 Ian Dawson	M 26	WW	2:12.75	
3 Ricardo Schaffner	M 28	JCC	2:19.24	
1000 Yard Freestyle				
1 Terry McKeon	M 25	WW	14:32.84	
1650 Yard Freestyle				
1 Tom Schardt	M 27	SYLV	19:45.02	
2 Ricardo Schaffner	M 28	JCC	21:18.57	
3 Terry McKeon	M 25	WW	23:19.25	
100 Yard Backstroke				
1 Tom Schardt	M 27	SYLV	1:05.71	
200 Yard Backstroke				
1 Tom Schardt	M 27	SYLV	2:24.83	
50 Yard Breaststroke				
1 Terry McKeon	M 25	WW	37.09	
100 Yard Breaststroke				
Terry McKeon	M 25	WW	SCR	
50 Yard Butterfly				
1 Jerry Pecora	M 27	HYDR	24.74	
2 Ian Dawson	M 26	WW	29.75	
100 Yard Butterfly				
1 Jerry Pecora	M 27	HYDR	55.21	
200 Yard Individual Medley				
1 Jerry Pecora	M 27	HYDR	2:13.01	
2 Tom Schardt	M 27	SYLV	2:30.38	
***** MEN 30-34 *****				
50 Yard Freestyle				
1 Tim Clore	M 34	JAMS	26.54	
200 Yard Freestyle				
1 Eric Nordlund	M 31	SOS	2:00.63	
2 Tom Lynch	M 30	MONR	2:20.47	

1995 Jackson Masters Swimming Meet January 29, 1995 25 Yards

1000 Yard Freestyle				
1 Tim Clore	M 34	JAMS	12:33.96	
2 Eric Nordlund	M 31	SOS	15:27.70	
50 Yard Backstroke				
1 Eric Nordlund	M 31	SOS	29.14	
2 Rick Willis	M 31	OWSO	30.13	
200 Yard Backstroke				
1 Tim Clore	M 34	JAMS	2:26.02	
100 Yard Breaststroke				
1 Tim Clore	M 34	JAMS	1:18.01	
2 Tom Lynch	M 30	MONR	1:18.56	
50 Yard Butterfly				
1 Eric Nordlund	M 31	SOS	27.25	
2 Rick Willis	M 31	OWSO	27.37	
3 Tom Lynch	M 30	MONR	35.15	
100 Yard Butterfly				
1 Rick Willis	M 31	OWSO	1:04.71	
2 Tom Lynch	M 30	MONR	1:23.20	
***** MEN 35-39 *****				
50 Yard Freestyle				
1 Michael McInerney	M 37	DAC	24.22	
2 James Richardson	M 37	UNAT	25.31	
3 Kevin Ryan	M 35	WW	27.09	
4 Jeff Levitt	M 36	JCC	27.18	
5 Brian Devereaux	M 37	JAMS	28.26	
6 G. Chandler	M 35	JCC	30.11	
7 Jerry Tan	M 36	WW	35.29	
100 Yard Freestyle				
1 James Richardson	M 37	UNAT	56.72	
2 Jeff Levitt	M 36	JCC	1:00.88	
3 Michael McInerney	M 37	DAC	1:01.65	
4 Kevin Ryan	M 35	WW	1:02.35	
5 Brian Devereaux	M 37	JAMS	1:02.95	
6 G. Chandler	M 35	JCC	1:10.74	
200 Yard Freestyle				
1 Peter Shireman	M 36	WMSA	2:11.65	
2 Jeff Levitt	M 36	JCC	2:17.18	
3 Brian Devereaux	M 37	JAMS	2:24.58	
4 Michael McInerney	M 37	DAC	2:24.85	
5 G. Chandler	M 35	JCC	2:44.10	
1000 Yard Freestyle				
1 George Wilcox	M 38	JAMS	12:38.77	
2 Andy Donato	M 38	SOS	13:38.70	
3 Jeff Levitt	M 36	JCC	14:09.11	
4 Bill Davis	M 37	WW	14:39.70	

