

MICHIGAN MASTERS SWIMMING

NEWSLETTER

WINTER 1991

UPCOMING MEETS

- The Annual January Hour Swim National Postal Championships hosted by D.C. Masters.
- Fraser Masters host their meet Sunday, January 13, 1991 at Fraser High School.
- Jackson Masters host their meet Sunday, January 27, 1991 at Jackson Y-Center.
- FAST Masters host the Joseph Beaudoin Memorial Swim Meet on Sunday, February 10, 1991 at Brighton High School.
- Western Michigan Masters host their meet on Saturday, March 2, 1991 at East Kentwood High School. This date is one week later than previously advertised in the Fall 1990 Newsletter.
- Ohio Masters host their meet on Sunday March 3, 1991 at Northview High School in Sylvania, Ohio near Toledo. Contact George Quinn at (419) 885-2481 for entry information.
- Midland Masters host their 16th Annual Winter's End Meet on Sunday, March 17, 1991 at H. H. Dow High School.
- Kalamazoo Masters are hosting the 18th Annual Michigan State Championships on April 13-14, 1991 at Western Michigan University. Entry information will be available in the NEXT NEWSLETTER.
- YMCA National Championships will be held April 26-29, 1991 at the IUPUI Natatorium in Indianapolis. You have to join a YMCA to participate. If you are interested in swimming at Y Nationals but do not belong to a Y, low cost memberships for the Plymouth YMCA can be arranged. For information contact:
Skip Thompson
2660 Littleell Avenue
West Bloomfield, Michigan 48324
(313) 683-2191
- U.S.M.S. Short Course National Championships will be held on May 16-19, 1991 in the new Tracy Caulkins Natatorium in Nashville, Tennessee. For information contact:
Mary Lee Watson
6613 Rolling Fork Drive
Nashville, Tennessee 37205
(615) 353-1632

• The total fee for the Midland Meet should be \$9.00 not \$11.50 as advertised.

1990 NATIONAL SWIM MEET NOTES

Forty-two Michigan Masters Swimmers participated in the YMCA Nationals held at Schroeder Aquatic Center in Milwaukee, Wisconsin. Twenty-six men represented the Plymouth YMCA which took the National Championship for the Men's Division out of 113 teams. This is the first time in the short course season a Michigan Masters team has won a National Championship. Thirteen women represented the Plymouth YMCA that took 3rd out of 113 teams. Forty-seven State Records and fifteen YMCA National Records were broken by Michigan Masters Swimmers. Results were reported in the Fall 1990 Newsletter.

Ten Michigan Masters Swimmers attended the Short Course Nationals held at USC in Los Angeles, California. Nine State Records were set by Michigan Masters Swimmers. The meet had 1598 entrants and was the third largest Masters swim meet of any kind held in the U.S. Seven Michigan Masters Swimmers attended the Long Course Nationals held at the Woodlands in Houston, Texas. Six State Records were set. The meet had 829 entrants. Results of both meets are enclosed.

1990 ZONE MEET

Ninety-two swimmers participated in the Heartland Zone Meet held on November 3-4 in Canham Natatorium at University of Michigan. One hundred-five State, seven National and five World Records were set during the course of the meet. Congratulations to Nikki Wengrofsky, Pat Maley, Mark Noetzel, Dan Stephenson, Wally Dobler, and the Lake Erie 800 Mixed Freestyle Relay 240+ for the National and World Records.

MEET RESULTS

- Grand Rapids
- Lansing
- 1989 Short Course Meters National Top 10
- 1990 U.S.M.S. National Championships
- 1990 Michigan Masters Top 5 Times - Long Course
- 1990 Short Course Yards National Top 10

Michigan Masters Swimming Men's Short Course Yards Records

Event	19-24	25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79
50 yd Free	21.59 DON SWALWELL	21.59 MICHAEL KOWALSKI	21.64 DAN STEPHENSON	22.72 JAMES BAEHREN	23.60 WALLY DOBLER	23.69 WALLY DOBLER	24.20 WALLY DOBLER	24.88 WALLY DOBLER	26.18 BOB HERITIER	27.67 BILL BURRELL	29.74 JIM GREEN	38.43 Carl Thornburg
100 yd Free	48.93 KEVIN HARRIS	48.40 JOHN SLYKHUSE	46.89 DAN STEPHENSON	49.04 JAMES BAEHREN	52.98 ED GRAY	52.82 BO RHUDY	55.41 BOB HERITIER	56.95 BOB HERITIER	58.87 BOB HERITIER	1:03.63 BILL BURRELL	1:13.65 JIM GREEN	1:35.98 Geo. Van
200 yd Free	1:48.52 KEVIN HARRIS	1:47.30 PAUL KARAS	1:42.56 DAN STEPHENSON	1:52.35 JAMES BAEHREN	1:56.56 ED GRAY	1:57.59 BO RHUDY	2:06.09 BOB HERITIER	2:09.30 BOB HERITIER	2:13.30 BOB HERITIER	2:30.81 BILL BURRELL	3:04.01 ED BROWN	3:41.53 Carl Thornburg
500 yd Free	4:49.80 MIKE SCHMIDT	4:52.26 PAUL KARAS	4:42.77 DAN STEPHENSON	5:12.05 TOM MCPARLAN	5:08.67 ED GRAY	5:30.77 TONY TASHNICK	5:50.65 CARL WOOLLEY	6:03.37 BOB HERITIER	6:07.81 BOB HERITIER	7:58.20 RAY MONDRO	8:21.00 RENOUF JOHNS	9:33.15 Carl Thornburg
1000 yd Free	10:22.61 DON KENNEDY	10:22.98 JOHN MILLER	9:54.74 DAN STEPHENSON	10:53.46 FRANK THOMPSON	11:02.90 GAARDI ARNSEN	12:07.10 CARL WOOLLEY	11:58.26 CARL WOOLLEY	12:51.40 BOB HERITIER	12:43.11 BOB HERITIER	15:18.83 BILL BURRELL	18:31.50 ED CONLAN	19:13.01 Carl Thornburg
1650 yd Free	17:52.90 DON KENNEDY	17:33.06 PAUL KARAS	17:48.20 DAVID SHEPHERD	18:18.08 FRANK THOMPSON	18:13.04 ED GRAY	19:5.53 CARL WOOLLEY	20:18.13 CARL WOOLLEY	21:03.30 BILL BURRELL	21:47.50 BOB HERITIER	27:45.29 RAY MONDRO	29:33.58 RENOUF JOHNS	31:28.31 Carl Thornburg
50 yd Back	25.28 GARY RICE	24.67 MICHAEL KOWALSKI	25.54 DAN HOUTING	27.18 BRENT SWEITZER	27.20 ED GRAY	30.24 WALLY DOBLER	31.13 WALLY DOBLER	32.31 WALLY DOBLER	33.75 CHARLIE MOSS	34.68 BILL BURRELL	43.27 ED BROWN	46.85 Carl Thornburg
100 yd Back	57.62 CHRIS KRUPARZ	53.43 MICHAEL KOWALSKI	55.83 DAN HOUTING	59.88 (TIE) GRAY / SWEITZER	59.64 ED GRAY	1:07.34 WALLY DOBLER	1:08.75 WALLY DOBLER	1:10.29 WALLY DOBLER	1:16.88 CHARLIE MOSS	1:18.40 BILL BURRELL	1:37.20 CARL THORNBURG	1:39.31 Carl Thornburg
200 yd Back	2:05.57 TODD BRIGGS	2:08.09 PAUL KARAS	2:04.08 DAN HOUTING	2:10.86 ED GRAY	2:09.46 ED GRAY	2:29.32 WALLY DOBLER	2:30.74 CARL WOOLLEY	2:36.05 WALLY DOBLER	2:49.73 CHARLIE MOSS	3:01.14 BILL BURRELL	3:29.05 CARL THORNBURG	3:35.76 Carl Thornburg
50 yd Breast	27.51 KANZLER / FOWLER	26.00 MARK SCHLATTER	28.09 DAVE PHILLIPS	29.75 STEVE COLELLA	30.21 MIKE MURPHY	31.17 DOUG MURKIN	31.88 RON ALSOBROOK	33.31 CHARLIE MOSS	33.17 CHARLIE MOSS	38.73 JIM GREEN	41.87 JIM GREEN	45.71 Carl Thornburg
100 yd Breast	1:00.02 RICK FOWLER	58.04 MARK SCHLATTER	1:00.59 DAVE PHILLIPS	1:05.57 RON DUBOIS	1:07.07 PAUL REINKE	1:09.76 TOM SPEAR	1:10.70 RON ALSOBROOK	1:15.66 CHARLIE MOSS	1:16.31 CHARLIE MOSS	1:33.10 RAY KAYE SR.	1:44.51 CARL THORNBURG	1:36.35 Geo. Van
200 yd Breast	2:13.25 MATT KANZLER	2:10.80 MATT KANZLER	2:15.15 DAVE PHILLIPS	2:25.46 ED GRAY	2:29.61 PAUL REINKE	2:31.67 TOM SPEAR	2:41.10 RON ALSOBROOK	2:50.80 CHARLIE MOSS	2:57.55 CHARLIE MOSS	3:30.73 RAY KAYE	3:40.60 RENOUF JOHNS	4:05.55 Carl Thornburg
50 yd Fly	24.07 DAN CARLSON	23.71 RICK DUNCAN	24.16 MIKE SCHMITZ	25.12 TONY TASHNICK	25.45 WALLY DOBLER	25.25 WALLY DOBLER	26.23 WALLY DOBLER	27.51 WALLY DOBLER	30.84 BILL BURRELL	33.02 BILL BURRELL	47.80 CARL THORNBURG	46.68 Carl Thornburg
100 yd Fly	54.00 SAM STEIN	52.77 LARRY DAY	52.36 DAN STEPHENSON	55.46 STEVE COLELLA	56.97 ED GRAY	58.72 WALLY DOBLER	1:00.18 WALLY DOBLER	1:00.88 WALLY DOBLER	1:07.92 CHARLIE MOSS	1:21.88 BILL BURRELL	1:47.00 RENOUF JOHNS	1:53.39 Carl Thornburg
200 yd Fly	2:02.06 TODD BRIGGS	1:58.16 PAUL KARAS	2:00.38 DAN STEPHENSON	2:10.52 ROBIN KLEFFMAN	2:11.35 ED GRAY	2:17.03 TOM SPEAR	2:24.01 WALLY DOBLER	2:31.82 WALLY DOBLER	2:41.54 CHARLIE MOSS	4:57.58 HOWARD BRADEN	3:47.95 RENOUF JOHNS	4:14.10 Carl Thornburg
100 yd IM	56.86 ROBERT HALE	53.52 MARK SCHLATTER	55.25 MIKE SCHMITZ	57.92 STEVE COLELLA	1:01.08 ED GRAY	1:02.24 WALLY DOBLER	1:03.87 WALLY DOBLER	1:04.42 WALLY DOBLER	1:07.86 CHARLIE MOSS	1:14.99 BILL BURRELL	1:35.27 CARL THORNBURG	1:41.12 Carl Thornburg
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400 yd IM	4:28.08 TODD BRIGGS	4:28.93 PAUL KARAS	4:14.82 DAN STEPHENSON	4:44.95 ED GRAY	4:34.18 ED GRAY	4:58.91 TONY TASHNICK	5:14.81 WALLY DOBLER	5:24.49 WALLY DOBLER	5:36.65 CHARLIE MOSS	6:48.49 BILL BURRELL	7:38.30 CARL THORNBURG	7:59.84 Carl Thornburg
4000 yd IM	1:16:27.00 James Conners Jr	52:36.00 STEVE ROEDER	52:24.47 DAVID SHEPHERD	54:47.71 FRANK THOMPSON	60:34.00 DENNIS MARQUE	58:47.00 TOM SPEAR	61:01:56 CARL WOOLLEY	61:07:32.07 CHARLIE MOSS		81:48:26.9 RAY DEPALMA		