4 FINAL RESULTS

1650 Yard Freestyle				
1 Peter Shireman	M 36	WMSA	20:50.60	
Bill Davis	M 37	WW	SCR	
50 Yard Backstroke				
1 James Richardson	M 37	UNAT	31.30	
100 Yard Backstroke				
1 George Wilcox	M 38	JAMS	1:11.42	
200 Yard Backstroke				
1 Andy Donato	M 38	SOS	2:45.19	
50 Yard Breaststroke				
1 Kevin Ryan	M 35	WW	38.05	
2 Bill Davis	M 37	WW	38.82	
3 Jerry Tan	M 36	WW	40.81	
100 Yard Breaststroke				
1 Peter Shireman	M 36	WMSA	1:16.55	
2 Bill Davis	M 37	WW	1:22.21	
3 Jerry Tan	M 36	WW	1:39.65	
200 Yard Breaststroke				
1 George Wilcox	M 38	JAMS	2:45.61	
2 Bill Davis	M 37	WW	3:00.22	
50 Yard Butterfly				
1 Robert Fort	M 36	MM	25.75	
2 Robert Bauman	M 39	MM	27.16	
100 Yard Butterfly				
1 Robert Fort	M 36	MM	1:05.18	
2 Andy Donato	M 38	SOS	1:11.10	
200 Yard Individual Medley				
1 Robert Bauman	M 39	MM	2:17.50	
2 George Wilcox	M 38	JAMS	2:24.58	
3 Peter Shireman	M 36	WMSA	2:28.80	
4 Andy Donato	M 38	SOS	2:36.65	
Michael McInerney	M 37	DAC	SCR	
***** MEN 40-44 *****				
50 Yard Freestyle				
1 Chris Bouck	M 41	MM	27.17	
2 Paul Wright	M 40	FAST	29.16	
3 Victor Locke	M 41	GRIN	29.87	
4 Eric Piscopo	M 42	SOO	31.06	
5 David Smith	M 40	OWSO	33.71	
6 Mark Gruskin	M 40	JCC	34.79	
7 Curt Norman	M 43	JCC	34.88	
100 Yard Freestyle				
1 Elmer Sperry	M 40	OHMI	59.71	
2 Don Asselin	M 40	MM	1:00.35	
3 Chris Bouck	M 41	MM	1:01.93	
4 Victor Locke	M 41	GRIN	1:06.13	
5 Eric Piscopo	M 42	SOO	1:10.52	
6 Mark Gruskin	M 40	JCC	1:20.00	
7 David Smith	M 40	OWSO	1:23.11	

JACKSON MEET RESULTS

5 FINAL RESULTS

1995 Jackson Masters Swimming Meet
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200 Yard Freestyle				
1 Dan Helton	M 44	DRY	2:07.06	
2 Chris Webb	M 44	JAMS	2:07.50	
3 Don Asselin	M 40	MM	2:09.81	
4 Elmer Sperry	M 40	OHMI	2:17.68	
5 Chris Rouck	M 41	MM	2:19.50	
6 Victor Locke	M 41	GRIN	2:21.54	
7 Eric Piscopo	M 42	SOO	2:42.34	
8 Mark Gruskin	M 40	JCC	2:52.07	
1000 Yard Freestyle				
1 Victor Locke	M 41	GRIN	13:23.63	
2 David Smith	M 40	OWSO	17:28.30	
1650 Yard Freestyle				
1 Chris Webb	M 44	JAMS	19:54.96	
2 Elmer Sperry	M 40	OHMI	22:12.56	
3 Mark Gruskin	M 40	JCC	27:29.17	
50 Yard Backstroke				
1 Charles Szafran	M 41	LAFS	45.28	
100 Yard Backstroke				
1 Don Asselin	M 40	MM	1:20.36	
Dan Helton	M 44	DRY	SCR	
200 Yard Backstroke				
1 Don Asselin	M 40	MM	2:49.60	
50 Yard Breaststroke				
1 Paul Wright	M 40	FAST	34.40	
2 Bill Park	M 42	SOO	35.55	
3 Charles Szafran	M 41	LAFS	36.51	
100 Yard Breaststroke				
1 Paul Wright	M 40	FAST	1:15.87	
2 Charles Szafran	M 41	LAFS	1:18.96	
3 Bill Park	M 42	SOO	1:19.35	
200 Yard Breaststroke				
1 Paul Wright	M 40	FAST	2:53.92	
2 Bill Park	M 42	SOO	2:55.85	
3 Charles Szafran	M 41	LAFS	3:02.96	
50 Yard Butterfly				
1 Chris Bouck	M 41	MM	29.72	
2 Elmer Sperry	M 40	OHMI	30.76	
100 Yard Butterfly				
1 Chris Webb	M 44	JAMS	1:07.04	
200 Yard Individual Medley				
1 Dan Helton	M 44	DRY	2:27.02	
2 Bill Park	M 42	SOO	2:39.66	
***** MEN 45-49 *****				
50 Yard Freestyle				
1 Mike Mathers	M 45	SOAK	25.84	
2 Jerry Fish	M 48	OWSO	27.09	
3 Steve Mustac	M 48	MM	29.31	
4 Steven Seligson	M 47	JCC	29.74	
5 Jon Richardson	M 45	WMSA	30.08	
6 Peter Engley	M 47	JAMS	34.53	