**1991 UNITED STATES MASTERS
POSTAL ONE HOUR SWIM NATIONAL CHAMPIONSHIP
OFFICIAL ENTRY FORM**

PLEASE PRINT!!!

Last Name _____ First _____ Age _____

Address _____

Country (if not USA) _____ Telephone (Foreign entries include country and city codes) _____

Sex: _____ (Male or Female)

Age Group:	B 25-29	E 40-44	H 55-59	K 70-74	N 85-89
(Circle One)	C 30-34	F 45-49	I 60-64	L 75-79	O 90-94
A 19-24	D 35-39	G 50-54	J 65-69	M 80-84	P 95 & up

Distance
(If pool was in meters, multiply distance swam by 1.0936, round down to nearest 5 yard increment and enter yards)

Club Name
(Print the name of your club or print unattached. If left blank "unattached" will be entered.)

1991 USMS registration no. or foreign equivalent.

I certify that I have read the rules of this competition. I acknowledge that if I leave the club name blank, I will be entered as unattached and my name and distance may not be entered in a relay team entry. I further certify that on _____, I swam _____ yards in one hour.

Signature of swimmer (required) _____

Signature of verifier (required) _____

Hour Swim Entry _____ \$5.00

Number of T-Shirts ordered _____ x \$12.00 = _____

☐ Medium ☐ Large ☐ X-Large

TOTAL = _____ Checks payable to DC Masters

No foreign personal checks accepted.

Use bank checks with a U.S. affiliate or international money order. Entry fee includes mailing awards and results. Results take 30 days to compile, print, and mail after the deadline for entries. Please be patient.

Mail Entry to: Hour Swim, 4913 Kingston Drive, Annandale, VA 22003, USA
YOU MUST SUBMIT A COPY OF USMS REGISTRATION CARD



**MICHIGAN MASTERS SHORT COURSE MEET
Fraser High School, Fraser, MI.
SUNDAY - JANUARY 13, 1991**

HOSTED BY: FRASER MASTERS SWIM PROGRAM

LOCATION: Fraser High School. Six lanes, 25 yards, Diving Well for Warm-Up. School is located on Garfield Rd. between 14 & 15 Mile Roads. The entrance for the pool is on Klein St. which runs parallel to Garfield and is behind the school. Park near the tennis courts.

TIME: Warm-Up/Registration begins 8:00 AM — 1000 FREE begins 8:30 AM
Second Warm-Up after 1000 FREE. Other events will not start until 10:00 AM.

RULES: This meet is held under the sanction of USMS, Inc. all USMS rules and safety procedures will be followed. No diving or backstroke starts will be permitted during warm-up, except in designated sprint lanes.

ENTRIES: Deck entries only. \$8 per swimmer, maximum of 4 individual events and 2 relays. You must show your 1990-91 USMS registration card or register at the meet. Deadline 10 minutes PRIOR to 200 Medley Relay.

SEEDING: All events will be seeded slow to fast.

AGE GROUPS: Individual events - 19-24, 25-29, ..., 85-89, 90+
Relay events - 0-119, 120+, 160+, 200+, 220+

EVENTS:

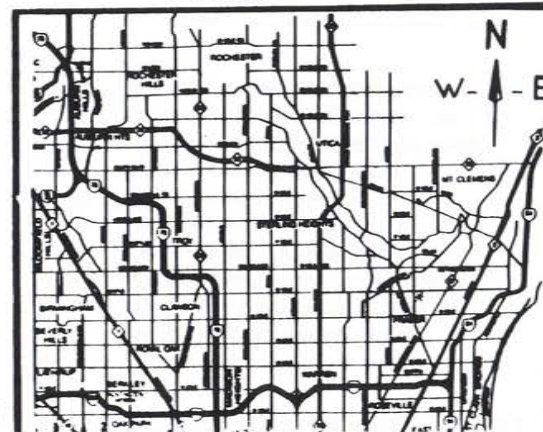
1) 1000 FREE	5) 100 BREAST	9) 50 FLY
2) 200 MEDLEY RELAY	6) 200 FREE	10) 100 IM
3) 50 BACK	7) 100 FREE RELAY	11) 100 BACK
4) 50 FREE	8) 100 FREE	12) 400 FREE RELAY

AWARDS: Michigan Master's Ribbons 1st - 3rd.

Meet Director: Richard Howell (313) 294-0707

SNACK BAR: The Macomb Marlins will have a concession stand established.

DIRECTIONS: From Eastbound I-94 - Take the Gratiot exit. Travel on Gratiot north until 15 Mile Rd.. Turn Left (W) and travel on 15 Mile to Klein St. Turn left on Klein, Fraser High School is on Right.



ADDITIONAL DIRECTIONS: From Southbound I-75, take Big Beaver (AKA 16 Mile, Metro Parkway) Exit (E). Travel east on Big Beaver to Garfield Rd. Turn Right on Garfield (S) and travel to 15 Mile. Turn Left on to 15 Mile and travel to Klein St. Turn Right on Klein to school.

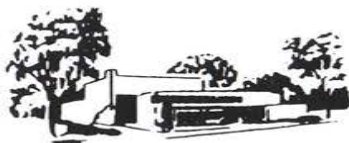
ADDITIONAL INFORMATION

Contact: Richard Howell (313) 294-0707
Thomas Hunt (313) 264-9776
Dennis McManus (313) 649-6085

JACKSON CENTER

We Are Family!

127 W. Wesley
P.O. Box 1653
Jackson, Michigan 49204
(517)782-0537



Jackson Y-Center Short Course Masters Swim Meet Sanctioned 1991

Sunday January 27, 1991

Jackson Y-Center
127 Wesley Street, Jackson, Michigan

8:00 AM	Warm-up	
9:00 AM	200 Yard Medley Relay	100 Yard Freestyle
	200 Yard Freestyle	100 Yard Backstroke
	50 Yard Backstroke	100 Yard Breaststroke
	50 Yard Breaststroke	500 Freestyle
	50 Yard Freestyle	100 Butterfly
	50 Yard Butterfly	400 Yard freestyle Relay
	200 Yard IM	

There will be a break between the 200 Yard IM and the 100 Yard freestyle.

Relays: Relay teams can be entered from one team or "Friendship" relays can be assembled from swimmers at the meet.

Entries: Cost is \$7.00
All events including relays are deck entered.
A swimmer may enter 4 individual events and 2 relays.

Eligibility: Only swimmers registered with the USMS for 1991 may compete in this meet. Registration will be available at the meet (\$20.00).

Directions From North, East or West
Take US-27 south or I-94 east or west to US-127 south. At the junction of I-94, US-127 becomes West Avenue. Take West Avenue south into Jackson until the intersection of West Avenue and Michigan Avenue. Turn Left on Michigan Avenue and travel east until the road splits. Bare to the right and the road will become a one-way street (Washington Avenue). Pass two lights and just past a church (on your right), turn into a parking lot on your right. The Y-Center is south of the parking lot.

From South
Take US-127 north or M-50 west to their junction. Take M-50 into Jackson. As you approach downtown, you will pass the Southridge Park apartments on your left. Look for Wesley street on your left. Wesley street is just before an electrical repair shop. Turn left and travel past two stop signs. After the second stop, the parking lot is on your right and the Y-Center is on the left.