100 Yard Freestyle

1 Mike Mathers	M 45	SOAK	59.53	
2 Jerry Fish	M 48	OWSO	1:02.13	
3 Peter Engley	M 47	JAMS	1:19.49	
200 Yard Freestyle				
1 Thomas Moyer	M 47	OHMI	2:19.19	
2 Steven Seligson	M 47	JCC	2:30.22	
3 Jerry Fish	M 48	OWSO	2:42.63	
1000 Yard Freestyle				
1 Thomas Moyer	M 47	OHMI	13:06.97	
2 Steven Seligson	M 47	JCC	14:12.47	
3 Steve Mustac	M 48	MM	14:18.91	
4 Jerry Fish	M 48	OWSO	15:27.70	
5 Peter Engley	M 47	JAMS	17:39.86	
50 Yard Backstroke				
1 Rob Montie	M 46	DRY	33.08	
200 Yard Backstroke				
1 Rob Montie	M 46	DRY	2:41.47	
2 Thomas Moyer	M 47	OHMI	2:52.74	
50 Yard Breaststroke				
1 Mike Mathers	M 45	SOAK	36.13	
2 Steve Mustac	M 48	MM	36.50	
100 Yard Breaststroke				
1 Steve Mustac	M 48	MM	1:21.44	
200 Yard Individual Medley				
1 Mike Mathers	M 45	SOAK	2:43.53	
2 Thomas Moyer	M 47	OHMI	3:04.61	
***** MEN 50-54 *****				
50 Yard Freestyle				
1 Paul Chaffee	M 52	OWSO	27.47	
2 Bill Ptashnik	M 54	HYDR	30.55	
3 Bill Keller	M 54	LANS	35.38	
100 Yard Freestyle				
1 Paul Chaffee	M 52	OWSO	1:01.16	
200 Yard Freestyle				
1 Donald Kroeger	M 51	OHMI	2:15.53	
2 Paul Chaffee	M 52	OWSO	2:20.24	
3 Bill Keller	M 54	LANS	3:24.39	
1000 Yard Freestyle				
1 Paul Chaffee	M 52	OWSO	14:19.33	
Bill Ptashnik	M 54	HYDR	SCR	
200 Yard Backstroke				
1 Hugh Roddin	M 53	JCC	2:34.05	
50 Yard Breaststroke				
1 Donald Kroeger	M 51	OHMI	35.42	
2 Bill Ptashnik	M 54	HYDR	37.04	
3 Bill Keller	M 54	LANS	49.49	

100 Yard Breaststroke

1 Donald Kroeger	M 51	OHMI	1:21.74	
2 Bill Ptashnik	M 54	HYDR	1:23.39	
3 Bill Keller	M 54	LANS	1:51.06	
100 Yard Butterfly				
1 Hugh Roddin	M 53	JCC	1:08.08	
200 Yard Individual Medley				
1 Hugh Roddin	M 53	JCC	2:38.90	
2 Donald Kroeger	M 51	OHMI	2:47.39	
***** MEN 55-59 *****				
50 Yard Freestyle				
1 Ron Gelinis	M 57	WW	34.98	
100 Yard Freestyle				
1 Al Morley	M 57	MM	1:09.88	
2 Ron Gelinis	M 57	WW	1:21.01	
Jay Robinson	M 58	JCC	SCR	
200 Yard Freestyle				
1 Al Morley	M 57	MM	2:33.40	
2 Phil Hillberg	M 57	LANS	2:52.95	
3 Jay Robinson	M 58	JCC	3:25.40	
1000 Yard Freestyle				
1 Al Morley	M 57	MM	14:46.38	
1650 Yard Freestyle				
1 Jay Robinson	M 58	JCC	31:06.13	
50 Yard Backstroke				
1 Phil Hillberg	M 57	LANS	46.50	
2 Ron Gelinis	M 57	WW	46.67	
3 Al Morley	M 57	MM	47.78	
100 Yard Backstroke				
1 Phil Hillberg	M 57	LANS	1:36.21	
50 Yard Butterfly				
1 Phil Hillberg	M 57	LANS	45.96	
2 Ron Gelinis	M 57	WW	51.44	
***** MEN 60-64 *****				
50 Yard Freestyle				
1 Tom Reigel	M 64	BCYM	32.44	
2 Hugh Barnard	M 62	BG	35.60	
100 Yard Freestyle				
1 Tom Reigel	M 64	BCYM	1:16.35	
Hugh Barnard	M 62	BG	SCR	
200 Yard Freestyle				
1 Wally Dobler	M 61	LANS	2:29.88	
2 Tom Reigel	M 64	BCYM	3:00.08	
3 Hugh Barnard	M 62	BG	3:07.67	
1000 Yard Freestyle				
1 Tom Reigel	M 64	BCYM	17:19.28	

6 FINAL RESULTS

50 Yard Backstroke

1 Wally Dobler	M 61	LANS	35.66	
50 Yard Breaststroke				
1 Wally Dobler	M 61	LANS	36.76	
2 Hugh Barnard	M 62	BG	48.09	
200 Yard Individual Medley				
1 Wally Dobler	M 61	LANS	2:43.48	
***** MEN 65-69 *****				
50 Yard Freestyle				
1 Bob Heritier	M 66	PNTA	29.47	
2 Carl Edwards	M 68	MM	32.03	
3 William Ware	M 68	SOS	46.00	
100 Yard Freestyle				
1 Bob Heritier	M 66	PNTA	1:08.47	
200 Yard Freestyle				
1 Bob Heritier	M 66	PNTA	2:33.33	
1000 Yard Freestyle				
1 Jae Birch	M 67	BCYM	18:31.49	
200 Yard Backstroke				
1 Jae Birch	M 67	BCYM	3:47.16	
50 Yard Breaststroke				
1 Carl Edwards	M 68	MM	39.49	
2 William Ware	M 68	SOS	1:06.70	
100 Yard Butterfly				
1 Jae Birch	M 67	BCYM	1:54.35	
200 Yard Individual Medley				
1 Jae Birch	M 67	BCYM	3:56.91	
***** MEN 70-74 *****				
50 Yard Freestyle				
1 John Alt	M 70	BCYM	38.61	
100 Yard Freestyle				
1 John Alt	M 70	BCYM	1:31.77	
200 Yard Freestyle				
1 John Alt	M 70	BCYM	3:20.10	
2 Donald May	M 74	BCYM	3:54.45	
1650 Yard Freestyle				
1 Donald May	M 74	BCYM	38:51.34	
50 Yard Backstroke				
1 John Alt	M 70	BCYM	47.38	
2 Donald May	M 74	BCYM	59.34	
50 Yard Breaststroke				
1 Richard Gale	M 71	JCC	52.31	
100 Yard Breaststroke				
1 Richard Gale	M 71	JCC	1:58.29	
2 Donald May	M 74	BCYM	2:37.16	
200 Yard Breaststroke				
1 Richard Gale	M 71	JCC	4:13.75	

80 FLY WOMEN

25-29		
Dawn Hewitt	29	31.85
31-34		
Cecilia Gabel	31	36.32
Karen Ziegenmeyer	33	41.28
Camille Waddell	33	46.25
35-39		
Amy Pascoe	39	33.93
40-44		
Kathy Vitu	41	40.87
45-49		
Genevieve Moyer	45	57.51
50-54		
Beverly Myers	59	38.00
Sue Straley	58	47.61
60-64		
Mary Williams	63	1:12.12
75-79		
Lois Nochman	70	45.89

80 BACK WOMEN

20-24		
Tamar Wekselblatt	22	38.01
Sarah Arnold	23	40.03
25-29		
Dawn Hewitt	29	31.54
30-34		
Karen Ziegenmeyer	33	41.87
35-39		
Gundula Hofer	35	36.43
40-44		
Jane Guelette	42	48.29
55-59		
Beverly Myers	59	40.12
Karen Forfar	57	45.84
60-64		
Mary Clark	61	1:03.18
75-79		
Martha Forster	77	1:35.39

100 BACK WOMEN

20-24		
Tamar Wekselblatt	22	1:18.26
Sarah Arnold	23	1:25.43
25-29		
Dawn Hewitt	29	1:05.88
Rebecca Jortke	27	1:15.38
40-44		
Gail Dummer	44	1:43.45
50-54		
Frederika Rapp	50	1:32.51
Carol Rhudy	52	1:54.92
75-79		
Edith Glusac	76	2:06.35
Martha Forster	77	3:20.07

60 BREAST WOMEN

30-34		
Karen Ziegenmeyer	33	43.19
Gundula Hofer	35	39.28
35-39		
Lisa Berman	36	45.78
40-44		
Kathy Vita	41	43.45
Jane Guelette	42	44.10
45-49		
Genevieve Moyer	45	58.00
50-54		
Petia Mergard	51	43.88
Carol Rhudy	52	49.06
60-64		
Ida Smith	61	45.19
Mary Clark	61	1:01.22
75-79		
Edith Glusac	76	59.82

100 BREAST WOMEN

35-39		
Gundula Hofer	35	1:30.15
Lisa Berman	36	1:45.32

100 BREAST WOMEN (cont)

40-44		
Kathy Vitu	41	1:34.80
Gail Dummer	44	1:43.14
Jane Guelette	42	1:44.03
45-49		
Genevieve Moyer	45	2:09.53
50-54		
T. Mergard	51	1:33.19
Fredericka Rapp	50	1:39.85
55-59		
Beverly Myers	59	1:32.19
Sue Straley	58	1:39.05
70-74		
Lois Nochman	70	1:55.86
75-79		
Edith Glusac	76	1:55.41

200 BREAST WOMEN

35-39		
Lisa Berman	36	3:44.36
40-44		
Kathy Vitu	41	3:24.95
45-49		
Genevieve Moyer	45	4:33.05
50-54		
Fredericka Rapp	50	3:34.12
Carol Rhudy	52	3:54.37
55-59		
Beverly Myers	59	3:18.22

80 FREE WOMEN

20-24		
Sarah Arnold	23	32.56
25-29		
Suzanne Rein	27	31.07
30-34		
Lisa Saber	34	32.59
Karen Ziegenmeyer	33	38.25
Camille Waddell	33	40.18
35-39		
Gundula Hofer	35	29.28
Amy Pascoe	39	30.62

80 FREE WOMEN (cont)

40-44		
Jane Guelette	42	38.43
45-49		
Genevieve Moyer	45	54.41
50-54		
T. Megard	51	40.10
55-59		
Sue Straley	58	36.85
Karen Forfar	57	41.56
Charlene Rein	58	42.23
60-64		
Ida Smith	61	43.35
Mary Williams	63	47.85
Mary Clark	61	54.81
70-74		
Lois Nochman	70	30.73