Additional Information: Bill Reid (517)592-8908 (home), (517)787-3877 (work)



Joseph Beaudoin Memorial Swim Meet

Ford Athletic Swim Team/
Triathlon Club brings you their
4th annual Michigan Masters
Swim Meet. This will be a
sanctioned meet, open to all
Registered Masters
Swimmers; registration
available at the meet. The meet
will be held at Brighton High
School, Brighton Michigan.

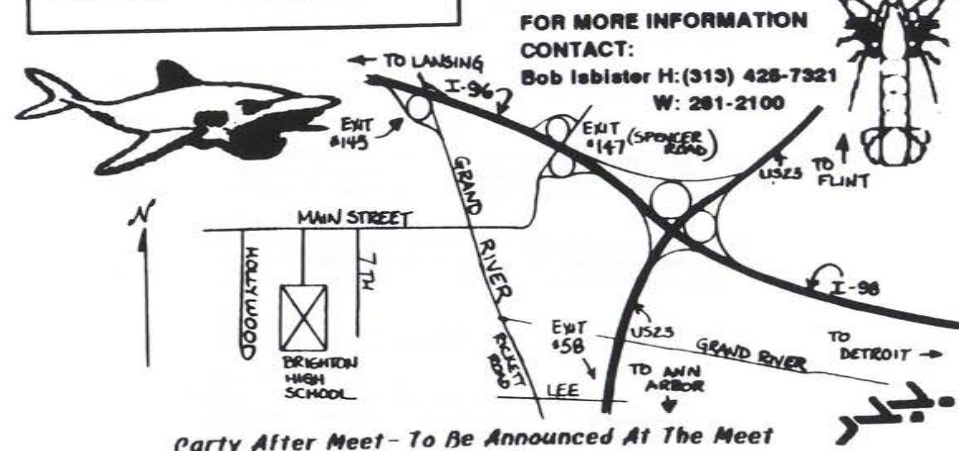


February 10, 1991

- Meet Begins at 10:00 am
- Warm up at 9:00 am
- Registration Begins at 9:00am
- Meet Fee will be \$8.00 for a maximum of four individual events plus relays. Part of the proceeds will be donated to the Joseph Beaudoin Memorial fund; separate donations accepted.
- Ribbons will be awarded for 1st, 2nd & 3rd place finishers.
- 25 yrd pool with diving well.
- Electronic Timers.
- Good time for all.

Events

1. 400 Medley Relay	**Intermission**
2. 200 Free	9. 400 IM
3. 100 Back	10. 100 Free
4. 50 Fly	11. 50 Breast
5. 100 IM	12. 200 Fly
6. 200 Breast	13. 50 Back
7. 50 Free	14. 200 Free Relay
8. Fun Relay	15. 500 Free
	16. Party TBA



Party After Meet - To Be Announced At The Meet



PRESENTS THE FOURTH ANNUAL
WEST MICHIGAN MASTER
SWIM CLASSIC

EAST KENTWOOD HIGH SCHOOL COMMUNITY POOL
MARCH 2, 1991

Fee \$8.00 at the door. You must be a registered Masters Swimmer to swim in the meet. Michigan Masters membership - \$20.

This meet is a United States Masters Swimming sanctioned meet. All USMS registered swimmer's times will count toward State and National record consideration and coverage is by USMS insurance.

List of Events:

1. 1,650 Yard Free*
2. 1,000 Yard Free*

Intermission

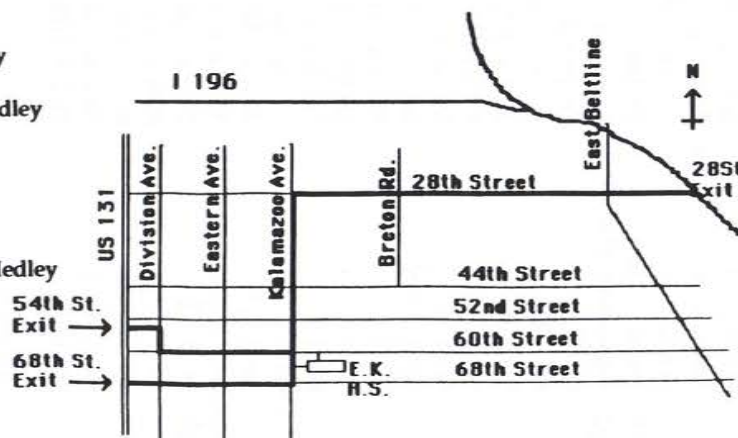
3. 200 Yard Medley Relay
4. 200 Yard Free
5. 200 Yd. Individual Medley
6. 50 Yard Free
7. 200 Yard Breast
8. 100 Yard Back
9. 50 Yard Butterfly

Intermission

10. 100 Yard Individual Medley
11. 100 Yard Free
12. 100 Yard Breast
13. 100 Yard Butterfly
14. 200 Yard Back
15. 200 Yard Free Relay

Registration 10:00 a.m.-Noon. 1000/1650 Yard Free at 11:00 a.m. Warmups 10:30-11:00 and after the 1000 yard Free. Events 2 thru 15 will start at approximately 12:30 p.m. All heats seeded slow to fast. Limit of 4 events and 2 relays per swimmer.

Questions: Meet Director Ken Danhof,
4295 Carolyn, Muskegon, MI 49444
(616-739-5592)



* Heats may be run concurrently. Meet Director reserves the right to "double-up" lanes.

MIDLAND MASTERS "WINTERS-END" SWIMMING MEET

DATE: Sunday, March 17, 1991

PLACE: H. H. Dow High School, 3901 N. Saginaw Road, Midland, MI

TIME: 9:30 AM - Warm-up - 500 yd. Free
10:30 AM - 500 yd. Free
11:30 AM - Warm-up for remainder of events
12:00 Noon - Remainder of events

FACILITY: 6 Lane, 25 Yard Pool, Electronic Timing & Scoreboard

AWARDS: Michigan Masters Ribbons for 1st through 3rd place:
Visiting Team Award

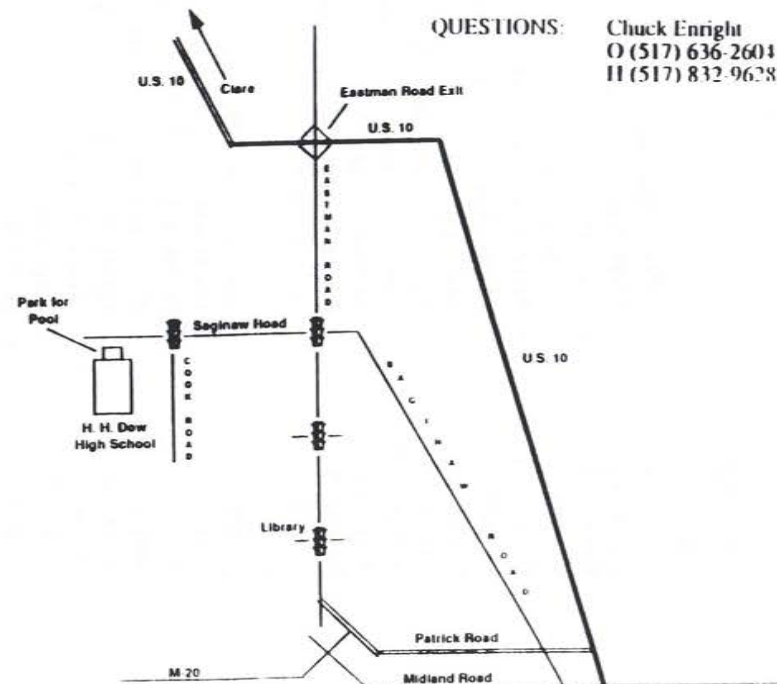
SANCTION: Michigan Masters sanctioned; Masters registration required
Swimmers may apply for registration at meet

EVENTS:	1. 500 Free	8. Special Relay (Details provided day of meet)
	2. 200 IM	9. 200 Back
	3. 100 Back	10. 50 Fly
	4. 200 Free	11. 100 IM
	5. 100 Fly	12. 100 Free
	6. 100 Breast	13. 50 Breast
	7. 50 Free	14. 200 Free Relay

FEE: \$10.00 per swimmer (for maximum 4 events plus relay)
\$ 1.50 for State Masters Fund
\$11.50 Total

DEADLINE: Deck entries due 11:45 the day of the meet (10:15 for 500)

REFRESHMENTS: Available during meet. Party after the meet, details at meet



QUESTIONS: Chuck Enright
O (517) 636-2604
H (517) 832-9628

* CHANGES

Revised 11-5-90

HEARTLAND ZONE MASTERS SWIM MEET SCHEDULE 1990-91

SHORT COURSE

1990

October 28

October 28

November 3,4

November 4

November 10

November 11

November 17

November 17

December 1,2

December 2

December 8

December 16

1991

January 5

January 12

January 13

January 20

January 26

January 27

January 27

February 2

February 2,3

February 3

February 9

February 10

February 16

February 17

February 10

~~February 23 March 2~~

March 2

March 3

March 10

March 16

March 16

March 24

March 17

March 17

April 6

April 6

April 6,7

April 13,14

April ?