100 FREE WOMEN

20-24		
Tamar Wekselblatt	22	1:09.85
Sarah Arnold	23	1:15.01
25-29		
Dawn Hewitt	29	1:01.22
Suzanne Rein	27	1:13.44
30-34		
Beth Robinson	30	1:23.40
35-39		
Amy Pascoe	39	1:09.38
40-44		
Gail Dummer	44	1:28.59
55-59		
Beverly Myers	59	1:14.40
Sue Straley	58	1:21.98
Karen Forfar	57	1:34.18
60-64		
Mary Williams	63	1:52.46
70-74		
Lois Nochman	70	1:28.53
75-79		
Martha Forster	77	1:22.98

200 FREE WOMEN

20-24		
Jennifer McNiven	24	2:18.19
30-34		
Cecilia Gabel	31	2:33.06
Beth Robinson	30	3:04.76
35-39		
Patricia Rohner	35	2:13.28
50-54		
Fredericka Rapp	50	2:50.38
55-59		
Sue Straley	58	3:00.01
60-64		
Ida Smith	61	3:21.68
Mary Williams	63	4:07.32
75-79		
Martha Forster	77	6:12.11

800 FREE WOMEN

25-29		
Rebecca Jortke	27	8:28.60
30-34		
Beth Robinson	30	8:18.65
35-39		
Patricia Rohner	35	5:53.30
40-44		
Althea Reimer	44	8:29.28
50-54		
Tetia Megard	52	8:58.09
60-64		
Mary Williams	63	10:57.62

100 IM WOMEN

20-24		
Jennifer McNiven	24	1:11.26
Tamar Wekselblatt	22	1:19.68
Sarah Arnold	23	1:24.41
25-29		
Dawn Hewitt	29	1:09.48
Rebecca Jortke	27	1:14.37
30-34		
Cecilia Gabel	31	1:25.15
Camille Waddell	33	1:41.15

100 IM WOMEN (cont)

35-39		
Gundula Hofer	35	1:15.56
Amy Pascoe	39	1:21.90
40-44		
Kathy Vita	41	1:29.11
Jane Guelette	42	1:42.89
50-54		
Tetia Megard	51	1:38.09
Carol Rhudy	52	1:48.33
55-59		
Karen Forfar	57	1:41.00
70-74		
Lois Nochman	70	1:38.70
75-79		
Edith Glusac	76	2:15.68

200 IM WOMEN

35-39		
Amy Pascoe	39	3:08.28
50-54		
Fredericka Rapp	50	3:16.75

200 IM RELAY WOMEN

120+		
JCC		137 2:29.87
Wekselblatt, Berman, Hewitt & Robinson		

200 FREE RELAY WOMEN

120+		
LAFS	145	2:12.60
Pearson, Saber, Barry & Rein		

80 FLY MEN

25-29		
Thomas Schardt	27	29.37
30-34		
Eric Nordlund	31	26.71
Patrick Kenny	32	29.78
35-39		
Robert Fort	36	25.50
Paul Bioese	39	30.03
40-44		
Leonard Brockhahn	44	27.48
Larry Kimball	44	27.51
Marshall Baekeroot	42	29.18
Richard Chaney	44	30.40
John Olszewski	40	31.93
Scott Schwartz	43	32.78
Graham Annear	44	33.67
45-49		
Dennis McManus	47	28.77
50-54		
D. Michael Kramanin	55	42.86
60-64		
Wally Dabier	61	30.03
Charles Maas	60	33.56
Jim McCrory	64	45.06
65-69		
Don Korten	68	42.85
Joe Birch	67	46.76
70-74		
Richard Evans	70	47.53

80 BACK MEN

25-29		
Thomas Schardt	27	29.56
30-34		
Eric Nordlund	31	28.81
Michael Lopez	32	38.46
35-39		
E.J. Kelly	38	32.80

80 BACK MEN (cont)

40-44		
Scott Schwartz	43	32.46
Richard Chaney	44	33.76
Michael Dorset	42	34.85
Roger Dresda	43	35.33
Paul Wright	40	43.01
45-49		
Thomas Hunt	47	32.57
Mike Mathers	45	33.51
50-54		
Bruce Joerin	57	36.56
60-64		
Norman Hovis	61	52.54
65-69		
Joe Birch	67	47.56
70-74		
John Alt	70	44.38
Donald May	74	1:05.59
Ralph Silver	72	1:06.55
75-79		
Ham Morningstar	77	1:42.35

100 BACK MEN

35-39		
Andy Donato	38	1:11.31
40-44		
Frank Thompson	43	1:03.70
Richard Chaney	44	1:06.13
45-49		
Thomas Hunt	45	1:09.77
John Cowing	45	1:14.50
Thomas Moyer	47	1:20.17
60-64		
Wally Dabier	61	1:18.75
65-69		
Don Korten	68	1:32.61
70-74		
John Alt	70	1:41.96
Donald May	74	2:32.02