April 19-21

April 20,21

April 26-29

May 17-20

IUPUI, Indianapolis, IN

Grand Rapids JC, Grand Rapids, MI

* HEARTLAND ZONE MEET, U OF M, ANN ARBOR, MI

Illinois Wesleyan U., Bloomington, IL

* Perry High School, Massillon, OH

Maine South H.S., Park Ridge, IL

Bowling Green, KY

Buckeye Masters, Ohio State U. Columbus, OH

Evanston Township H.S., Evanston, IL

MacDonald Middle School, Lansing, MI

Gamble Nippert YMCA, Cincinnati, OH

Lakeside 1650 free, Louisville, KY

Hamilton West YMCA, Hamilton, OH

New Albany High School, New Albany, IN

Macomb Athletic Club, Macomb/Fraser, MI

York Community H.S., Elmhurst, IL

Beavercreek YMCA, Beavercreek, OH

Jackson YMCA Center, Jackson, MI

Springfield or Bloomington, IL

* Bluffton, IN

Naperville North H.S., Naperville, IL

Lafayette, IN

Powell Crosley YMCA, Cincinnati, OH

Brighton HS, Brighton, MI

* Xavier U., Cincinnati, OH

Rockford YMCA, Rockford, IL

Canton, OH

~~E. Kentwood, Grand Rapids, MI~~

College of DuPage, Wheaton, IL

* Northview High School, Sylvania, OH

Shabbona Park, Chicago, IL

Michiana Masters, S. Bend, IN

Sycamore High School, Cincinnati, OH

Solon or Orange, OH

Midland Dow HS, Midland, MI

Springfield or Bloomington, IL

Indiana State Meet, Columbus, IN

Barrington H.S., Barrington, IL

Keating Natatorium, Cincinnati, OH

Michigan State Meet, WMU, Kalamazoo, MI

Ohio vs Lake Erie, State Meet, TBA

CMSA Championships, NU, Evanston, IL

Univ. of KY, Lexington, KY

YMCA NATIONALS, IUPUI, INDIANAPOLIS, IN

USMS NATIONALS, NASHVILLE, TN

Joan Diercks 317-283-3286

Richard Tenhoor 616-866-6328

Skip Thompson 313-683-2191

Liz Fabrizio 309-662-7109

Pieter Cath 216-248-8270

Barry Dayton 708-825-4251

Joanne Tingley 502-454-3029

Alida Moonen 614-442-6804

Andrew Freeman 708-475-5638

Gail Dummer 517-337-1066

Kim Fisher 513-661-6731

Mary Graves 502-454-4585

Claudia Multer 513-863-6298

B. Schmitt 1651 Silver Creek Dr. 47150

Vicki Hallman 313-293-6611

Mary Morris 708-916-0310

Paul Atkinson 513-434-5542

William Reid, III 517-592-8908

Liz Fabrizio 309-662-7109

Peter Schaeckebier 219-824-3536

Dean Pierce 708-983-7719

Bill Shaffer 317-742-7946

Bob Jamison 513-522-2126

Bob Isbister 313-459-6364

Tassos Madonis 513-745-3209

Mike Boyer 815-987-2257

Pieter Cath 216-248-8270

~~Richard Tenhoor 616-866-6328~~

Don Kretzschmar 708-668-3878

George Quinn 419-885-2481

Stanley Wojcik 312-327-2307

Dave Woods 219-287-7106

Jan Huneke 513-231-8168

TOM KOHAN 216-932-6782

Charles Enright 517-832-9628

Liz Fabrizio 309-662-7109

Diana Meshberger 812-342-9248

Irene David 708-382-4982

Bob Koenig 513-771-6565

John Hovsen 616-345-9622

Pieter Cath 216-248-8270

Sara Gotheridge 312-338-2416

Joanne Tingley 502-454-3029

Paul Atkinson 513-434-5542

Mary Lee Watson 615-353-1632

LONG COURSE

June 1 (or 8)

July 27,28

August 3,4

August 15-18

July 20-21

Elizabethtown, KY

Canton, OH

Lakeside, Louisville, KY

USMS NATIONALS, ELIZABETHTOWN, KY

OHIO STATE GAMES

Joanne Tingley 502-454-3029

Pieter Cath 216-248-8270

Mary Grave 502-454-4585

J. Cyganiewweiz 502-769-3946

1-800-669-0410

* Indicates a short course meter meet

1989 U.S.M.S. SHORT COURSE METERS
NATIONAL TOP TEN TIMES
MICHIGAN SWIMMERS

LESLIE OSBORNE	(35)	
50 FREE	29.20	5TH*
100 FREE	1:07.34	5TH*
50 BREAST	34.63	1ST**WR
100 BREAST	1:16.70	1ST**WR
200 BREAST	2:50.93	1ST**WR
100 I.M.	1:14.19	5TH*
JUDY MORELLI	(35)	
50 BREAST	41.11	8TH
100 BREAST	1:31.57	8TH
200 BREAST	3:24.56	8TH
PATRICE HIRR	(40)	
100 BACK	1:28.71	9TH*
50 FLY	35.67	8TH*
BEV MYERS	(53)	
100 FREE	1:22.07	8TH*
50 BACK	41.77	4TH*
100 BACK	1:32.30	4TH*
50 BREAST	45.61	5TH*
100 BREAST	1:40.10	4TH*
50 FLY	41.98	9TH*
100 I.M.	1:31.08	7TH*
LOIS NOCHMAN	(64)	
50 FREE	40.30	9TH*
50 BACK	49.43	5TH*
50 FLY	49.88	10TH*
100 FLY	1:55.70	8TH*
200 FLY	4:10.66	8TH*
MARK HESSKAMP	(29)	
50 FREE	24.85	6TH*
100 FLY	1:02.41	10TH*
STEVE ROEDER	(27)	
100 BREAST	1:11.82	8TH*
200 BREAST	2:36.26	2ND*
200 I.M.	2:22.56	6TH
400 I.M.	4:58.97	2ND*
DAN STEPHENSON	(32)	
100 FREE	54.93	SP/200*
200 FREE	1:53.66	1ST**WR
400 FREE	4:16.68	SP/800*
800 FREE	8:34.26	1ST**WR
TOM McPARLAN	(35)	
200 FREE	2:05.47	4TH*
800 FREE	9:21.67	3RD*
JOHN WAGNER	(46)	
50 FLY	30.04	7TH*
100 FLY	1:07.08	3RD*
400 I.M.	5:59.27	9TH*

* STATE RECORD
U.S.M.S. NATIONAL RECORD
WR WORLD RECORD

SKIP THOMPSON	(37)	
400 FREE	4:39.44	6TH*
800 FREE	9:45.82	5TH
1500 FREE	18:34.08	1ST*
200 BACK	2:31.27	5TH*
400 I.M.	5:26.58	5TH*
GAARD ARNESON	(41)	
200 FREE	2:13.32	7TH*
400 FREE	4:40.06	6TH*
800 FREE	9:35.89	3RD*
400 I.M.	5:28.98	8TH*
DAVE POHLONSKI	(40)	
200 FLY	2:50.94	10TH
DOUG MARKUSIC	(47)	
50 BREAST	34.92	3RD*
100 BREAST	1:18.97	4TH*
200 BREAST	2:55.38	4TH*
CHARLES MAAS	(55)	
400 FREE	5:51.29	9TH*
800 FREE	13:05.61	9TH*
200 FLY	3:41.36	7TH
WALLY DOBLER	(55)	
50 FREE	28.35	2ND*
100 BREAST	1:26.63	5TH*
50 FLY	30.24	1ST**WR
100 I.M.	1:12.79	1ST*
CHARLIE MOSS	(60)	
50 FREE	30.13	3RD*REL
50 BREAST	37.99	2ND*
100 FLY	1:19.42	1ST*
200 FLY	3:06.04	1ST**WR
100 I.M.	1:17.45	2ND*
200 I.M.	2:53.83	1ST**WR
400 I.M.	6:19.49	1ST**WR
JIM GREEN	(70)	
50 FREE	33.32	1ST*
100 FREE	1:25.03	10TH*
50 BACK	48.49	9TH*
50 BREAST	47.07	7TH*
CARL THORNBURG	(76)	
200 BACK	4:04.07	2ND*
100 FLY	2:13.95	2ND
200 FLY	4:59.25	1ST*
100 I.M.	1:52.13	4TH*
400 I.M.	8:56.89	1ST*

Don Kortan (63)
200 Free - 2:58.78 - 10th
400 Free - 6:22.13 - 10th
100 Back - 1:31.62 - 5th*

1990
1989-U.S.M.S. SHORT COURSE NATIONALS
UNIVERSITY OF SOUTHERN CALIFORNIA
McDONALDS OLYMPIC POOL MAY 17 - 21, 1990

MICHAEL KOMALSKI (26)
50 FREE 21.59 7TH*
100 FREE 49.02 16TH
50 BACK 24.67 4TH*
100 BACK 53.43 4TH*

BOB HERITIER (61)
50 FREE 26.54 3rd
100 FREE 59.69 2nd
200 FREE 2:15.77 2nd
1000 FREE 12:57.76 2nd

DAN STEPHENSON (32)
200 FREE 1:42.59 3RD
500 FREE 4:43.35 1ST
1000 FREE 9:54.74 2ND*
200 I.M. 2:00.99 7TH*
400 I.M. 4:20.59 9TH

CHARLES MOSS (62)
50 BREAST 34.60 3RD
200 FLY 2:45.20 1ST
100 I.M. 1:09.99 2ND
200 I.M. 2:35.94 1ST
400 I.M. 5:42.76 1ST

SKIP THOMPSON (37)
500 FREE 5:20.16 19TH
1000 FREE 11:05.73 7TH
200 BACK 2:16.02 7TH
200 I.M. 2:15.33 13TH
400 I.M. 4:45.19 14TH

HAMILTON MORNINGSTAR
50 FREE 32.83 7TH
100 FREE 1:21.82 8TH
200 FREE 3:20.31 8TH
50 BACK 1:00.41 10TH
100 I.M. 2:10.64 5TH

TOM SPEAR (47)
100 BREAST 1:12.76 12TH
200 BREAST 2:35.28 4TH
100 FLY 1:04.10 13TH
200 FLY 2:27.05 2ND
400 I.M. 5:03.93 6TH

CARL THORNBURG (77)
1650 FREE 31:51.83 3RD
200 BACK 3:35.76 3RD*
100 FLY 1:53.39 2ND*
200 FLY 4:14.10 1ST*
400 I.M. 7:59.84 2ND*

BO RHODY (48)
50 FREE 24.36 11TH
100 FREE 53.22 8TH
200 FREE 1:58.45 6TH
100 I.M. 1:03.94 10TH

* STATE RECORD
U.S.M.S. NATIONAL RECORD

CHARLES MAAS (55)
50 FREE 27.91 11TH
100 FREE 1:04.29 15TH
200 FREE 2:29.08 13TH
500 FREE 6:36.75 11TH
1000 FREE 14:05.81 8TH

1990 U.S.M.S. LONG COURSE NATIONALS
THE WOODLANDS MICHIGAN SWIMMERS
HOUSTON, TEXAS - AUGUST 17 - 20 1990

GAIL DUMMER (39)
50 FREE 42.56 12TH
50 BACK 47.48 12TH
50 BREAST 50.07 7TH
100 BREAST 1:55.93 7TH
50 FLY 46.32 7TH

GAARD ARNESON (42)
200 FREE 2:17.77 7TH
400 FREE 4:46.45 4TH
800 FREE 9:54.66 2ND
200 BACK 2:52.55 10TH
200 I.M. 2:41.66 9TH
400 I.M. 5:43.48 6TH

LOIS NOCHMAN (65)
1500 FREE 30:43.10 1ST*
50 FLY 49.62 3RD*
100 FLY 1:53.02 1ST*
200 I.M. 4:16.37 5TH*
400 I.M. 9:01.97 4TH*

HAMILTON MORNINGSTAR (73)
50 FREE 38.34 5TH
100 FREE 1:36.32 6TH
200 FREE 4:03.11 7TH
400 FREE 9:58.18 7TH
50 BACK 1:04.83 4TH
200 BACK 3:04.82 3RD

DAN STEPHENSON (33)
100 FREE 54.66 1ST
200 FREE 1:58.67 1ST
400 FREE 4:16.06 1ST
400 I.M. 4:55.57 1ST

CARL THORNBURG (76)
1500 FREE 32:54.12 1ST
200 BACK 4:09.53 3RD
100 FLY 2:11.10 1ST*
200 FLY 4:20.99 3RD
400 I.M. 9:28.00 3RD

BOB HERITIER (62)
50 FREE 30.61 2ND
100 FREE 1:09.22 2ND
200 FREE 2:35.34 1ST
400 FREE 5:34.65 1ST

* STATE RECORD
U.S.M.S. NATIONAL RECORD

1990 Nick Top Five Men Long Course

A Ann Arbor June 24, 1990 D Dearborn July 9, 1990 J Jackson August 9, 1990 O Heartland Zone Canton, Ohio July 28/29, 1990 N Nationals - Woodlands, Houston, Aug 17-20,	2:57.90	Jim Meyard	32 D	4:46.45	Gaard Arneson	42 M	800 Meter Freestyle	Carl Woolley	53 I	Men 70 - 74		Women 30 - 34		Women 50 - 54							
	4:55.57	400 Meter I.M.		5:54.18	Tom Hoyer	42 I	11:18.01	Carl Woolley	53 I	38.34	50 Meter Freestyle	73 M	1:47.20	100 Meter Freestyle	44.91	50 Meter Freestyle	Karen Forfar	53 I			
		Don Stephenson	33 M		800 Meter Freestyle			Carl Woolley	53 I		100 Meter Freestyle			100 Meter Freestyle	49.71	100 Meter Freestyle	Josella Faul	53 D			
		Men 35 - 39		9:54.66	Gaard Arneson	42 M	21:15.91	Carl Woolley	53 I		200 Meter Freestyle			200 Meter Freestyle	54.00	200 Meter Freestyle	Karen Forfar	53 I			
		50 Meter Freestyle		10:05.57	Mike O'Conner	42 D		Carl Woolley	53 I	1:36.32	200 Meter Freestyle	73 M	3:44.00	200 Meter Freestyle	52 D	1:41.02	200 Meter Freestyle	Karen Forfar	53 I		
		Dennis Carter	36 M	12:44.06	Tom Hoyer	42 I	3:41.29	Carl Woolley	53 I		400 Meter Freestyle	73 M		400 Meter Freestyle	32 D	3:45.91	400 Meter Freestyle	Karen Forfar	53 I		
	26.75	Brent Sweitzer	37 D	24:15.23	1500 Meter Freestyle	Tom Hoyer	42 I	2:58.77	Carl Woolley	53 I		50 Meter Backstroke	73 M	16:25.78	50 Meter Backstroke	36 D	16:40.54	50 Meter Backstroke	Karen Forfar	53 I	
	28.09	Kurt Gerhardt	39 D		200 Meter Backstroke	Gaard Arneson	42 M	6:17.57	Carl Woolley	53 I		100 Meter Backstroke	73 M		100 Meter Backstroke	36 D	18:43.97	100 Meter Backstroke	Josella Faul	53 D	
	29.02	Howell	35 D	2:52.55	100 Meter Freestyle	Tom Hoyer	42 I					1500 Meter Backstroke	73 M		1500 Meter Backstroke	37 I		1500 Meter Backstroke	Karen Forfar	53 I	
	33.91	Howell	35 D	3:31.36	100 Meter Freestyle	Tom Hoyer	42 I					400 Meter Freestyle	73 M		400 Meter Freestyle	39 M	51:44.07	400 Meter Freestyle	Karen Forfar	53 I	
		50 Meter Freestyle		1:45.30	200 Meter Freestyle	Tom Hoyer	42 I					100 Meter Butterfly	73 A		100 Meter Butterfly	36 I	55:55.00	100 Meter Butterfly	Josella Faul	53 A	
		27.16	John Stenroos	27 I	1:41.58	400 Meter Freestyle	Tom Hoyer	42 I	1:19.01	50 Meter Freestyle	56 J		100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I			
	33.06	Tracy Missong	29 D	4:53.26	100 Meter Freestyle	Mike O'Conner	42 D	2:55.60	200 Meter Freestyle	56 A		100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I				
	33.05	Tom Lynch	26 J	6:07.54	200 Meter Freestyle	Mike O'Conner	42 D		400 Meter Freestyle	56 A		100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I				
	35.70	Daniel Burany	27 D	10:00.01	400 Meter Freestyle	200 Meter I.M.	42 M	6:41.35	1500 Meter Freestyle	56 J		100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I				
		100 Meter Freestyle		13:19.19	1500 Meter Freestyle	400 Meter I.M.	42 M	1:35.27	100 Meter Backstroke	56 J		100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I				
		4:55.57	Boader	20 I	19:23.02	1500 Meter Freestyle	400 Meter I.M.	1:35.27	100 Meter Backstroke	56 J		100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I				
		10:14.30	Boader	20 D	25:04.20	1500 Meter Freestyle	400 Meter I.M.	1:35.27	100 Meter Backstroke	56 J		100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I				
		19:42.73	Boader	20 I	32.27	50 Meter Backstroke	Mike O'Conner	42 D	44.81	50 Meter Backstroke	56 J		100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I			
		41.64	Don Burany	27 D	33.54	50 Meter Backstroke	Tom Hoyer	42 I		1:42.90	200 Meter Butterfly	56 D		100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
		1:51.57	Tom Lynch	26 J	43.06	50 Meter Backstroke	Tom Hoyer	42 I		3:58.47	200 Meter Butterfly	56 D		100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
			50 Meter Breaststroke			50 Meter Breaststroke								100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
	35.05	John Stenroos	27 I	1:10.85	100 Meter Backstroke	Don Kroeger	46 D	31.83	50 Meter Freestyle	61 M				100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
	38.80	Tracy Missong	29 D	1:13.22	200 Meter Backstroke	George Duncan	48 J	40.62	50 Meter Freestyle	61 J				100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
	49.42	Don Burany	27 D	1:36.87	200 Meter Backstroke	Don Kroeger	46 I	1:13.83	50 Meter Freestyle	61 J				100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
		1:18.79	John Stenroos	27 I	2:41.72	200 Meter Backstroke	Don Kroeger	46 I	1:13.83	50 Meter Freestyle	61 J			100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
	1:19.59	Boader	20 I	3:36.14	400 Meter Backstroke	Donald Kroeger	46 D	2:51.59	50 Meter Freestyle	61 J				100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
	1:26.34	Tracy Missong	29 D		50 Meter Breaststroke	Donald Kroeger	46 D	6:16.45	50 Meter Freestyle	61 J				100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
	1:50.46	Don Burany	26 D	35.53	50 Meter Breaststroke	John Stover	49 J	7:16.15	50 Meter Freestyle	61 J				100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
		2:52.76	Boader	20 I	37.96	50 Meter Breaststroke	John Stover	49 J	1:09.22	50 Meter Freestyle	61 J			100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
	2:55.25	John Stenroos	27 I	40.38	50 Meter Breaststroke	Donald Kroeger	46 I	1:48.00	50 Meter Freestyle	61 J				100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
		27.33	Mark Metzler	27 A	41.30	50 Meter Breaststroke	Donald Kroeger	46 I	1:48.00	50 Meter Freestyle	61 J			100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
	29.73	John Stenroos	27 I	53.03	50 Meter Breaststroke	Donald Kroeger	46 I	2:35.34	50 Meter Freestyle	61 J				100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
	2:37.56	Boader	20 I	1:19.00	50 Meter Breaststroke	Donald Kroeger	46 I	5:34.65	50 Meter Freestyle	61 J				100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
	2:56.90	Tracy Missong	29 A	1:32.14	50 Meter Breaststroke	Donald Kroeger	46 I	9:11.49	50 Meter Freestyle	61 J				100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
	5:21.90	Boader	20 D	2:56.07	50 Meter Breaststroke	Donald Kroeger	46 I	41.00	50 Meter Freestyle	61 J				100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
				3:13.57	50 Meter Breaststroke	Donald Kroeger	46 I		50 Meter Freestyle	61 J				100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
				3:21.18	50 Meter Breaststroke	Donald Kroeger	46 I		50 Meter Freestyle	61 J				100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
				29.20	50 Meter Breaststroke	Donald Kroeger	46 I	1:32.48	50 Meter Freestyle	61 J				100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
				33.90	50 Meter Breaststroke	Donald Kroeger	46 I	1:32.48	50 Meter Freestyle	61 J				100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
				2:41.77	50 Meter Breaststroke	Donald Kroeger	46 I	1:32.48	50 Meter Freestyle	61 J				100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
				5:40.29	50 Meter Breaststroke	Donald Kroeger	46 I	1:32.48	50 Meter Freestyle	61 J				100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
					50 Meter Breaststroke	Donald Kroeger	46 I	1:32.48	50 Meter Freestyle	61 J				100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
					50 Meter Breaststroke	Donald Kroeger	46 I	1:32.48	50 Meter Freestyle	61 J				100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
					50 Meter Breaststroke	Donald Kroeger	46 I	1:32.48	50 Meter Freestyle	61 J				100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
					50 Meter Breaststroke	Donald Kroeger	46 I	1:32.48	50 Meter Freestyle	61 J				100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
					50 Meter Breaststroke	Donald Kroeger	46 I	1:32.48	50 Meter Freestyle	61 J				100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
					50 Meter Breaststroke	Donald Kroeger	46 I	1:32.48	50 Meter Freestyle	61 J				100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
					50 Meter Breaststroke	Donald Kroeger	46 I	1:32.48	50 Meter Freestyle	61 J				100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
					50 Meter Breaststroke	Donald Kroeger	46 I	1:32.48	50 Meter Freestyle	61 J				100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
					50 Meter Breaststroke	Donald Kroeger	46 I	1:32.48	50 Meter Freestyle	61 J				100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
					50 Meter Breaststroke	Donald Kroeger	46 I	1:32.48	50 Meter Freestyle	61 J				100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
					50 Meter Breaststroke	Donald Kroeger	46 I	1:32.48	50 Meter Freestyle	61 J				100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
					50 Meter Breaststroke	Donald Kroeger	46 I	1:32.48	50 Meter Freestyle	61 J				100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
					50 Meter Breaststroke	Donald Kroeger	46 I	1:32.48	50 Meter Freestyle	61 J				100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
					50 Meter Breaststroke	Donald Kroeger	46 I	1:32.48	50 Meter Freestyle	61 J				100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
					50 Meter Breaststroke	Donald Kroeger	46 I	1:32.48	50 Meter Freestyle	61 J				100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
					50 Meter Breaststroke	Donald Kroeger	46 I	1:32.48	50 Meter Freestyle	61 J				100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
					50 Meter Breaststroke	Donald Kroeger	46 I	1:32.48	50 Meter Freestyle	61 J				100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
					50 Meter Breaststroke	Donald Kroeger	46 I	1:32.48	50 Meter Freestyle	61 J				100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
					50 Meter Breaststroke	Donald Kroeger	46 I	1:32.48	50 Meter Freestyle	61 J				100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
					50 Meter Breaststroke	Donald Kroeger	46 I	1:32.48	50 Meter Freestyle	61 J				100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
					50 Meter Breaststroke	Donald Kroeger	46 I	1:32.48	50 Meter Freestyle	61 J				100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
					50 Meter Breaststroke	Donald Kroeger	46 I	1:32.48	50 Meter Freestyle	61 J				100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
					50 Meter Breaststroke	Donald Kroeger	46 I	1:32.48	50 Meter Freestyle	61 J				100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
					50 Meter Breaststroke	Donald Kroeger	46 I	1:32.48	50 Meter Freestyle	61 J				100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
					50 Meter Breaststroke	Donald Kroeger	46 I	1:32.48	50 Meter Freestyle	61 J				100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
					50 Meter Breaststroke	Donald Kroeger	46 I	1:32.48	50 Meter Freestyle	61 J				100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
					50 Meter Breaststroke	Donald Kroeger	46 I	1:32.48	50 Meter Freestyle	61 J				100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
					50 Meter Breaststroke	Donald Kroeger	46 I	1:32.48	50 Meter Freestyle	61 J				100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
					50 Meter Breaststroke	Donald Kroeger	46 I	1:32.48	50 Meter Freestyle	61 J				100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
					50 Meter Breaststroke	Donald Kroeger	46 I	1:32.48	50 Meter Freestyle	61 J				100 Meter Freestyle	36 D	50:76	100 Meter Freestyle	Karen Forfar	53 I		
					50 Meter Breaststroke	Donald Kroeger	46 I	1:32.48	50 Meter Freestyle	61 J				100 Meter Freestyle	36 D	50:76	1				