80 BREAST MEN

30-34		
Mark-Tami Hotta	34	33.45
Michael Lopez	32	45.70
40-44		
Steve Hansen	43	32.50
Paul Wright	40	33.94
W.T. Reid III	44	34.12
Charles Szafraan	41	35.21
Douglas Templeton	40	35.36
Graham Alexander	44	40.46
45-49		
Mike Conley	47	37.68
Thomas Moyer	47	38.81
60-64		
Donald Kroeger	51	35.26
Bill Keller	54	49.59
65-69		
Bruce Joerin	57	35.75
60-64		
Jim McCrory	64	43.48
Tom Reigel	64	48.90
65-69		
Carl Edwards	68	39.06
70-74		
Richard Gale	71	50.96
Ralph Silver	72	56.84

100 BREAST MEN

25-29		
Robert Anderson	26	1:09.21
30-34		
Mark-Tami Hotta	34	1:16.62
40-44		
Steve Hansen	43	1:11.28
Douglas Templeton	40	1:16.75
Paul Wright	40	1:17.18
Charles Szafraan	41	1:20.77
45-49		
Dennis Limmanur	47	1:24.40
60-64		
Bill Kella	54	1:52.84

100 BREAST MEN (cont)

55-59		
Dennis James	56	1:31.63
65-69		
Don Korten	68	1:38.80
70-74		
Richard Gale	71	1:53.05

200 BREAST MEN

35-39		
Andy Donato	38	2:57.60
40-44		
Steve Hansen	43	2:37.28
Paul Wright	40	2:49.68
Charles Szafraan	41	2:56.75
65-69		
Joe Birch	67	4:52.93
70-74		
Richard Gale	71	4:19.85

80 FREE MEN

25-29		
Robert Anderson	26	23.87
Thomas Scharot	27	25.06
Bret Fortar	25	30.00
30-34		
Eric Nordlund	31	24.31
Andrew Berger	30	24.87
Mark-Tami Hotta	34	25.37
Brian DeNoyer	31	28.43
Michael Lopez	30	31.19
Eric Lee	32	35.15
35-39		
Robert Fort	36	23.44
Paul Bioese	39	25.81
E.J. Kelly	38	26.18
Jeffrey Levitt	36	27.49
Gerald Chandler	35	30.68
40-44		
W.T. Reid III	44	25.28
Leonard Brockhahn	44	25.54
Larry Kimball	44	25.76
John Olszewski	40	26.12

80 FREE MEN (cont)

40-44 (cont)		
Marshall Baekeroot	42	26.47
Michael Dorset	42	26.64
Scott Schwartz	43	27.56
Laurence Baran	43	31.87
Zane Chwastek	44	32.12
Mark Gruston	40	33.75
45-49		
Mike Mathers	45	25.47
Dennis McManus	47	26.28
Jerry Fish	48	26.85
Mike Conley	47	28.27
Steven Seligson	47	29.3
Jon Richardson	45	30.21
Peter Engley	47	34.79
60-64		
Paul Chaffee	52	27.06
Donald Kroeger	51	28.02
Bill Keller	54	35.83
65-69		
Bruce Soule	57	28.90
Bruce Joerin	57	29.12
Dennis James	56	29.38
D. Michael Kramanin	55	32.93
60-64		
Charles Maas	60	29.21
Tom Reigel	64	32.53
Jim McCrory	64	34.06
Hugh Barnard	62	34.87
Norman Hovis	61	40.50
65-69		
Carl Edwards	68	31.97
70-74		
John Alt	70	39.28
Richard Evans	70	40.87
Ralph Silver	72	47.65
75-79		
Ham Morningstar	77	42.88

100 FREE MEN

25-29		
Robert Anderson	25	52.82
Bret Fortar	25	1:09.14
30-34		
Andrew Berger	30	56.52
Brian DeNoyer	31	1:09.36
Michael Lopez	32	1:16.31
Eric Lee	32	1:19.32
35-39		
E.J. Kelly	38	59.28
Robert Fort	36	59.59
Jeffrey Levitt	36	1:01.19
Gerald Chandler	35	1:10.15
40-44		
Leonard Brockhahn	44	56.50
W.T. Reid III	44	56.97
Michael Dorset	42	58.66
John Olszewski	40	59.04
Frank Thompson	43	1:00.65
Larry Kimball	44	1:08.66
Laurence Baran	43	1:10.37
Zane Chwastek	44	1:22.75
45-49		
Mike Mathers	45	57.12
Jerry Fish	48	59.48
Thomas Hunt	47	1:01.43
John Cowing	45	1:02.45
Steven Seligson	47	1:05.42
Peter Engley	47	1:18.46
60-64		
Paul Chaffee	52	59.62
Bill Keller	54	1:24.84
65-69		
Bruce Soule	57	1:05.70
Dennis James	56	1:06.18
60-64		
Charles Maas	60	1:07.58
Tom Reigel	64	1:17.66
Hugh Barnard	62	1:21.15
Norman Hovis	61	1:26.68
65-69		
Joe Birch	67	1:06.40