1990 U.S.M.S. SHORT COURSE YARDS
NATIONAL TOP TEN TIMES
MICHIGAN SWIMMERS

CORRIN CONVIS (25)		PATRICIA LEAHY (30)		BOB HERITIER (61)	
100 FREE 54.06 5TH*		1650 FREE 19:12.40 5TH*		50 FREE 26.54 3RD	
100 BREAST 1:07.83 3RD*		MICHAEL KOWALSKI (26)		100 FREE 59.69 3RD	
200 BREAST 2:26.42 1ST*#		50 BACK 24.67 5TH*		200 FREE 2:15.77 2ND	
100 I.M. 1:00.86 3RD*		100 BACK 53.43 4TH*		500 FREE 6:19.28 3RD	
200 I.M. 2:11.05 2ND*		DAVID PHILLIPS (30)		1000 FREE 12:57.76 2ND	
400 I.M. 4:41.28 2ND*		50 BREAST 28.09 9TH*		CHARLIE MOSS (62)	
MELINDA MANN (33)		100 BREAST 1:00.59 9TH*		100 BACK 1:18.46 10TH	
50 BREAST 32.67 4TH*		200 BREAST 2:15.15 9TH*		200 BACK 2:50.38 7TH	
100 BREAST 1:11.38 5TH*		MIKE SCHMITZ (31)		50 BREAST 34.60 7TH	
50 FLY 27.67 4TH*		100 FREE 47.45 4TH		200 BREAST 3:00.73 6TH	
100 FLY 1:01.73 5TH*		100 I.M. 55.25 8TH*		100 FLY 1:18.06 9TH	
200 I.M. 2:21.56 10TH*		DAN HOUTING (32)		200 FLY 2:45.20 1ST	
SHERRY PUTHOFF (42)		50 BACK 25.54 4TH*		100 I.M. 1:09.99 3RD	
100 BACK 1:15.94 10TH		100 BACK 55.83 8TH*		200 I.M. 2:35.94 1ST	
200 BACK 2:41.57 9TH*		200 BACK 2:04.08 8TH*		400 I.M. 5:42.76 1ST	
100 FLY 1:09.68 5TH		DAN STEPHENSON (33)		CARL THORNBURG (77)	
100 I.M. 1:11.74 8TH		200 FREE 1:42.59 3RD		1000 FREE 19:13.01 9TH	
IDA SMITH (56)		500 FREE 4:43.35 1ST		1650 FREE 31:51.83 10TH	
50 BREAST 42.97 7TH		1000 FREE 9:54.74 2ND*		200 BACK 3:35.76 6TH*	
100 BREAST 1:34.37 5TH*		200 I.M. 2:00.99 8TH*		50 BREAST 47.74 10TH	
200 BREAST 3:31.93 9TH		400 I.M. 4:20.59 9TH		100 BREAST 1:47.79 6TH	
LOIS NOCHMAN (65)		GAARD ARNESON (42)		200 BREAST 4:07.50 6TH	
50 FREE 37.59 7TH*		1650 FREE 19:04.57 10TH		50 FLY 46.86 6TH	
100 FREE 1:26.47 10TH*		TOM SPEAR (47)		100 FLY 1:53.39 3RD*	
200 FREE 3:05.06 8TH*		200 BREAST 2:35.28 9TH		200 FLY 4:14.10 1ST*	
500 FREE 8:50.11 10TH		200 FLY 2:27.05 10TH		100 I.M. 1:41.78 6TH	
1000 FREE 17:43.86 9TH*		BO RHUDY (48)		200 I.M. 3:50.82 4TH	
1650 FREE 29:48.58 6TH*		200 FREE 1:58.45 7TH		400 I.M. 7:59.84 2ND*	
50 BACK 43.58 7TH*		CARL WOOLLEY (53)			
200 BACK 3:35.95 10TH		500 FREE 5:55.95 10TH			
50 FLY 41.23 2ND*		1000 FREE 12:14.27 5TH			
100 FLY 1:44.60 2ND*		1650 FREE 20:25.28 4TH			
200 FLY 3:40.80 1ST*		400 I.M. 5:23.72 4TH			
200 I.M. 3:36.09 6TH*		WALLY DOBLER (56)			
400 I.M. 7:43.59 3RD*		50 BACK 32.89 9TH			
MERLYN EWBANK (70)		50 FLY 27.74 1ST			
500 FREE 9:24.30 8TH*		100 I.M. 1:08.82 6TH			
1650 FREE 31:58.50 6TH*		TOM BOLENBAUGH (62)			
50 BACK 49.48 7TH*		100 FLY 1:18.87 10TH			
100 BACK 1:47.01 7TH*		200 FLY 3:08.06 6TH			
200 BACK 3:44.45 3RD*		RON ALSOBROOK (60)			
100 BREAST 1:59.82 4TH*		50 BREAST 34.22 4TH			
200 BREAST 4:13.85 3RD*		100 BREAST 1:18.33 7TH			
100 FLY 1:59.46 4TH*		WILLIAM CLEMONS (61)			
200 FLY 4:09.79 3RD*		50 FREE 27.28 10TH			
100 I.M. 1:50.50 8TH*		1000 FREE 15:06.35 10TH			
200 I.M. 3:51.06 4TH*		DON KORTON (63)			
400 I.M. 8:01.44 3RD*		200 BACK 2:55.19 10TH			

* STATE RECORD
U.S.M.S. NATIONAL RECORD

LANSING MASTERS MEET RESULTS
MACDONALD MIDDLE SCHOOL
EAST LANSING

DECEMBER 2, 1990

TERRIBLE TRIPLE RESULTS - WOMEN

NAME	AGE	400 IM	200 FLY	500 FREE	TOTAL
Tracy A. Peck	24	5:19.42	2:22.59	5:57.36	819.37
Betty Hansen	45	6:50.66	3:34.62	7:53.88	1099.16
Gail M. Dummer	40	7:11.23	3:45.59	8:33.11	1169.93
Karen Forfar	53	8:13.55	3:41.70	9:09.03	1264.28

TERRIBLE TRIPLE RESULTS - MEN

NAME	AGE	400 IM	200 FLY	500 FREE	TOTAL
David R. Shepherd	35	4:45.50	2:12.71	5:18.53	736.74
Ron Strauss	30	5:02.29	2:18.53	5:42.05	782.87
Mike Haggerson	33	5:02.19	2:20.92	5:46.72	789.83
Harold Sleicher	30	5:04.20	2:24.93	5:46.84	795.97
Bob Jones	42	5:11.61	2:22.75	5:49.07	803.43
Richard Hanson	45	5:54.00	2:58.80	6:31.31	924.11
Marshall M. Baeckeroot	38	5:51.21	2:57.52	6:38.32	927.05
Andy Donato	33	6:05.35	3:07.22	6:59.39	971.96
Charles Maas	56	6:51.40	3:12.80	6:44.13	1008.33
Larry Seidman	27	6:21.23	3:33.97	6:54.99	1010.19
Elmer Egelkraut	56	7:07.18	3:24.94	6:54.99	1047.11
Richard Evans	66	9:12.34	4:21.21	9:37.46	1391.01

OTHER SWIMS IN THE DISTANCE EVENTS

NAME	AGE	400 IM	200 FLY	500 FREE
Tasha Creaser	26	5:33.39		6:16.87
Kathy Seidman	27			7:08.22
Sam C. Pollard	38		3:45.54	8:08.07
Margaret M. Turnbull	58			10:04.39
Steve Roeder	28	4:48.89		5:31.05
Bob Murphy, Jr.	33			5:57.97
John B. Turnbull	59			10:20.91

PENTATHLON RESULTS - WOMEN

NAME	AGE	50 FLY	50 BACK	50 BRST	50 FREE	100 IM	SUM
Corrin Convis	28	28.68	31.02	32.67	25.67	1:03.30	181.34
Leslie Wetzel Osborne	36	31.25	35.14	32.81	27.44	1:07.87	194.51
Pattie Montgomery	22	31.92	32.76	37.24	26.80	1:08.93	197.65
Denise Ahle	29	34.00	36.54	37.28	30.03	1:14.82	212.67
Patrice Hirr	41	32.60	34.74	40.75	30.34	1:17.40	215.83
Karen Kundrock	25	31.70	36.12	42.05	30.03	1:17.97	217.87
Beverly J. Myers	55	37.10	37.58	41.88	32.89	1:21.03	229.48
Fredericka Rapp	46	39.59	43.05	46.21	34.28	1:30.30	253.43
Julianne Collinge	23	45.18	55.48	44.62	38.36	1:37.40	281.04
Susan Bond	54	54.78	45.10	53.74	37.32	1:47.42	298.36
Merlyn G. Ewbank	71	53.49	50.40	57.34	46.10	1:51.42	318.75
Mary F. Williams	58	55.59	67.78	59.43	47.66	2:12.91	363.37

PENTATHLON RESULTS - MEN

NAME	AGE	50 FLY	50 BACK	50 BRST	50 FREE	100 IM	SUM
Allan Ahonen	28	26.13	30.21	31.12	23.88	1:01.33	172.67
Jerry L. Akers	27	31.67*	31.40	32.87	24.41	1:04.81	185.16
Clark Buxton	31	27.21	34.88	34.55	24.90	1:05.92	187.46
Lawrence Kimball	40	27.99	32.15	35.12	25.30	1:07.78	188.34
Michael Murphy	42	29.25	34.04	31.00	27.51	1:06.87	188.67
Marshall Bilodeau	29	29.51	32.95	33.13	26.34	1:07.69	189.62
Laylin Johnson	34	28.81	31.38	35.92	25.79	1:08.53	190.43
Thomas M. Hunt	43	29.25	31.27	35.25	27.05	1:08.45	191.27
Mark Johnson	31	28.35	32.79	36.35	26.27	1:09.16	192.92
Dennis L. McManus	43	29.34	34.25	37.76	26.76	1:12.78	200.89
Michael Spencer	33	30.86	29.80	37.78	28.66	1:14.11	201.21
Jon Caterino	45	29.37	34.38	39.26	28.76	1:14.21	205.98
Robert W. Lundy	40	32.25	33.74	39.97	28.78	1:14.21	208.95
Tom Lynch	26	34.46	41.17	36.50	29.65	1:17.52	219.30
Bill Ptashnik	50	33.25	42.80	36.79	30.97	1:17.67	221.48
Donald H. Korten	63	38.23	37.71	40.73	29.97	1:17.45	224.09
William F. Austin	63	34.77	43.86	37.02	31.00	1:21.74	228.39
R. E. Uhl	51	44.50	45.72	42.52	33.16	1:28.33	254.23
Dennis James	52	45.36	48.15	46.59	30.83	1:30.96	261.89

*5-second penalty for false start

OTHER SWIMS IN THE SPRINT EVENTS

NAME	AGE	50 FLY	50 BACK	50 BRST	50 FREE	100 IM
Kathy Seidman	27				32.10	1:26.51
Sam C. Pollard	38	42.36				
Jo Jones	68				62.73	
Larry Seidman	27			35.81		1:17.36
Bob Murphy, Jr.	33				26.45	
David Bence	35	28.81		34.02	28.71	1:11.31
Chuck Loyd	54	31.73	35.41	38.65		1:12.20
John B. Turnbull	59		48.39	43.66	37.63	
Richard Evans	66	46.25			42.45	

SWIM MEET ENTRY FEES

Gail M. Dummer
Lansing Masters

Several swimmers have questioned why the entry fees for masters swim meets in Michigan are higher this year than in past years. The following explanation is from a meet director's perspective, with specific examples given from the Lansing Masters meet in December 1990.

Income at a masters meet is determined by the number of swimmers. At Lansing, we had 53 swimmers who paid the \$8 pre-registration fee and 5 swimmers who paid the \$15 deck-entry fee, for a total income of \$499. Expenses of conducting a masters meet can be grouped into categories of pool rental, Michigan Masters fees, stipends to officials, and miscellaneous expenses. The biggest expense is pool time. At Lansing, our pool rental costs were approximately \$250 for a six-hour period. The rate is much higher at other pools in the state, sometimes over \$1000 per day! Another major expense is the Michigan Masters fee of \$1.50 per swimmer, which covers the cost of time cards, ribbons, etc., supplied by Michigan Masters. The two officials required at every masters meet are paid an average of \$30 per four-hour session.

We were lucky to attract 58 swimmers and to have relatively inexpensive pool rental. Our income was \$499 and our expenses were \$362 (the two officials donated their time), leaving a net profit of \$137. If our meet had been as small as the Grand Rapids meet, if we needed to pay officials, or if pool rental costs had been higher, we would have lost money. Several meets have lost money during the past year, therefore it is no surprise that entry fees are increasing. Nevertheless, masters swimming continues to be a bargain - a great opportunity to engage in healthy exercise and socialize with friends - cheaper than a night on the town and cheaper than participation in other sports.