100 FREE MEN (cont)

70-74		
John Alt	70	1:30.40
Richard Evans	70	1:43.22
Donald May	74	1:43.37
75-79		
Ham Morningstar	77	1:51.37
200 FREE MEN		
25-29		
Thomas Schardt	27	2:08.65
Bret Forfar	25	2:40.59
30-34		
Eric Nordlund	31	2:00.67
Andrew Berger	30	2:09.46
Michael Lopez	32	2:51.90
35-39		
E.J. Kelly	38	2:11.52
Jeffrey Levitt	36	2:22.26
Gerald Chandler	35	3:02.93
40-44		
Douglas Templeton	40	2:11.22
Michael Dorsch	42	2:12.96
Graham Annear	44	2:15.96
Marshall Baeckeroot	42	2:16.96
Richard Chaney	44	2:30.59
Mark Gruskon	40	2:53.34
Zane Chwastek	44	3:29.45
45-49		
Thomas Moyer	47	2:17.50
Jerry Fish	48	2:21.62
50-54		
Donald Kroeger	51	2:16.40
Paul Chaffee	52	2:20.32
Bill Kellar	54	3:18.20
55-59		
Bruce Soule	57	2:28.40
Jay Robinson	58	3:23.54
60-64		
Wally Dobler	61	2:39.44
Tom Reigel	64	3:05.75
Jim McCrory	64	3:09.21
Hugh Barnard	62	3:09.29
Norman Hovis	61	3:53.29

200 FREE MEN (cont)

70-74		
John Alt	70	3:22.72
Richard Evans	70	3:35.77
Donald May	74	3:55.89
75-79		
Ham Morningstar	77	4:24.57
500 FREE MEN		
25-29		
Thomas Schardt	27	5:52.14
Bret Forfar	25	7:40.64
31-34		
Eric Nordlund	31	5:39.61
Patrick Kenny	32	6:06.90
35-39		
Andy Donato	38	6:33.92
Jeffrey Levitt	36	6:40.18
40-44		
W.T. Reid III	44	5:51.19
Graham Annear	44	6:06.29
Marshall Baeckeroot	42	6:50.94
Mark Gruskon	40	7:33.48
Zane Chwastek	44	9:59.22
45-49		
Thomas Moyer	47	6:16.84
Mike Mathers	45	6:24.03
Steven Seligson	47	6:52.00
Jerry Fish	48	7:19.75
Peter Engley	47	8:27.53
60-64		
Donald Kroeger	51	6:32.21
Paul Chaffee	52	6:42.65
55-59		
Bruce Soule	57	7:05.75
Jay Robinson	58	9:02.67
60-64		
Tom Reigel	64	8:25.43
65-69		
Don Korten	68	8:05.67
70-74		
Richard Evans	70	9:44.00
Donald May	74	10:11.56

100 IM MEN

25-29		
Robert Anderson	26	1:04.37
30-34		
Mark-Tami Hotta	34	1:06.98
Patrick Kenny	32	1:08.12
40-44		
Leonard Brockman	44	1:09.56
Frank Thompson	43	1:05.28
Graham Annear	44	1:17.02
45-49		
Thomas Hunt	47	1:07.96
Mike Mathers	45	1:08.76
Dennis McManus	47	1:10.67
Mike Conley	47	1:11.84
John Cowing	45	1:14.00
50-54		
Wally Dobler	61	1:12.25
Charles Maas	60	1:20.87
55-59		
Don Korten	68	1:28.63
75-79		
Ham Morningstar	77	2:56.03

200 IM MEN

25-29		
Robert Anderson	26	2:19.03
30-34		
Patrick Kenny	32	2:25.67
Mark-Tami Hotta	34	2:35.92
35-39		
Andy Donato	38	2:38.90
40-44		
Richard Chaney	44	2:32.90
Marshall Baeckeroot	42	2:45.86
45-49		
Thomas Moyer	47	2:53.25
50-54		
Donald Kroeger	51	2:42.64
55-59		
Jae Birch	67	4:05.28

Michigan Masters Swim Meet - Howell Area Aquatic Center - Short Course - Yards - January 15, 1995 - page 6

200 MEDLEY RELAY MEN

120+		
FAST	132	1:55.48
Hotta, Wnght, Kenny, & Anderson		
LAFS	154	2:09.60
Dresden, Szafaran, Bloese, & DeNoyer		
Blue Water Half Ducks	154	2:16.28
Arnold, Hoffer, Donato & Soule		
LAPS	156	2:24.79
Karen, Karen, Marshall & Bret		
160+		
Flint	175	1:54.21
Chaney, Hansen, Kimball & Brockhahn		
JCC	197	2:40.12
Levitt, Gale, Kratchman & Chandler		
Lansing	192	2:43.34
Dobler, Wadell, Dummer & Kener		
200+		
OHMI	214	2:26.15
Moyer, Barron, Edwards & Kroeger		
240+		
Battle Creek	273	3:01.09
Reigel, May, Birch & Korten		

200 FREE RELAY MEN

120+		
FAST	122	1:42.02
Berger, Kenny, Hotta & Anderson		
JCC	135	1:59.04
Levitt, Hewitt, Wekseblatt & Seligson		
JCC	141	2:28.02
Handler, Robinson, Berman & Gruskon		
160+		
Flint	169	1:43.84
Kimball, Chaney, Kelly & Brockhahn		
Michigan Masters	161	1:45.94
Kroeger, Moyer, Schardt & Fort		
Blue Water Half Duc	170	1:59.35
Donato, Hoffer, Soule & Olaszewski		
LAFS	168	2:00.07
Beran, Szafaran, Dresden & Bloese		
LAPS	174	2:11.48
Bret, Norm, Zane & Marshall		
200+		
Battle Creek	273	2:33.77
Reigel, May, Birch & Korten		

ANCHOR LEG

This page contains several items that appeared after the main body of the newsletter was completed.