LANSING MASTERS SWIM MEET DECEMBER 2, 1990

Income:

53 pre-registered swimmers @ \$8.....	\$ 424
5 deck-entered swimmers @ \$15.....	75
15 USMS registrations @ \$20.....	<u>\$ 300</u>
	\$ 799

Money forwarded to Michigan Masters:

58 swimmers X \$1.50.....	\$ 87
15 USMS registrations X \$20.....	<u>\$ 300</u>
	\$ 387

Expenses:

Pool rental (estimate).....	\$ 250
Miscellaneous.....	<u>\$ 25</u>
	\$ 275

Net Profit:

\$ 137

SWIMMING MEET RESULTS
SUNDAY, OCTOBER 28, 1990
G.R. COMMUNITY COLLEGE
GERALD FORD POOL

WOMEN

50 FREE

55-59 Mary Williams	(58)	48.34
65-69 Lois Nochman	(65)	39.55

100 FREE

30-34 Kathy Wendt	(32)	1:11.91
40-44 Margaret Williams	(42)	1:41.11
50-54 Karen Forfar	(53)	1:27.00
55-59 Mary Williams	(58)	1:52.70

200 FREE

30-34 Kathy Wendt	(32)	2:29.61
35-39 Gail Dummer	(39)	3:10.95
40-44 Margaret Williams	(42)	3:35.65
55-59 Mary Williams	(58)	3:57.80

500 FREE

40-44 Margaret Williams	(42)	9:47.28
45-49 Jennifer Parks	(47)	8:28.89
50-54 Karen Forfar	(53)	8:50.99
65-69 Lois Nochman	(65)	8:33.05

50 BACK

50-54 Karen Forfar	(53)	43.77
55-59 Mary Williams	(58)	1:01.05

100 BACKSTROKE

35-39 Sidney Thoms	(37)	1:18.92
Gail Dummer	(39)	1:38.02
50-54 Karen Forfar	(53)	1:35.58

50 BREAST

19-24 Tracy Peck	(23)	38.84
35-39 Sidney Thoms	(37)	38.53
Gail Dummer	(39)	45.46
65-69 Lois Nochman	(65)	54.58

100 BREAST

19-24 Tracy Peck	(23)	1:21.60
30-34 Kathy Wendt	(32)	1:41.69
35-39 Sidney Thoms	(37)	1:24.94
Gail Dummer	(39)	1:42.89
40-44 Margaret Williams	(42)	1:50.29

50 FLY

19-24 Tracy Peck	(23)	30.72
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100 FLY

19-24 Tracy Peck	(23)	1:06.95
65-69 Lois Nochman	(65)	1:44.27

100 IM

35-39 Sidney Thoms	(37)	1:16.63
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MEN

50 FREE

19-24 Craig Westra	(22)	25.38
25-29 Allan Ahonen	(28)	24.80
30-34 Clark Buxton	(31)	25.73
35-39 Ken Schneider	(39)	35.18
40-44 Bill Reid	(40)	25.26
50-54 Chuck Loyd	(54)	26.41
55-59 B. Soule	(53)	29.32

50 FREE cont.

55-59 Charles Maas	(56)	29.31
65-69 Ray Mondro	(69)	34.99

100 FREE

19-24 John Vander Sloot	(22)	53.31
25-29 Tracy Hissong	(29)	1:00.32
Marshall Bilodeau	(29)	1:01.57
30-34 Clark Buxton	(31)	1:00.16

35-39 David Shepherd	(35)	54.17
Frank Thompson	(38)	56.91
Ken Schneider	(39)	1:18.33

40-44 Bill Reid	(40)	54.70
45-49 Mike Eoden	(46)	1:09.44
50-54 B. Soule	(53)	1:06.63
55-59 Charles Maas	(56)	1:07.51

200 FREE

19-24 John VanderSloot	(22)	1:54.14
35-39 David Shepherd	(35)	1:54.47
Brent Sweitzer	(37)	1:58.63
Ken Schneider	(39)	2:53.54

40-44 Bill Reid	(40)	2:01.85
45-49 Rob Norris	(48)	2:55.66
50-54 B. Soule	(53)	2:28.76
55-59 Charles Maas	(56)	2:25.99
75-79 K. Sherriff	(78)	4:15.42

500 FREE

19-24 John VanderSloot	(22)	5:16.01
30-34 Doug Uzelac	(33)	5:56.72
35-39 David Shepherd	(35)	5:22.98
Frank Thompson	(38)	5:28.14
D. Staudacher	(37)	6:32.15

45-49 Mike Boden	(46)	7:04.06
Rob Norris	(48)	7:47.72
50-54 B. Soule	(53)	7:07.05
55-59 Charles Maas	(56)	6:50.98

50 BACK

30-34 Harold Sleicher	(30)	30.15
35-39 Brent Sweitzer	(37)	29.04
Dave Mange	(35)	32.58
D. Staudacher	(37)	35.89
50-54 Chuck Loyd	(54)	35.54

100 BACK

19-24 John VanderSloot	(22)	1:01.94
30-34 Harold Sleicher	(30)	1:04.62
Andy Donato	(33)	1:22.71
35-39 Brent Sweitzer	(37)	1:02.17
Frank Thompson	(38)	1:06.31
Dave Mange	(35)	1:14.61
D. Staudacher	(37)	1:20.11

50 BREAST

25-29 Marshall Bilodeau	(29)	33.53
Tracy Hissong	(29)	34.45
30-34 Doug Uzelac	(33)	33.94
35-39 Steve Hansen	(39)	32.31
Ken Schneider	(39)	41.80
45-49 George Runciman	(48)	35.09

50 BREAST cont.

45-49 Mike Boden	(46)	37.13
50-55 Chuck Loyd	(54)	38.50
65-69 Ray Mondro	(69)	45.47

100 BREAST

19-24 Craig Westra	(22)	1:16.37
25-29 Tracy Hissong	(29)	1:15.83
30-34 Doug Uzelac	(33)	1:11.98
35-39 Steve Hansen	(39)	1:10.56
Frank Thompson	(38)	1:16.62
45-49 George Runciman	(48)	1:20.54
Mike Boden	(46)	1:24.47

50 FLY

25-29 Allan Ahonen	(28)	26.79
30-34 Harold Sleicher	(30)	27.74
Clark Buxton	(31)	28.53
Andy Donato	(33)	31.52

35-39 Steve Hansen	(39)	30.53
Dave Mange	(35)	34.59
40-44 Kurt Gerhardt	(40)	26.41
45-49 Geo Runciman	(48)	35.11
65-69 Ray Mondro	(69)	51.14

100 FLY

30-34 Clark Buxton	(31)	1:09.79
Andy Donato	(33)	1:14.50
35-39 David Shepherd	(35)	1:01.36
Steve Hansen	(39)	1:13.90
40-44 Kurt Gerhardt	(40)	59.57

100 IM

19-24 Craig Westra	(22)	1:11.09
25-29 Allan Ahonen	(28)	1:02.54
Tracy Hissong	(29)	1:07.96
Marshall Bilodeau	(29)	1:09.38

30-34 Harold Sleicher	(30)	1:02.77
Doug Uzelac	(33)	1:07.69
Andy Donato	(33)	1:12.85
35-39 Dave Mange	(35)	1:14.27
D. Staudacher	(37)	1:14.81

50-54 Chuck Loyd	(54)	1:14.63
65-69 Ray Mondro	(69)	1:37.82

200 MEDLEY RELAY

100+ St. Joseph YMCA	(133)	2:01.64
WMMSA	(125)	2:03.47

Setting the Record Straight

Insurance Question & Answer

Register with same name as you will use for competition. Print print clearly.

Last Name		First Name		Int	For Office Use	
Street				Apt		
City	State	Zip	Phone No.			
Date of Birth		Age	Sex	Today's Date		
Mo.	Day	Yr.		Mo	Day	Yr

Club (Must be USMS chartered or you will be registered as "Unattached")

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks. I hereby waive any and all rights to claims for loss or damage arising out of participation in the Masters program or any activities incident thereto against United States Masters Swimming, Inc., the Local Masters Swimming Committees, the Clubs, host facilities, meets sponsors, meet committees or any individuals officiating at the meets or supervising such activities, as a condition of my participation in Masters Swimming. I further agree to abide by and be governed by the rules and regulations of USMS.

Signature



1991 Membership Application

☐ RENEWAL. My Current USMS

No. is

☐ NEW REGISTRATION

LMSC Fee 8.00

USMS Fee 12.00

Total Fee: 20.00

Membership expires 10/31/91

1387 Albany
Ferndale, MI 48220

Make check payable to: Michigan Masters

Mail check to:

Q. WHAT ARE THE BASIC GUIDELINES FOR MASTERS WORKOUTS TO ASSURE USMS LIABILITY INSURANCE COVERAGE?

A. * The workouts must be supervised, either by a United States Swimming (USS) certified coach or by a USMS member. Coverage generally starts when the coach takes control of the workout, and ends when the coach gives up control.

* All participants in the workout must be either USS or USMS members (except for a 30 consecutive day grace period for registration of new swimmers).

* The activities must be consistent with the normal activities of a swim team, and certain activities are prohibited, such as diving off other than a starting block or the pool deck.

Q. ARE THE DRYLAND PARTS OF MY SWIM TRAINING COVERED?

A. The concept still holds of a supervised activity that is part of a normal swim training. So if, for example, your weight or stretch program meets the supervision and participation guidelines above, it is covered.

Q. HOW IS INSURANCE COVERAGE DIFFERENT FOR "SANCTIONED" VERSUS "APPROVED" EVENTS?

A. At "sanctioned" events, only USMS members may participate. Both the medical accident and liability coverages are in effect. "Approved" events allow non-USMS members to participate. Only USMS members at an approved event have USMS medical accident coverage; USMS liability coverage would not be extended to the event sponsors/facility.

Q. ONCE AN EVENT IS SANCTIONED OR APPROVED, DOES THE LMSC HAVE ANY FURTHER CONTROL OF THE CONDUCT OF THE EVENT?

A. Yes. At a meet, for example, the sponsor has agreed in the sanction request to abide by USMS rules and regulations. If it does not, the LMSC has a responsibility to ensure such violations do not occur again. If the LMSC cannot be so assured, a future sanction should be withheld. It is the LMSC's responsibility to monitor meet conduct and ensure compliance with the sanction requirements.

ALL SWIMMERS ON YOUR TEAM MUST BE REGISTERED TO HAVE ANY INSURANCE COVERAGE FOR ANY SWIMMER. ALL REGISTRATIONS EXPIRED ON OCT 31, 1990. ANY SWIMMER WHO HAS NOT REREGISTERED FOR THE 1991 YEAR, SHOULD NOT BE ALLOWED TO SWIM UNTIL REREGISTERED. IF YOU ALLOW AN UNREGISTERED SWIMMER TO SWIM YOU JEOPARDIZE THE INSURANCE COVERAGE FOR YOUR WHOLE TEAM.