MASTERS WORKOUT AT U OF M'S CANHAM NATATORIUM

The first of a series of Sunday morning workouts was held at Canham Natatorium at the University of Michigan on Sunday, February 5. The workout was coached by Tracy Crane who is the coach of the evening workouts at Mack Pool in Ann Arbor. About 25 swimmers attended the workout with abilities ranging from beginners to heavy hitters. The heavy hitters enjoyed a grueling series starting off with 5x100 yard freestyle on the 1:15 followed by a 500 on the 6:15! By 10:30 AM this group had finished 5,400 yards. Other groups of swimmers also enjoyed workouts tailored to their needs.

These workouts will be offered on Sunday Mornings from 9:00 AM until 10:30 AM. The charge for each session is \$4.00. All swimmers must be registered with the Michigan Masters LMSC. Registration forms will be available at the natatorium if necessary. The pool will not be available every Sunday due to other scheduled events at the Natatorium. A calendar of dates will be provided at each practice or you can call Tracy Crain at (313)429-0838.

This is a great opportunity to swim in one of the finest facilities in the United States and to swim under an accomplished coach. All Michigan Masters are invited to come out join us for a brisk workout in a great pool!

RESULTS FROM 1994 POSTAL PENTATHLON

Six Michigan Masters competed in the Sixth Postal Pentathlon. This meet included a record 199 swimmers including 26 states, four provinces of Canada, two states of Australia and England, Holland and Scotland from Europe. Interestingly women Pentathletes outnumbered men 116 to 83.

There were three "courses" Sprint (4x50 strokes & 100 IM), Middle Distance (4x100 strokes & 200 IM) and Ironman (4x200 strokes & 400 IM). Those brave Michiganders competing in these Pentathlons (or surviving the Ironman) include:

Jennifer Parks	50-54	Sprint	4th - 4:24.96
Frederika Rapp	50-54	Ironman	2nd - 20:08.09
Beverly Myers	55-59	Sprint	1st - 3:55.71
Lois Nochman	70-74	Sprint	1st - 4:46.87 (new record)
Edith Glusac	75-79	Sprint	2nd - 6:17.50
John Schupra	19-24	Sprint	1st - 3:28.14
James Derks	35-39	Ironman	4th - 15:23.45
Thomas Moyer	45-49	Sprint	3rd - 3:41.12
		Middle	2nd - 8:28.49
David Pohlonski	45-49	Ironman	2nd - 15:48.39
Donald Kroeger	50-54	Sprint	2nd - 3:30.74
		Middle	1st - 8:08.08
		Ironman	2nd - 17:33.74

RELAY COORDINATOR(S) FOR NATIONALS

Pat Rohner and Donald Kroeger are the coordinators for relays for the 1995 and 1996 USMS National Championships. Don Kroeger may be going to Canada rather than Fort Lauderdale, so if you are planning to attend the 1995 Short Course Nationals in Florida and are interested in swimming on relays, please see Pat at meets or call her at (810)356-2045.

MICHIGAN MASTERS
PO BOX 282
PETOSKEY, MI 49770

Make check
payable to:
Mail check to:

United States Masters Swimming

1995 Membership Application

☐ RENEWAL My Current USMS No. is

☐ NEW REGISTRATION

USMS Fee 11/1/94-8/31/95 15.00

LMSC Fee 10.00

Total Fee \$25.00

Membership expires 12/31/95

Direct insurance correspondence to:
USMS Inc. National Office - Dorothy Donnelly
2 Peter Avenue, Ruitland MA 01543
508-886-6631
508-886-6265

USMS Registered swimmers are covered with secondary accident insurance.
1) in practices supervised by a USMS member or a US5 certified coach where all swimmers are USMS registered.
2) in USMS sanctioned meets where all competitors are USMS registered.

Benefits of membership include: A subscription to SWIM Magazine during the length of the membership year (\$6.00 of the annual dues is designated for a swim magazine subscription), and periodic mailings from the Local Masters Swimming Committee.

If you coach Masters Swimmers, please check here ☐

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician, I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition) including possible permanent disability or death, and agree to assume all of these risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by the rules of USMS.

Club or Unaffiliated MICHIGAN MASTERS

Mo. Day Yr. Age Sex Today's Date City State Zip Phone No. Street First Name Last Name

For Office Use

Register with same name you will use for competition. Print clearly.

1995 ONE YEAR MEMBERSHIP APPLICATION

The Wave Eater

Michigan Masters

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Inside This Issue

General News

Annual Meeting Agenda & Officer Nominees

Meet Announcements (Including State Meet)

Meet Results - Flint, Lansing, Howell, Jackson

Check here if you do NOT want to be included in a Michigan Masters phone directory. ☐